

Recover and Heal: After Your Hospital Stay

	Long-Term Acute Care Hospital	Inpatient Rehab Facility	Swing Bed	Nursing Home
Brief Description	<ul style="list-style-type: none">Long-term acute care hospitals, or LTACH, specialize in treating patients with serious medical conditions who require full-time support for an extended period of time.You will have access to a comprehensive set of care services and medical staff 24 hours per day.	<ul style="list-style-type: none">An inpatient rehabilitation facility (IRF) is a hospital, or part of a hospital, that provides intensive rehabilitation to inpatients.Multidisciplinary team approach led by a rehab physician.Comprehensive therapy<ul style="list-style-type: none">3 hours per day of combined physical therapy, occupational therapy, and speech therapyFor 5 of 7 days per week.Nursing works in conjunction with therapy to promote patient goals<ul style="list-style-type: none">24-hours per day7 days a week	<ul style="list-style-type: none">Swing Bed is the term used to describe a hospital room that can switch from an in-patient acute care stay to a short-term rehab stay.Swing Bed is a program that provides you with a chance to receive extended care in a hospital setting.Swing Bed programs are common in rural healthcare facilitiesSwing Bed is not intended for permanent placement. It is for continued care until the patient returns home or transfers to a facility for longer term care.Your stay is usually in a private room with a private bathroom.	<p>There are two main differences between a skilled nursing facility and a nursing home.</p> <ul style="list-style-type: none">Skilled Nursing Facility (SNF)<ul style="list-style-type: none">A skilled nursing facility (SNF) is an inpatient facility where patients receive nursing and therapy care.<ul style="list-style-type: none">Skilled short-term careManages patients with more complex conditionsPatient needs rehabStays may be covered by insurance subject to out-of-pocket copays and deductibles.Long-term care (nursing home)<ul style="list-style-type: none">A person who needs permanent residence for supportive carePatient does not require skilled care or rehabPayment by private pay or medical assistance if you qualify
Who Benefits?	<ul style="list-style-type: none">A person who requires continued medical care of complex conditions. These conditions may include management of dialysis, tracheostomy, ventilator, or complex wounds.	<ul style="list-style-type: none">A person who requires a physician’s care for ongoing complex medical needs.A person who needs:<ul style="list-style-type: none">Rehab after surgeryTherapy after a stroke, accident, or injuryRehab or skilled care after a recent hospital stay	<ul style="list-style-type: none">A person who needs:<ul style="list-style-type: none">IV antibioticsWound careRehab after surgeryTherapy after a stroke, accident, or injuryRehab or skilled care after a recent hospitalization	<ul style="list-style-type: none">A short term person who needs:<ul style="list-style-type: none">IV antibioticsWound careRehab after surgeryTherapy after a stroke, accident, or injuryRehab or skilled care after a recent hospital stay
Average Length of Stay	<ul style="list-style-type: none">Average length of stay is 30 days.	<ul style="list-style-type: none">Average length of stay is 13 days.	<ul style="list-style-type: none">Your length of stay will depend on your condition and your care plan.	<ul style="list-style-type: none">For short term care, average length of stay is 24 days. Your length of stay will depend on your condition and your care plan.
Other	<ul style="list-style-type: none">Nearest LTACH located in:<ul style="list-style-type: none">Madison, WisconsinMilwaukee, WisconsinSt. Paul, Minnesota	<ul style="list-style-type: none">GHS location:<ul style="list-style-type: none">Inpatient Rehab - La Crosse, WIPatients have access to specialized physicians or providers.Patients have access to specialized equipment	<ul style="list-style-type: none">GHS locations:<ul style="list-style-type: none">Gundersen Boscobel Area HospitalGundersen Moundview HospitalGundersen Palmer Lutheran HospitalGundersen St. Elizabeth’s HospitalGundersen St. Joseph’s HospitalGundersen Tri-County Hospitals	<ul style="list-style-type: none">GHS locations:<ul style="list-style-type: none">Gundersen Harmony Care CenterGundersen St. Elizabeth’s Care Center Shields Ave.Gundersen St. Elizabeth’s Care Center Grant BlvdGundersen Tweeten Care Center

