FAYETTE COUNTY

COMMUNITY RESOURCE GUIDE

Last Updated in November 2021



INTRODUCTION

Welcome to our newest Fayette County community resource guide. Within these pages are phone numbers, websites, addresses, and brief descriptions of many resources in Fayette County. Whether you're struggling or know someone struggling with mental health, substance use, unemployment, disability, medical cost, domestic violence, suicidal thoughts, addiction, food insecurity, etc, you are not alone and there is someone here to support you.

The COVID-19 pandemic has demonstrated that we are all vulnerable to financial and personal challenges. We have learned how essential community is during periods of loss, stress, or disaster. Let this resource guide connect you to people in your community who are here to extend an extra hand.

Information compiled by Fayette County Public Health and NFV Community Coalition.





This resource guide should not be considered all-inclusive. There is no implied endorsement of any particular service mentioned. Information may change at any time. This resource guide is updated as our community changes. If you have any suggested edits or additions, please call us at 563-422-6267.

At-a-glance

NUMBERS



Hotlines

Child &Dependent Adult Abuse Reporting	1-800-362-2178
Helping Services Domestic Abuse CrisisLine	1-800-383-2988
<u>Human Trafficking Helpline</u>	1-888-373-7888
or text help to 233733	
<u>Iowa Domestic Violence Hotline</u>	1-800-770-1650
or Text "HELP" to 20121	
Riverview Sexual Abuse Center	1-888-557-0310
Say Something	1-844-572-9669
report suspected violence and safety concerns	
Sexual Assault Hotline	1-833-656-4673
<u>Teen Dating Violence Helpline</u>	1-866-331-9474
or text loveis to 22522	
Other	
<u>Crisis Intervention Service</u>	641-423-0490
Friends of the Family Emergency Shelter	1-800-410-7233
Helping Services for Youth & Families	563-387-1720

AGING RESOURCES

Nursing Homes/Assisted Living

ABCM Grandview Health Care Center	319-283-1908
ABCM Healthy Living Home Care	641-456-5636
ABCM Oelwein Health Care Center	
Arlington Place of Oelwein	
Cedar Court Senior Living Residence	563-422-9348
<u>Copper Creek Senior Living</u> 563-422-9200	
Good Samaritan Society West Union	563-422-3814
<u>Maple Crest Manor</u>	563-425-3336
Stoney Brook Assisted Living	
AARP. Senior Services	800-775-6776
Abbe Center	319-398-3634
Aging & Disability Resource Center (LifeLong Links)	
B&D Services	
Faith & Family Care Inc.	
<u>Fayette County General Assistance</u> (by Northeast Iowa	
Action Corporation)	
Fayette County ISU Extension and Outreach	
<u>Fayette County Public Health</u> 563-422-6267	
<u>Friends of the Family</u>	
Gundersen Palmer Home Care	319-283-4489
Gundersen Palmer Home Medical Supply	563-422-6267
<u>Gundersen Palmer Hospice</u>	563-422-6267
<u>lowa Department on Aging</u> 515-725-3333	or 800-532-3213
KarTay Apartment Management319-334-7110	
Mercy Living Plus319-283-6150	or 319-283-6000
Northeast Iowa Agency on Aging (NEI3A)	
NEI3A Iowa Cafe	
Palmer Apartments	
Senior Life Solutions	563-422-9722
Senior Meal Sites/Home Delivered Meals	1-800-779-8707
Social Security Office319-234-1554 of	or 888-456-9554

CHILDREN AND YOUTH SERVICES

Helpful Numbers

Child Care Resource & Referral	319-334-5900 or 1-866-655-7420
<u>Crisis Child Care</u>	
Fayette County Public Health	563-422-6267 or 319-283-4489
<u>Healthy Families Line</u>	1-800-369-2229
LGBT National Youth Talk Line	1-800-246-7743
National Eating Disorder Help Line	1-800-931-2237
Parent Share & Support	1-800-931-2237
National Eating Disorder Help Line	319-283-4917
Runaway Safeline	
<u>Teen Line</u>	1-800-443-8336
Programs and F	
1st Five	563-556-6200
Building Directions for Families	319-334-5105
<u>Child Health Specialty Clinics</u>	319-283-4135 or 1-866-279-5023
<u>Child Support Recovery</u>	319-291-2646 or 563-382-2666
Family Development and Self Sufficiency	563-419-8243
Fayette County DHS	563-422-5636
Fayette County ISU Extension and Outrea	<u>ch</u> 563-425-3331
<u>Fayette County Public Health</u>	563-422-6267 or 319-283-4489
Four Oaks	
<u>Infant See Program</u>	
<u>Iowa Aftercare Services Network</u>	319-233-5695 or 800-443-8336
<u>Iowa Family Services</u>	515-270-0093 Ext.6
<u>Iowa Family Support Network</u>	1-888-425-4371
<u>I-Smile</u>	563-245-1145 Ext 358
North Fayette Valley Community Coalition	
Northeast Iowa Community Action Corp.	563-382-8436
Parent Share and Support	319-283-4917

COUNSELING & MENTAL HEALTH SERVICES

Hotlines

1101111163	
Crisis Textline	
Elevate CCBHC (Mental Crisis)	833-370-0719
lowa Helpline (call or text)	1-855-800-1239
<u>lowa Office of Consumer Affairs (Mental Health Cris</u>	is and Referral <u>)</u>
LGBT Youth Suicide Helpline	1-866-488-7386
National Alliance on Mental Health helpline	800-950-6264
National Suicide Hotline (24 hours a day)	800-273-8255
NE Iowa Behavioral Health (24 hours)319-283-57	774 or 1-800-400-8923
PAS Iowa Farm Families	833-999-FARM
Trans Lifeline	1-877-565-7743
Your Life lowa (crisis counseling, bullying, alcohol, o	drugs, gambling,
suicide)	
855-581-8111	
or send text to 855-895-8398	
Sarviaca	
Abbe Center	319-398-3634
Abbe Center	319-238-3132
Catholic Charities	
Child Health Specialty Clinics	
Counseling and Family Centered Services	
County Social Services	
Family Solutions lii 319-827	
Families First	1-800-316-3025
<u>Families, Inc</u> 563-927	7-4357 or 319-643-2532
Full Circle Services.	319-233-3813
Hope Haven	319-334-3003
lowa Office of Consumer Affairs	
Lutheran Services in Iowa	
MercyOne (Telepsych)	
NE Iowa Behavioral Health (24 hours)319-283-57	
Peladija's Therapy & Counseling Services	
Plugged-In Iowa	
Sunrise Therapy and Counseling Services	319-481-2296
The Interconnected Journey	379-435-1859
The state of the s	



DRUG/ALCOHOL ABUSE & PREVENTION

Hotlines

TIUIIIIES	
Alcohol & Drug Treatment Referral	1-855-581-8111
or Text 855-800-1239	
Bets Off Gambling Treatment	1-800-BETS-0FF
DrugFree.org Helpline	855-378-4373
or text 55753	
Gambler's Assistance	1-800-238-7633
National Drug & Addiction Helpline	1-888-633-3239
QuitLine Iowa (Tobacco Cessation)	1-800-QUIT-NOW
Truth Initiative E-cig Quitline	text quit to 202-804-9884
Services and Preve	ntion
Al-Anon and Alateen	1-888-425-2666
Al-Anon and Alateen Behavioral Services	1-888-425-2666 319-238-3132
Al-Anon and Alateen	1-888-425-2666 319-238-3132
Al-Anon and Alateen Behavioral Services	1-888-425-2666 319-238-3132 1-800-BETS-0FF
Al-Anon and Alateen Behavioral Services Bets Off Gambling Treatment	1-888-425-2666 319-238-3132 1-800-BETS-0FF 563-387-1720
Al-Anon and Alateen Behavioral Services Bets Off Gambling Treatment Helping Services for Youth & Families	1-888-425-2666 319-238-3132 1-800-BETS-OFF 563-387-1720 319-272-8560
Al-Anon and Alateen Behavioral Services Bets Off Gambling Treatment Helping Services for Youth & Families MercyOne's Horizons Treatment Center	1-888-425-2666 319-238-3132 1-800-BETS-OFF 563-387-1720 319-272-8560 800-400-8923
Al-Anon and Alateen Behavioral Services Bets Off Gambling Treatment Helping Services for Youth & Families MercyOne's Horizons Treatment Center NE Iowa Behavioral Health (24 hours).	1-888-425-2666 319-238-3132 1-800-BETS-OFF 563-387-1720 319-272-8560 800-400-8923 563-422-6298



