



Chronic and Preventative Care Block
Outpatient Behavioral Health

Students,

The outpatient portion of this rotation should give you a glimpse into some of the various aspects of mental health care. Typically, psychiatry rotations in medical school are focused around inpatient treatment which is only one part of the landscape. By working with therapists, outpatient prescribers, addiction counselors and others, you will gain a better understanding of the resources available.

Because of the nature of the field, outpatient is often more shadowing than you will do in other rotations. Take advantage of these opportunities since psychiatry has overlap into many other fields and may be useful in your personal life as well. You will only have limited exposure to psychiatry treatment in your medical school career so making the most of it now will pay off when you need to use it in your future practice. You will meet with me briefly prior to starting the rotation to answer any questions. It should be an enjoyable rotation so let me know if you have any problems during your time with us.

Martin Sievert MD