← Represents most intense to least intense care needs. →

	Gundersen Recover at Home	Assisted Living Facility	Home Health	Hospice
Brief Description	<ul style="list-style-type: none">Gundersen Recover at Home allows you to receive treatment for your medical condition from your home. Your personalized care plan, directed by your doctor, may include IV medicines, wound care, and physical or occupational therapy. Benefits include:<ul style="list-style-type: none">Comfort and convenience of quality care in your own home.Having a Recovery Care Coordinator (registered nurse) as a single point of contact for medical questions. Recovery Care Coordinator is available 24/7.Talking with your doctors and nurses face-to-face without ever leaving your home.Being provided a computer tablet that allows your doctors and nurses to check on your progress instantly. The computer tablet is provided to you at no cost. It must be returned after your care in the program ends.	<ul style="list-style-type: none">An assisted living residence or assisted living facility provides housing for people who cannot live independently.Services may include medicine management, assistance with using the bathroom, dressing, or grooming. Housekeeping, meals, and laundry, as well as social programs and activities are typically included.	<ul style="list-style-type: none">Home health agencies provide care for homebound patients who need nursing or therapy services. Patients can be safely cared for in their homes.As a home health patient, a provider or team of providers will visit you at home to:<ul style="list-style-type: none">Provide you with skilled nursing services such as wound care, injections, or IV (intravenous therapy).Monitor your progress and adjust your plan of care if necessary.Teach you and your loved ones about your condition and how to better manage it.Deliver physical, occupational, and speech therapy services, as needed.	<ul style="list-style-type: none">Hospice brings care into your home by a team of qualified clinicians and skilled individuals. In addition to in-home visits, Hospice provides 24-hour on-call clinical support. Services include:<ul style="list-style-type: none">Aggressive symptom and pain managementConnections to community resources by social workSpiritual support and memory makingCounseling and therapyMassage therapy and therapy musicFamily support and caregiver educationVolunteers for companionship, light housework, and moreCaregiver bereavement support for 13 months
Who Benefits?	<ul style="list-style-type: none">A person who needs additional medical care, physical or occupational therapy during recovery from an illness or surgery.	<ul style="list-style-type: none">A person who desires a more supportive environment.	<ul style="list-style-type: none">A person who is homebound (for Medicare) due to cognitive impairment, physical impairment or lack of transportation.For a homebound patient, it is difficult or taxing to leave the home.	<ul style="list-style-type: none">Hospice care provides comfort to patients of all ages and their families. To qualify for hospice care, your medical provider must state that your life expectancy is 6 months or less if your disease continues its current course.
Average Length of Stay	<ul style="list-style-type: none">Length of stay is 60 days.<ul style="list-style-type: none">Rehabilitation care: A nurse, physical or occupational therapist will work with you in your home the first 1-3 weeks.Health Monitoring: Lasts until day 60. Health monitoring begins when you are discharged from rehabilitation care.	<ul style="list-style-type: none">Level of care progresses with you. You can choose the services that you need. There may be additional costs with an increase in services.	<ul style="list-style-type: none">Length of care is short-term. Medicare provides coverage for up to 60 days. Your are seen 2 to 3 days per week by nursing or therapy services.	<ul style="list-style-type: none">Length of care depends on each individual patient’s medical condition and disease progression.
Other	Important! To be eligible for Recover at Home, you: <ul style="list-style-type: none">Must have Quartz insurance.Must live within 30 miles of Gundersen Health System location in La Crosse, Wisconsin.Must qualify for nursing home placement.Must have support at home. 24/7 support may be required.	<ul style="list-style-type: none">Private funds are used to pay for assisted living. Insurance does not cover assisted living.	<ul style="list-style-type: none">You must have support at home to be eligible.	<ul style="list-style-type: none">Gundersen Health System’s non-profit Hospice program includes nurses, social workers, chaplains, home health aides, a dedicated physician director, nurse practitioner, bereavement and volunteer coordinators, massage therapist, and a music therapist.Must have 24/7 family or natural support at home.