ECONOMIC DEVELOPMENT AND TOURISM

<u>Fayette County I</u>	<u>Economic Develo</u>	<u>pment & To</u>	<u>urism</u>	563-265-5248
Northeast Iowa I	Resource Conser	vation & Dev	velopment	563-864-7112



EDUCATION AND CHILD CARE CENTERS

Childcar	·e
Berry Tender Child Care	563-933-2514
Child Care Resource and Referral	
Kaleidoscope Kids Child Care and Preschool	563-422-5379
<u>Little Husky Child Care & Preschool</u>	
Little Star Daycare & Preschool	563-633-4900
RainbowLand Child Care and Preschool	563-425-4398
Valley Child Care	
Preschoo	ol .
Hippity Hop Preschool	563-422-3851
Kaleidoscope Kids Child Care and Preschool	563-422-5379
Little Blue Devils Preschool	563-637-2283
Little Husky Child Care & Preschool	319-283-2302
Little Star Daycare & Preschool	563-633-4900
RainbowLand Child Care and Preschool	563-425-4398
Starmont Schools Preschool	563-933-2238
<u>Tiger Hawk Preschool</u>	563-422-3851
<u>Valley Preschool</u>	563-422-3851
K-12 Distri	cts
North Fayette Valley Schools	563-422-3851
Oelwein Schools	
Starmont Schools	563-933-4598
West Central Schools	563-637-2283
Post-Secon	dary
Hawkeye Community College	319-296-2320
Northeast Iowa Community College	
<u>Upper Iowa University</u>	1-800-553-4150

Community Education

Lload Ctart Calvain	710 007 0707
Head Start Oelwein	
Head Start West Union	
<u>High School Completion Program (GED)</u>	
Fayette County Public Health	563-422-6267 or 319-283-4489
<u>Keystone Area Education Agency</u>	563-245-1480
North Fayette Valley Community Coalition	563-422-6298
North Fayette Valley Mentoring Program	563-426-5055
Regional Education Center	319-283-2731
EMPLOYMENT	
Goodwill Industries Inc Workforce Innovation	<u>Opportunity Act</u> 563-880-9878
lowa Job Corps	712-263-4192
lowa Self-Employment	800-532-1426
lowa Vocational Rehabilitation	
lowa Workforce Development	
lowa WORKS/Promise Jobs	
Proteus Inc	
Sedona Staffing	
 ,	
FINANCIAL ASSISTANCE/FINANCIA	AL LITERACY
Department of Human Services	. 563-422-5634 or 1-800-632-0014
Fayette County Relief	319-283-2510 or 563-422-3354
Fayette County Veteran's Affairs	319-283-3329
hawk-i Health Insurance Outreach	
Horizon's Consumer Credit Counseling Servic	<u>e</u> 1-877-653-3123
lowa Concern	
Fayette County ISU Extension and Outreach	
NE Iowa Community Action Corp	
Social Security Administration	
St. Vincent DePaul - Waterloo	
Veteran's Administration	
	1002



FOOD, CLOTHING AND HOUSING

Food Pantries/Meals

Fairbank Food Pantry (Fairbank residents only)	319-635-2045
Fayette County Food & Clothing Shelf	563-425-3399
Greater Area Food Pantry (Calmar)	563-419-6024
His Hands Food Pantry (Fairbank & Oran residents only)	319-638-4357
Northeast Iowa Mobile Food Pantry	319-235-0507
Oelwein Community Kitchen Cupboard	319-283-3595
Oelwein Mobile Food Pantry	
Oelwein Senior Dining Center	319-283-5180
Open Hands Food Pantry (West Union)	563-422-2150
St. Mary's Church (Starmont School District)	
West Union Mobile Food Pantry	
Clothing	
Fayette County Food & Clothing Shelf	563-425-3399
Fayette County Food & Clothing ShelfGoodwill	
	319-283-3012
Goodwill	319-283-3012
Goodwill Kenny's Closet	319-283-3012 563-920-9414
Goodwill Kenny's Closet	319-283-3012 563-920-9414 563-422-3354
Goodwill Kenny's Closet Additional Resources Fayette County Relief Northeast Iowa Agency on Aging (NEI3A)	319-283-3012 563-920-9414 563-422-3354 800-779-8707
Goodwill Kenny's Closet Additional Resources Fayette County Relief Northeast Iowa Agency on Aging (NEI3A) Northeast Iowa Community Action Corp.	319-283-3012 563-920-9414 563-422-3354 800-779-8707 563-382-8436
Goodwill Kenny's Closet Additional Resources Fayette County Relief Northeast Iowa Agency on Aging (NEI3A)	319-283-3012 563-920-9414 563-422-3354 800-779-8707 563-382-8436 319-232-3366



GENERAL ASSISTANCE

Administered by Northeast Iowa Community Action Corpor	<u>ation</u> .
They provide assistance for eligible persons in immediate r	need of
assistance not attainable from any other source.	
Oelwein Location	319-283-2510
West Union Location	563-422-3354
Fayette County Board of Supervisors	
Fayette County Public Health	563-422-6267
North Fayette Valley Community Coalition	563-422-6298



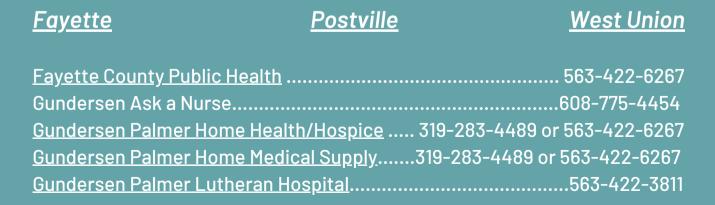
HEALTH CARE

Dental Health

Berryman Family Dentistry	319. 283. 4981
<u>I-Smile</u>	563-245-1145 Ext 358
Oelwein Dental Associates	319-283-4222
West Union Dental Associates	563-422-6292

Gundersen Palmer Lutheran

REACH ALL CLINICS: 563-422-3817



Helpful Numbers

Ask-A-Nurse (MercyOne's Patient Engagement) Eyes Open Iowa (Teen Sexual Health) Gundersen Ask a Nurse Poison Help. Teen Health Line (parenting, wellness, health)	515-276-6788 608-775-4454 1-800-222-1222
Health Centers	
	0/4 /50 5050
ABCM Healthy Living Home Care	
Allen Women's Health Family Planning	319-235-5090
Buchanan County Health Center (BCHC)	
Child Health Specialty Clinics	
Gundersen Palmer Lutheran Hospital & Clinics	563-422-3811
Hawkeye Community College Dental Clinic	
<u>Heart of the Valley Healthcare Clinic</u> - Elgin	563-426-5136
MercyOne Hospital - Oelwein	319-283-6000
Northeast Iowa Behavioral Health	563-382-3649
Pediatric Integrated Health Home (Child Health Special	ty Clinics)
	319-283-4135
Pediatric Integrated Health Home (Families First)	
Planned Parenthood	
or text PPNOW to 774636	
Unity Point Women's Health	319-332-0950
Pharmacies - Vaccines Availabl	e Here
Buchanan County Health Center Pharmacy	
Dollar fresh Pharmacy - HyVee	
NuCara Pharmacy	
Scott Pharmacy	563-425-4530



HOUSING, FUEL ASSISTANCE AND WEATHERIZATION

Friends of the Family	319-352-1108
Green lowa (Weatherization)	563-382-4207 Ext.2
NE Iowa Community Action Corp	563-382-8436 or 319-283-2510
KarTay Apartment Management	319-334-7110
<u>Operation Homefront</u> (for Veterans)	211 or 641-243-4103
Palmer Apartments	563-422-5517
<u>Upper Explorerland Regional Planning</u>	563-864-7551
Winneshiek Co. Habitat for Humanity	563-382-1802



IOWA CONCERN

Services include legal, financial, self-care, crisis/disaster, stress counselors and more. Services are free and available 24 hours a day, 7 days a week. Call 1-800-447-1985



LAW ENFORCEMENT

Fairbank Police Department	319-635-2869
Fayette County Sheriff's Office	563-422-6067
<u>Fayette Police Department</u>	563-425-3500
Juvenile Court Services	. 319-291-2506
Oelwein Police Department	319-283-4311
West Union Police Department	563-422-3535



LEGAL ASSISTANCE

<u>DUI Classes</u>	800-400-8932
Fayette County Attorney	319-283-1211
<u>Iowa Civil Rights Commission</u>	1-800-457-4416
<u>Iowa Concern Hotline</u>	1-800-447-1985
lowa Legal Aid	1-800-532-1275





LIBRARIES

Libraries offer computer and Internet access as well as programs for children and families. Contact your nearest library for a schedule of activities.

<u>Arlington</u>	563-633-3475
<u>Clermont</u>	563-423-7286
<u>Elgin</u>	563-426-5313
<u>Fayette</u>	
<u>Hawkeye</u>	563-427-5536
Maynard	
<u>Oelwein</u>	
<u>Wadena</u>	563-774-2039
Waucoma	
Westgate	563-578-5151

Use your phone camera to scan this QR code to locate Little Free Libraries near you!







SPECIAL NEEDS AND DISABILITIES

ASK-Access for Special Kids	1-800-450-8667
B & D Services, Inc.	
Camp Courageous of Iowa	319-465-5916
Center for Disabilities & Development	319-353-6900
Child Serve	319-351-5437
<u>Disability Resource Library</u>	319-356-1345 or 1-800-272-7713
<u>Disability Rights Iowa</u>	. 1-800-779-2502 Or 515-278-2502
Family to Family Iowa	
Fayette Co. Social Services	563-422-5047 or 1-855-266-1257
Full Circle Services	
Goodwill of Northeast Iowa	319-234-4626
Goodwill Vocational Center	
lowa COMPASS	1-800-779-2001
lowa Developmental Disabilities Council	515-288-0463 or 1-866-432-2846
lowa Federation of Families for Children's Me	ntal Health319-462-2187
or 1-800-400-6302	
<u>Iowa Foster & Adoptive Parents Association (</u>	IFAPA)515-229-8747
or 1-800-277-8145	
<u>Iowa Vocational Rehabilitation Services</u>	
Legal Center for Special Education	515-309-0033 or 1-866-250-4545
MOSAIC	
National Alliance on Mental Illness (NAMI)	1-800-273-8255
Regional Autism Assistance Program	319-283-4135
Or 1-866-279-5023	
Social Security Office	1-800-772-1213 or 319-234-1554
Special Olympics of Iowa	
Treatment Alternatives for Safe Communities	s(TASC)563-568-4060



TRANSPORTATION

EARL Public Transit	1-866-382-4259
Hometown Taxi	563-382-5809
<u>lowa Mobility Management Coordinator</u>	515-239-1765
Non-emergency Medical Transportation	1-800-338-8366

- Amerigroup Members may call Access2Care at 844-544-1389
- Iowa Total Care Members may call Access2Care at 833-404-1061



UNITED WAY 211

Dial 2-1-1 from your cell phone or landline for help with food, housing, employment, health care, counseling and more. 2-1-1 provides free and confidential information and referrals.

ABUSE AND VIOLENCE RESOURCES

Crisis Intervention Service

563-581-1418: direct advocate phone 641-423-0490: Main office in Mason City

In Fayette County, CIS provides comprehensive services to friends and family impacted by homicide and other violent crimes. We can help you with Immediate support and ongoing advocacy.

Friends of the Family Emergency Shelter

1-800-410-SAFE

5250 N Park PI NE #105, Cedar Rapids, IA 52402

Friends of the Family provide safe shelter, confidential services, and housing assistance to individuals in crisis due to homelessness, domestic violence, sexual assault, and human trafficking.

Services

- Domestic Abuse Housing and Sheltering
- Homeless Assistance
- Human Trafficking Services
- · Sexual Assault Housing and Sheltering
- Safe Workplace Partnership

Helping Services for Youth & Families

563-387-1720

805 E Main St, Decorah, IA 52101

Our teams—Domestic Abuse Advocacy, Dating Violence, & Stalking Survivors; Family Education and Support; Drug Abuse Prevention; and Youth Mentoring—provide presentations, research-based programs, training, and advocacy to families, businesses, and communities.

Riverview Center
888-557-0310
1014 South Mill St, Unit #3
Decorah, Iowa 52101
Riverview Center offers 100% free and confidential services for survivors of sexual violence in Iowa.
Services include 24-hour crisis hotlines, legal, medical and social service advocacy, long- and short-term counseling, trauma-informed therapy, transition and basic needs assistance, and more.

Helpful Numbers

<u>Child & Dependent Adult Abuse Reporting</u> 1-800-362-2178

<u>Helping Services Domestic Abuse CrisisLine</u> 1-800-383-2988

<u>Human Trafficking Helpline</u> 1-888-373-7888 or text help to 233733

<u>Iowa Domestic Violence Hotline</u> 1-800-770-1650 or Text "HFL P" to 20121

<u>Say Something</u> 1-844-572-9669 Report suspected violence and safety concerns

Sexual Assault Hotline 1-833-656-4673

<u>Teen Dating Violence Helpline</u> 1-866-331-9474 or text loveis to 22522

AGING RESOURCES

Assisted Living/Long-Term Care

<u>ABCM Grandview Health Care Center</u> 319-283-1908

ABCM Healthy Living Home Care 641-456-5636

ABCM Oelwein Health Care Center 319-283-2794

<u>Arlington Place Oelwein</u> 319-283-3334

<u>Cedar Court Senior Living Residence</u> 563-422-9348

<u>Copper Creek Senior Living</u> 563-422-9200

<u>Good Samaritan Society</u> 563-422-3814

Maple Crest Manor 563-425-3336

Stoney Brook Assisted Living 563-422-5690

B&D Services

319-334-6997

212 1st St E, Independence, IA 50644

B&D Services, provides assistance and support to individuals with disabilities and the elderly so they may live in the environment of their choice.

AARP

800-775-6776

AARP is a nonprofit, nonpartisan organization that empowers retired people to choose how they live as they age. AARP offers membership benefits ranging from discounts, healthcare options, insurance products, travel-related services, education, and learning resources.

Abbe Center

563-422-5344

129 S Vine St West Union, IA 52175

UnityPoint Health - AbbeHealth Services is a regional nonprofit organization dedicated to providing mental health and aging services that help individuals achieve their optimum levels of independence and success.

<u>Aging and Disability Resource Center</u>

866-468-7887

607 Washington St. PO Box 107 Decorah IA 52101

Our mission is to support policies, programs, and wellness initiatives that empower older lowans to stay active and healthy in their communities to improve their access to affordable, high-quality, long-term living and community supports.

Assists with

- Health and Nutrition
- Elder Justice and Adult Protective Services
- Senior Employment
- Disaster Resources
- · Caregiver Resources

Faith and Family Care INC

855-970-6296 Ext. 6

1016 West 1st ST Sumner, IA 50674

Faith & Family Care Inc cares for Children, Veterans, Seniors, the physically disabled, handicapped, anyone in need of care.

FFC offers home health care, respite care, supported community living, and works closely with the VA.

FFC builds and remodels decks, bathrooms, doorways, flooring, any home modification. FFC lawn service mows, edges, weed eats, mulching, gutter cleaning, and chore services.

FFC accepts all Iowa Medicaid Waivers, Amerihealth, Amerigroup, united health care, and private pay.

General Assistance Program (NE IA Community Action)

319-283-2510

297 6th Ave SW Oelwein, IA 50662

The purpose of the Fayette County General Assistance Office is to provide assistance to a person who is in need of immediate assistance not obtainable from any other source

This means assistance with rent, utilities or medical/dental. Assistance can also include the burial of a person who is a resident of Fayette County.

<u>Fayette County ISU Extension</u> and Outreach

563-425-3331

Check out these links to learn about our programs in <u>Agriculture and Natural Resources</u>, <u>Community and Economic Development</u>, <u>Human Sciences</u>, and <u>4-H Youth Development</u>.

Fayette County Public Health

563-422-6267

200 W Jefferson St, West Union, IA 52175

The focus of public health intervention is to improve health and quality of life through the prevention and treatment of disease and other physical and mental health conditions, through surveillance of cases and the promotion of healthy behaviors.

Friends of the Family

1-800-410-SAFE

5250 N Park PI NE #105, Cedar Rapids, IA 52402

Friends of the Family provide safe shelter, confidential services, and housing assistance to individuals in crisis due to homelessness, domestic violence, sexual assault, and human trafficking.

Gundersen Palmer Home Care

563-422-6267

200 Jefferson St West Union, IA 52175

Home Health is a simple phrase that encompasses a wide range of health and social services, delivered at home where you and your family members are likely the most comfortable.

We care for people who are recovering, who have disabilities or who are chronically or terminally ill. We provide medical, nursing, social, or therapeutic treatment and we can help with the essential activities of daily living.

Gundersen Palmer Hospice

800-335-0711

200 Jefferson St West Union, IA 52175

When you or someone you care about is in the final phase of life, Gundersen Palmer Hospice provides support and care. We're a Medicare-certified, non-profit organization.

Iowa Department on Aging

515-725-3333 or 800-532-3213

The lowa Department on Aging strives to improve the quality of life of older lowans by connecting them to services provided by lowa's six Area Agencies on Aging. Learn how you or your loved one can connect to nutrition services, caregiver support, case management, and more.

KarTay Apartment Management

319-334-7110

The KarTay Apartment Management consists of 20+ affordable rental-based housing complexes around Northeast Iowa.

Apartments are Available for Rent to:
Low-Income Individuals / Families
Anyone Over 18 Years of Age
Seniors of the Age 62 and Older
Handicapped / Disabled, Regardless of Age

MercyOne Oelwein Senior Care

319-283-6150 or 319-283-6000

2018th Ave SE, Oelwein, IA 50662

A long-term care and rehabilitation unit located on the third floor of Oelwein Medical Center.

Services

- Skilled nursing care
- · physical, occupational and speech therapies
- · recreational and social activities
- · worship services
- · a styling salon
- · and the Friendship Café

Northeast Iowa Area Agency on Aging

1-800-779-8707

3840 W 9th St Waterloo, IA 50702

LifeLong Links-Aging & Disability Resource Centers (ADRCs) are friendly, convenient places where anyone can come for information and assistance regarding programs and services available for older adults and persons with disabilities.

NEI3A Iowa Cafe

1-800-779-8707

Individuals receive a keycard that helps with costs of 12 meals a month

To participate in The Iowa Café, individuals must be 60 years of age or older, or a spouse of an eligible individual regardless of age.

Palmer Apartments

563-422-5517

711 Jefferson St, West Union, Iowa 52175

Tenants pay rent based on household income.

Senior Life Solutions

563-422-9722

Gundersen Palmer's Senior Life Solutions program, an intensive outpatient group counseling program, is designed to meet the unique needs of older adults over the age of 65 struggling with depression and anxiety often related to aging.

Senior Meals (NEI3A)

1-800-779-8707

Oelwein Senior Center 25 West Charles Oelwein, IA 50662

Monday, Wednesdays, and Fridays. Meals at 12:00 noon.

Daily hot meals. Meals through Northeast Iowa Area Agency on Aging are offered on a contribution basis for people over 60 years of age. The actual cost for the meal is \$8.10. People under 60 must pay the actual cost.

Social Security

319-234-1554 or 888-456-9554

3121 Greyhound Dr Waterloo, Iowa 50701

Social security programs and benefits including disability, retirement, extra help with Medicare drug plan costs, etc.

CHILDREN & YOUTH SERVICES

1st Five

563-556-6200

Unity Point - Visiting Nurse Association 660 Iowa Street Dubuque, IA 52004

1st Five is a public-private partnership bridging primary care and public health services in Iowa. The 1st Five model supports health providers in the earlier detection of social-emotional and developmental delays and family risk-related factors in children birth to 5 and coordinates referrals, interventions and follow-up.

Building Directions for Families

319-334-5105

401 1st St W Independence, IA 50644

Building Direction for Families, Inc. (BDF) is a non-profit agency that provides funding for the Early Childhood Iowa, Decategorization, Community Partnerships for Protecting Children, and Community Based Child Abuse Prevention initiatives in Buchanan, Delaware, and Fayette Counties.

Child Care Resource and Referral

319-334-5900

Parent Referral Line: 855-244-5301

CCR&R is available to assist families in selecting child care providers who best meet the needs of a child and their family. Child Care Consultants provide on-site consultation to licensed preschools, centers, nonregistered home providers and Child Development Home providers.

Child Health Specialty Clinics

319-283-4135

212 8th Ave. SE Oelwein, IA 50662

Programs

- · Community Circle of Care
 - CCC serves children and youth up to 21 years of age who have private insurance. Care coordination services are provided to the youth and their family to access resources in the community to address their mental or behavioral health diagnosis.
- Early ACCESS
 - For children 0-3 years old with a developmental delay or known condition that could lead to a developmental delay.
 - Services:
 - Help with coordination
 - Nutrition services
 - Health assessments
- Pediatric Integrated Health (PIH)
 - PIH provides care coordination and family support services to lowa children and youth who are eligible for Medicaid and have mental or behavioral health diagnosis.
- Regional Autism Assistance Program
 - RAP teams can help families:
 - Connect to autism information
 - Communicate with care providers
 - Navigate the education system
 - Find an advocacy or family support group

Child Support Recovery Unit

563-382-2666

317 Washington St Ste 2 Decorah, IA 52101

The mission of lowa's child support program is to provide services to ensure families receive the child support they need in order to be able to meet the financial and health needs of their children.

We help families by establishing and enforcing child and medical support orders, and processing support payments.

Crisis Child Care

319-334-7146

1621 S. Frederick Ave Suite B Oelwein, IA 50662

Child care for crisis/emergency situations in Buchanan, Delaware & Fayette Counties

<u>Family Development and Self</u> <u>Sufficiency</u>

563-419-8243

297 6th Ave SW Oelwein, IA 50662

The Family Development and Self-Sufficiency Program at Northeast Iowa Community Action Corporation is a voluntary, strength-based home visiting program for Iow-income families. FaDSS provides services that promote, empower, and nurture families toward economic and emotional self-sufficiency.

Helpful Numbers - Children & Youth

Fayette County DHS 563-422-5636

<u>Healthy Families Line</u> 1-800-369-2229

ISU Extension and Outreach 563-425-3331

LGBT National Youth Talk line 1-800-246-7743

National Eating Disorder Helpline 1-800-931-2237

Runaway Safeline 1-800-786-2929

<u>Teen Line</u> 800-443-8336

Fayette County ISU Extension and Outreach

563-425-3331

Check out these links to learn about our programs in Agriculture and Natural Resources, Community and Economic Development, Human Sciences, and 4-H Youth Development.

Fayette County Public Health

563-422-6267

200 W Jefferson St, West Union, IA 52175

The focus of public health intervention is to improve health and quality of life through the prevention and treatment of disease and other physical and mental health conditions, through surveillance of cases and the promotion of healthy behaviors.

Four Oaks

319-354-0259

5400 Kirkwood Blvd. SW Cedar Rapids, IA 52404

info@fouroaks.org

Four Oaks offers family support, behavioral health services, education, child welfare and Emergency Services, Juvenile Justice, foster & adoptive family connections, and more.

- Qualified Residential Treatment Program
- Psychiatric Medical Institute for Children
- Integrated Health Homes
- TotalChild

InfantSEE

319-334-6087

Advanced Family Eyecare 1310 1st St W Independence, IA 50644

563-382-4279 Oneota Valley Family Eyecare 305 E Water St Decorah, IA 52101

A public health program in which participating optometrists provide a no cost, comprehensive infant eye assessment between 6 and 12 months of age.

Iowa Aftercare Services Network

319-233-5695

Four Oaks 140 S. Barclay Waterloo, IA 50703

We are a group of 9 nonprofit organizations across lowa who support youth who have aged out of foster care or other out-of-home placement. We will help you reach your personal goals for: education, employment, housing, health, life skills and relationships.

Iowa Family Services

515-270-0093 Ext.6

4401 Westown Pkwy #250, West Des Moines, IA 50266

Iowa Family Services provides respite to children who receive services through the Children's Mental Health Waiver and the Intellectual Disability Waiver across the state of Iowa.

Iowa Family Support Network

1-888-425-4371

1111 9th St. Suite 320 Des Moines, IA 50314

lowa Family Support Network (IFSN) is a statewide system that provides information and resources to expecting families or families with young children and professionals that serve them.

You will find information that includes; family support services; group-based parent education programs; and prenatal services.

Specialists are available by email or phone Monday through Friday from 8 a.m. to 6 p.m. at 1-888-IAKIDS1 (1-888-425-4371).

I-Smile

563-245-1145 Ext 358

I-Smile $^{\text{TM}}$ is a statewide program that connects lowans with dental, medical, and community resources to ensure a lifetime of health and wellness.

North Fayette Valley Community Coalition

563-422-6298

23689 Canoe Road, Elgin IA 52141

Youth Initiative NFVCC Youth Center NFV Mentoring

Northeast Iowa Community Action Corp

319-283-2510

297 6th Avenue Southwest Oelwein, IA 50663-0549 HOURS: M-W 8am - 12pm & 1pm - 3:30pm F 8am-12pm. Other times by appointment

The NE IA Community Action Corp connects individuals and families to approaches to help them succeed and includes Early Childhood Programs, Family Support Services, Stable and Affordable Housing, Budget Counseling, Public Transportation, Pregnancy Prevention and Health Education, Low Income Home Energy Assistance, Weatherization, and Crisis Assistance.

Parent Share and Support

319-283-4917

We offer parent education using the Parents As Teachers curriculum and home visits for families prenatal through Kindergarten entry in Fayette County. We also offer Crisis and Emergency child care assistance for families in Fayette, Buchanan, and Delaware Counties.

COUNSELING AND MENTAL HEALTH SERVICES

Hotlines

Crisis Textline text hello to 741741

<u>Elevate CCBHC</u> (Mental Crisis) 833-370-0719

<u>lowa Helpline</u> (call or text) 1-855-800-1239

<u>Iowa Office of Consumer Affairs</u> (Mental Health Crisis and Referral) 1-855-622-4692

LGBT Youth Suicide Helpline 1-866-488-7386

National Alliance on Mental Health NAMI helpline 800-950-6264

National Suicide Hotline (24 hours a day) 800-273-8255

NE lowa Behavioral Health (24 hours) 319-283-5774 or 1-800-400-8923

PAS Iowa Farm Families 833-999-FARM

Trans Lifeline 1-877-565-7743

Your Life Iowa (Crisis counseling, bullying, alcohol, drugs, gambling, suicide)
855-581-8111
or send text to 855-895-8398

Abbe Center

563-422-5344

129 S Vine St West Union, IA 52175

UnityPoint Health - AbbeHealth Services is a regional nonprofit organization dedicated to providing mental health and aging services that help individuals achieve their optimum levels of independence and success.

Behavioral Services

319-238-3132

1621 S Fredrick Avenue Oelwein, IA 50662

Services Available

- Counseling
- · Anger Management
- · Mental Health Evaluations

Medicaid and numerous insurances are accepted. Appointments by phone are available.

Catholic Charities

563-382-1231

307 W Main St Decorah, IA 52101

We work to reduce poverty, strengthen families, and empower communities by focusing on affordable housing, counseling services, immigration legal services, jail & prison reentry, post-adoption search, and disaster resources.

Counseling & Family Centered Services

641-394-2505

951 N Linn Ave Suite 3 New Hampton, IA 50659

Services Offered:

- Behavioral Health Intervention Services (BHIS)
- Children's Mental Health Waiver Therapy and Community Supports
- Behavioral Consultation, Evaluation and Therapy
- Conflict Resolution Consultation, Evaluation and Therapy

Child Health Specialty Clinics

319-283-4135

212 8th Ave. SE Oelwein, IA 50662

Programs

- Community Circle of Care
 - CCC serves children and youth up to 21 years of age who have private insurance. Care coordination services are provided to the youth and their family to access resources in the community to address their mental or behavioral health diagnosis.
- Early ACCESS
 - For children 0-3 years old with a developmental delay or known condition that could lead to a developmental delay.
 - Services:
 - Help with coordination
 - Nutrition services
 - Health assessments
- Pediatric Integrated Health (PIH)
 - PIH provides care coordination and family support services to lowa children and youth who are eligible for Medicaid and have mental or behavioral health diagnosis.
- Regional Autism Assistance Program
 - RAP teams can help families:
 - Connect to autism information
 - o Communicate with care providers
 - Navigate the education system
 - Find an advocacy or family support group

County Social Services

563-422-5047

114 N. Vine Street Box 269 West Union, IA 52175

County Social Services provides financial support for mental health and disability services programs to individuals in North Central and Northeastern Iowa.

Elevate CCBHC

833-370-0719

Walk-ins welcome 604 Lafayette St (2nd floor of the Fowler building) Waterloo, IA 50703

Mobile Crisis, mental health, medication management, veteran support. We are focused on expanding quality healthcare to those without insurance or underinsured.

Family Solutions lii

319-827-6270 or 319-521-4208

960 6th St Jesup, Iowa 50648

Behavioral health centers are responsible for assuring the delivery of community-based mental health, mental developmental challenges, substance abuse and/or behavioral health services to individuals with disabilities. Provide counseling services for families and marriages.

Families First

1-800-316-3025

901 N. Fredrick Ave. Oelwein, IA 50662

In-Home Counseling for Youth & Adults

Accepted Insurance Carriers

- Medicaid (Iowa Total Care, Amerigroup)
- Wellmark (Blue Cross/Blue Shield)
- United Health Care
- CVCHC
- Health Partners (in the future—still in the credentialing process)
- Tricare
- · Midlands Choice Carriers

Families, Inc

563-927-4357 or 319-643-2532

969 E Main St, Manchester, IA 52057

- Outpatient Therapy (Title 19 funded, and Other insurance)
- (FREE) Counseling & Crisis Intervention Services: (Adults/Children)
- (FREE) School-Based Mental Health Services: Families, Inc.
- (FREE) ART Groups: (any age) Families, Inc. providers will follow
 - the ART (aggression replacement training/juvenile accountability group) curriculum.
- (FREE) Nurturing Parent Program:
- Child Mental Health Waiver Therapy Services:
- BHIS-Behavior Health Intervention Services: (Title 19 funded)
- Private Pay Therapy/Counseling Services:

Full Circle Services Inc

319-233-3813

2349 Jamestown Ave, Ste 1 Independence, IA 50644

Provides behavioral health services, supported community living, home-based habilitation, respite care, supported employment, and crisis stabilization services.

Hope Haven

319-334-3003

1800 19th Street P.O. Box 70 Rock Valley, IA 51247

We offer services and support to meet a broad range of needs for children, adults, and families – from physical, mental, and intellectual to residential, vocational, and spiritual.

- Community Living
- Employment Services
- Day Habilitation
- Mental Health and Recovery
- Spiritual Support

lowa Office of Consumer Affairs

1-855-622-4692

114 N. Vine Street Box 269 West Union, IA 52175

Free and confidential service to help with your mental health needs.

Lutheran Services in Iowa

319-827-6270 or 319-521-4208

118 W Main St Manchester, IA 52057

Our services — including mental health therapy, behavioral health for youth, parent support and early childhood resources, services for people with disabilities, and refugee and immigrant services — are available virtually, by computer or phone.

<u>Make It OK</u> is a community campaign to reduce stigma by starting conversations and increasing understanding about mental illness.



MercyOne Telehealth

Schedule online

A telehealth visit is a medical appointment with your health care provider conducted on a secure audio and video call. The virtual experience is similar to a Skype or Facetime call.

Northeast Iowa Behavioral Health

319-283-5774 or 1-800-400-8923

NEIBH Main Office:

905 Montgomery St., Decorah, IA 52101 Also located in Oelwein, Elkader, Waukon, West Union, and Cresco.

Hearing/Speech Impaired 711 or 800-735-2942

We offer both immediate crisis counseling and ongoing individual and group counseling for behavioral health issues.

Services Provided

- Counseling
 - Individual, family, and group counseling for all age groups - children, teens, adults, and elderly, is available at our locations, for any mental health, problem gambling, or substance use disorder.
- Psychiatric Evaluations
 - Our psychiatric practitioners provide evaluations to determine a diagnosis and appropriate treatment, and offer medication management the oversight and monitoring of prescribed medications.

Peladija's Therapy & Counseling Services

319-313-5041

901 North Frederick Suite #2 Oelwein, IA 50662

Accepted Insurance Plans

- Aetna | Aetna Coventry
- · BCBS | BlueCross and BlueShield
- Coventry
- MHN | Health Net
- Magellan
- Medicaid
- · Midland Choice
- TRICARE
- TriWest
- UnitedHealthcare UHC | UBH
- · Out of Network

<u>Plugged-in lowa</u>

319-432-4748

Sunrise Therapy and Counseling

319-481-2296

Crystal@sunrisetherapyandcounseling.com

104 W. 2nd Street Sumner, Iowa

Accepted Insurance Plans

- · Aetna | Aetna Coventry
- Amerigroup
- BCBS | BlueCross and BlueShield
- Medicaid
- · Midlands Choice
- UHC UnitedHealthcare UBH United Behavioral Health

The Interconnected Journey

379-435-1859

406 W Bremer Ave Waverly, IA 50677

Your Life lowa (bullying, alcohol, drugs, gambling, suicide)

Call: 855-581-8111 Or send a text to 855-895-8398



DRUG/ALCOHOL ABUSE AND PREVENTION

Helpful Numbers

Alcohol and Drug Treatment Referral 1-855-581-8111 or Text 855-800-1239

Bets Off Gambling Treatment
1-800-BETS-OFF

DrugFree.org Helpline 855-378-4373 or text 55753

Gambler's Assistance 1-800-238-7633

National Drug & Addiction Helpline 1-888-633-3239

<u>Quitline Iowa</u> (Tobacco Cessation) 1-800-QUIT-NOW

Truth Initiative E-cig Quitline text quit to 202-804-9884

SASC Gambling Treatment 1-888-771-6771

Al-Anon and Alateen

319-291-3660

The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength, and hope in order to solve their common problems.

Behavioral Services

319-238-3132

1621 S Fredrick Avenue Oelwein, IA 50662

Medicaid and Numerous Insurances Accepted

Services Available

- Counseling
- · Anger Management
- · Mental Health Evaluations

Helping Services for Youth & Families

563-387-1720

805 E Main St, Decorah, IA 52101

Our teams—Domestic Abuse Advocacy, Dating Violence, & Stalking Survivors; Family Education and Support; Drug Abuse Prevention; and Youth Mentoring—provide presentations, research-based programs, training, and advocacy to families, businesses, and communities.

MercyOne's Horizons Treatment Center

319-272-8560

3421 West 9th Street Waterloo, Iowa 50702

Horizons Family Recovery offers inpatient and intensive outpatient treatment for individuals with alcohol and/or substance addiction.

Most insurance companies cover part or all of the cost of treatment.

Northeast Iowa Behavioral Health

319-283-5774 or 1-800-400-8923

NEIBH Main Office:

905 Montgomery St., Decorah, IA 52101 Also located in Oelwein, Elkader, Waukon, West Union, and Cresco.

Hearing/Speech Impaired 711 or 800-735-2942

We offer both immediate crisis counseling and ongoing individual and group counseling for behavioral health issues.

Services Provided

- Counseling
- · Psychiatric Evaluations

North Fayette Valley Community Coalition

563-422-6298

23689 Canoe Road, Elgin IA 52141

Youth Initiative NFVCC Youth Center NFV Mentoring

Pathways Behavioral Health

Independence IA: 319-334-6163 Fredericksburg IA: 563-237-5300

CARF Accreditation: Yes

Insurance and financials

- Medicaid
- Private insurance
- · Self-pay options
- · Financial aid
- Sliding scale payment assistance
- · Military insurance

Levels of care

- Outpatient (Extended and Intensive)
- Inpatient
- Sober Living Homes
- Aftercare Support
- 24-Hour Clinical Care

ECONOMIC DEVELOPMENT

<u>Fayette County Economic Development & Tourism</u>

563-265-5248

101 N Vine St, West Union, IA 52175

Fayette County Economic Development & Tourism foster and implement tourism and business development and expansion in Fayette county.

We work on business development/planning, tourism/marketing promotion, project management, and general community support.

Northeast Iowa Resource Conservation & Development

563-864-7112

101 East Greene St, PO Box 916, Postville, IA 52162

Northeast Iowa Resource Conservation & Development works with partners from throughout our region to explore natural resource-based economic development opportunities while at the same time protecting and enhancing natural resources.

EDUCATION A-Z

Berry Tender Child Care

563-933-2514

401 Commercial Street Strawberry Point, IA 52076

berrytenderchildcare@gmail.com

Berry Tender serves children from infant to school age. Hours of operation are 5:30 am - 6:30 pm Monday through Friday.

Fayette County Public Health

563-422-6267

200 W Jefferson St, West Union, IA 52175

The focus of public health intervention is to improve health and quality of life through the prevention and treatment of disease and other physical and mental health conditions, through surveillance of cases and the promotion of healthy behaviors.

Hawkeye Community College

319-296-2320

1501 East Orange Road Waterloo, Iowa 50704-8015

Post-Secondary

Head Start

Oelwein: 319-283-2304

317 8th Ave SE Oelwein, IA 50662

West Union: 563-422-6101

400 N Pine St. West Union IA 52175

The Head Start program is a full-day, full-week preschool experience for low-income and disabled children 3-5 years old.

High School Completion Program

319-296-4278

120 Jefferson Street Waterloo, IA 50701

The High School Completion program (formerly the GED program) offers free courses designed to help you to earn a high school equivalency diploma and become prepared for college and the workplace.

Hippity Hop Preschool

563-380-6089

404 N Pine St. West Union IA 52175

Kaleidoscope Kids Child Care

563-422-5379

404 N Pine St. West Union IA 52175

We specialize in child care for children ages 6 weeks to 12 years of age, a 3-year-old preschool program, before and after school care, special summer programs for school-aged children, and much more.

Keystone Area Education Agency

563-245-1480

Keystone provides resources for students, parents, administrators, and educators. Through its partnerships with local schools, teachers, and parents, Keystone AEA will continue to provide services that put children first in Northeast lowa.

Little Blue Devils Preschool

563-637-2283

305 Pember St Maynard, IA 50655

Little Husky Child Care and Preschool

319-283-2302

315 8th Ave. SE Oelwein, IA 50662

Little Husky Childcare and Preschool is a non-profit childcare and preschool offering full time, part-time and drop-in care for children ages 2 weeks to 12

Little Star Day Care Inc

563-633-4900

750 1/2 Main Street Arlington IA 50606

Infant-School Age

North Fayette Valley District

563-422-3851

600 N Pine St. West Union, IA

North Fayette Valley Community Coalition

563-422-6298

23689 Canoe Road, Elgin IA 52141

Youth Initiative NFVCC Youth Center NFV Mentoring

North Fayette Valley Mentoring Program

563-426-5055

23689 Canoe Road Elgin IA 52141

The North Fayette Valley Mentoring Program strives to connect youth with a positive adult role model who can help them aspire, achieve, and develop to their fullest potential.

Northeast Iowa Community College

1-844-642-2338

1625 Highway 150 South Calmar, Iowa 52132

Post-Secondary education

Oelwein District

319-283-3536

307 8th Ave. SE Oelwein, IA 50662

Rainbow Land Preschool

563-425-4398

201 Vine St #1 Fayette IA 52142

Regional Education Center

319-283-2845

315 8th Ave SE, Oelwein, IA 50662

Regional Technology Center

844-642-2338 Ext. 5700

RAMS Center 1400 Technology Drive Oelwein, IA 50662

The Regional Tech Complex provides our students with state-of-the-art technological coursework and training opportunities, including Project Lead the Way, robotics, and welding, construction, and CNC coursework.

Additionally, the facility partners with area businesses to provide employee training programs.

Starmont School District

563-933-4598

3202 40th Street Arlington, Iowa 50606-8199

Starmont Schools Preschool

563-933-2238

3202 40th St Arlington, IA 50606

TigerHawk Preschool

563-422-3851

315 8th Ave. SE Oelwein, IA 50662

Upper Iowa University

1-800-553-4150

605 Washington St. Fayette, IA 52142

Post-Secondary Education

Valley Child Care

Valley Preschool and Elementary

563-422-3851 and 563-426-5551

23493 Canoe Rd Elgin, IA 52141

West Central CSD School District

563-637-2283

305 Pember Street Maynard, IA 50655

EMPLOYMENT

<u>Goodwill</u> of NE IA <u>Workforce Innovation</u> and Opportunity Act

563-382-0457 or 1-866-520-8986

WIOA is landmark federal legislation designed to strengthen and improve our nation's public workforce system and help get Americans, including youth and those with significant barriers to employment, into high-quality jobs and careers in addition to assisting employers in hiring and retaining skilled workers.

<u>Iowa Job Corp</u>

712-263-4192

Locations: Denison and Ottumwa

Job Corps is a no-cost education and vocational training program to help young people ages 16 through 24 improve the quality of their lives through vocational and academic training.

lowa Self-Employment Program

800-532-1426

The ISE program provides technical and financial assistance to help qualified individuals with disabilities achieve self-sufficiency and work at their optimum level by starting, expanding, or purchasing a business.

Iowa Vocational Rehabilitation Services

319-234-0319

We provide expert, individualized services to lowans with disabilities to achieve their independence through successful employment and economic support.

lowa Workforce Development

563-382-0457 or 1-866-520-8986

Employment services,

interview/resume skills, help with various other aspects of seeking employment.

IowaWORKS/Promise Jobs

563-382-0457 or 1-866-520-8986

PROMISE JOBS is lowa's TANF Employment & Training program designed to assist cash assistance recipients to become self-sufficient through participation in work-ready activities.

Proteus

1-800-397-9675

Proteus provides agricultural workers and their families with affordable health care, education assistance, and job training.

Sedona Staffing

319-332-1070

We interview and hire eager job-seekers for a variety of clerical, industrial and technical positions at 28 branches nation-wide.

FINANCIAL ASSISTANCE/ FINANCIAL LITERACY

<u>Department of Human Services -</u> <u>Fayette County</u>

563-422-5634 or 1-800-632-0014

129 S. Vine West Union, IA 52175

Fayette County Relief

319-283-2510 or 563-422-3354

Courthouse Address PO Box 267 114 N Vine Street West Union, Iowa 52175

Fayette County Veteran's Affairs

319-283-3329

102 S Frederick Avenue #1 Oelwein, Iowa 50662

Please call for an appointment Monday & Tuesday: 1:00pm - 5:00pm Wednesday & Thursday: 8:00am - 12:00pm Friday: By Appointment Only

Hawk-i Health Insurance Outreach

1-800-257-8563

The Children's Health Insurance Program (CHIP) is offered through the Healthy and Well Kids in Iowa program, also known as Hawki. Iowa offers Hawki health coverage for uninsured children of working families.

Iowa Concern

1-800-447-1985

2150 Beardshear Hall, Ames, IA 50011-2031

lowa concern helps lowans with legal concerns, finance, stress, and crisis/disaster. All calls, chats, and emails are free and confidential.

<u>Fayette County ISU Extension</u> <u>and Outreach</u>

563-425-3331

Check out these links to learn about our programs in <u>Agriculture and Natural Resources</u>, <u>Community and Economic Development</u>, <u>Human Sciences</u>, and <u>4-H Youth Development</u>.

Northeast Iowa Community Action Corp

319-283-2510

297 6th Avenue Southwest Oelwein, IA 50663-0549

HOURS: M-W 8am - 12pm & 1pm - 3:30pm F 8am-12pm. Other times by appointment

The NE IA Community Action Corp connects individuals and families to approaches to help them succeed and includes Early Childhood Programs, Family Support Services, Stable and Affordable Housing, Budget Counseling, Public Transportation, Pregnancy Prevention and Health Education, Low Income Home Energy Assistance, Weatherization, and Crisis Assistance.

Social Security

319-234-1554 or 888-456-9554

3121 Greyhound Dr Waterloo, Iowa 50701

Social security programs and benefits including disability, retirement, extra help with Medicare drug plan costs, etc.

St. Vincent de Paul

928 7th St. SE Cedar Rapids, IA 52401

St. Vincent de Paul in communities respond to many needs through programs such as disaster relief services, job training and placement, thrift stores, food pantries, housing programs, prison reentry, medical services, and many others, always seeking longer-term pathways out of poverty and towards the full flourishing of every person.

Veteran's Administration

1-800-838-4692

Camp Dodge 7105 NW 70th Ave. Camp Dodge, Bldg. 3465 Johnston, IA 50131-1824

FOOD, CLOTHING AND HOUSING

Food Pantries

Fairbank Food Pantry (Fairbank residents only) 319-635-2045

<u>Fayette County Food & Clothing Shelf</u> 563-425-3399

Greater Area Food Pantry (Calmar) 563-419-6024

<u>His Hands Food Pantry</u> (Fairbank & Oran residents) 319-638-4357

Northeast Iowa Mobile Food Pantry 319-235-0507

Oelwein Community Kitchen Cupboard 319-283-3595

Oelwein Mobile Food Pantry 319-235-0507

<u>Open Hands Food Pantry</u> (West Union) 563-422-2150

St. Mary's Church (Starmont School District) 563-933-6166

West Union Mobile Food Pantry 563-422-5804

CLOTHING

Fayette County Food & Clothing Shelf

563-425-3399

Goodwill

319-283-3012

Kenny's Closet

563-920-9414

HOUSING

St. Vincent DePaul - Waterloo

319-232-3366

Upper Explorerland Regional Housing

563-864-7551

Women, Infants and Children (WIC) 563-880-0941

The Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) provides federal grants to states for supplemental foods, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age five who are found to be at nutritional risk.

Fayette County Relief

319-283-2510 or 563-422-3354

Courthouse Address PO Box 267 114 N Vine Street West Union, Iowa 52175

Northeast Iowa Community Action Corp

319-283-2510 or 563-422-3354

Oelwein 297 6th Avenue Southwest Oelwein, IA 50663-0549

HOURS: M-W 8am - 12pm & 1pm - 3:30pm F 8am-12pm. Other times by appointment

The NE IA Community Action Corp connects individuals and families to approaches to help them succeed and includes Early Childhood Programs, Family Support Services, Stable and Affordable Housing, Budget Counseling, Public Transportation, Pregnancy Prevention and Health Education, Low Income Home Energy Assistance, Weatherization, and Crisis Assistance.

Northeast Iowa Area Agency on Aging

1-800-779-8707

3840 W 9th St Waterloo, IA 50702

LifeLong Links-Aging & Disability Resource Centers (ADRCs) are friendly, convenient places where anyone can come for information and assistance regarding programs and services available for older adults and persons with disabilities.

GENERAL ASSISTANCE

Administered by Northeast Iowa Community Action Corporation. They provide assistance for eligible persons in immediate need of assistance not attainable from any other source.

Oelwein Location: 319-283-2510 West Union Location: 563-422-3354

Fayette County Board of Supervisors

<u>Fayette County Public Health</u>

563-422-6267

North Fayette Valley Community Coalition

563-422-6298

HEALTH CARE

DENTAL HEALTH

Berryman Family Dentistry

319, 283, 4981

Oelwein Dental Associates

319-283-4222

I-Smile

West Union Dental Associates

563-245-1145 Ext 358

563-422-6292

Gundersen Ask a Nurse 608-775-4454

Have a question about a symptom or need help deciding what care you need? Gundersen registered nurses are here for you 24/7, free of charge.

GUNDERSEN PALMER LUTHERAN

REACH ALL CLINICS: 563-422-3817

Fayette

110 King Street, Fayette, IA 52142

Hours

Monday-Friday:
 8 a - 4:30 p.m.

Postville

111 South Reynolds, Postville, IA 52162

Hours

- Monday, Wednesday, Thursday, Friday
 7:30 a.m. - 5 p.m.
- Tuesday: 7:30 a.m. 6 p.m.
- Same day appointments as available

West Union

110 Jefferson Street, West Union, IA 52175

Hours

- Monday, Tuesday, Thursday, Friday: 7:30 a.m.-5 p.m.
- Wednesday: 7:30 a.m. 6 p.m.
- Saturday-Sunday: 8 a.m.-noon
- Same day appointments as available

Helpful Numbers

Ask-A-Nurse (MercyOne's Patient Engagement) 319-272-2600

Eyes Open lowa (Teen Sexual Health) 515-276-6788

Gundersen Ask a Nurse 608-775-4454

Poison Help 1-800-222-1222

Teen Health Line (parenting, wellness, health) 800-443-8336

HEALTH CENTERS

ABCM Healthy Living Home Care

641-456-5636

1320 4th Street NE, P.O. Box 436, Hampton, IA, 50441

ABCM Healthy Living Home Care offers a safe option to those who wish to live independently in their own home but may require assistance with daily tasks. Our non-medical services include homemaker, companionship, and personal care services.

Allen Women's Health Family Planning

319-235-5090

Allen Women's Health can help you with family health services including birth control and sexually transmitted diseases (STDs).

- FREE or low-cost long-term birth control*
- FREE or low-cost birth control*
- FREE or low-cost STD testing and treatment for men and women
- · HPV vaccinations
- Pregnancy testing
- · Emergency contraception
- · Other maternal health services

Buchanan County Health Center

319-283-2651

2405 Rock Island Rd. Oelwein, IA 50662

Welcome to BCHC Family Medicine – Oelwein – an Affiliate of UnityPoint Health that provides a variety of services for you and your family from birth to older ages. Walk-in patients are welcomed Monday-Friday from 8am-12pm and 1pm-4pm.

Hours

Monday – Friday 8:00 a.m. until 5:00 p.m. Closed Holidays

Same-Day Appointments Monday-Friday from 8am-12pm and 1pm-4pm for established & nonestablished patients. Please call ahead.

^{*}Some restrictions apply. Not all will qualify.

HEALTH CENTERS

Child Health Specialty Clinics

319-283-4135

212 8th Ave. SE Oelwein, IA 50662

Our providers offer assessment, diagnosis and medication management to children and youth with special health care needs. Care coordination is provided to families by an RN, Social Worker and Family Navigator to meet the physical, behavioral and emotional needs of the child. Our care coordination service is available to those with Medicaid or private insurance.

Programs

- Community Circle of Care
- · Early ACCESS
- Pediatric Integrated Health (PIH)
- Regional Autism Assistance Program

<u>Hawkeye Community College</u> Dental Clinic

319-296-1030

Main Campus-Grundy Hall Lower Level

The Dental Clinic at Hawkeye offers low-cost dental services to the public.

MercyOne Hospital - Oelwein

319-283-6000

2018th Avenue Southeast Oelwein, Iowa 50662

Insurance Accepted

- Aetna Commercial
- Aetna Medicare Advantage
- Amerigroup
- Centivo
- Corvel
- Humana
- MediGold
- Multiplan
- Naphcare
- Oscar
- UBH
- United Health Care
- United Health Care Medicare Advantage
- VACCN
- · Wellmark Com

Northeast Iowa Behavioral Health

563-382-3649

112 Jefferson St. 563-382-3649

We offer both immediate crisis counseling and ongoing individual and group counseling for behavioral health issues.

We provide evaluations to determine a diagnosis and appropriate treatment and offer medication management - the oversight and monitoring of prescribed medications.

<u>Pediatric Integrated Health Home:</u> <u>Families First</u>

1-844-225-7444

901 N. Fredrick Ave. Oelwein, IA 50662

The Integrated Health Home Program is a FREE service that is an expansion of your existing Medicaid benefits.

We are a team consisting of a care coordinator, family support specialist, and a registered nurse that is committed to helping coordinate services with doctors, behavioral health practitioners, schools and others to make sure that all of your child's emotional, mental, and physical health needs are being addressed.

Planned Parenthood

1-800-230-7526 or text PPNOW to 774636

3425 First Ave SE, Suite 100 Cedar Rapids, IA 52402

Planned Parenthood is one of the nation's leading providers of high-quality, affordable health care, and the nation's largest provider of sex education. With or without insurance, you can always come to us for your health care.

English; Spanish; Interpretation by telephone available for other languages.

Unity Point Women's Health

319-332-0950

1026 A Ave. NE Cedar Rapids, Iowa 52402

Every day, we're helping women live longer, healthier lives. Whatever your current season of life or role, at St. Luke's, we have comprehensive healthcare services designed just for your needs as a woman.

Valley Community Medical Clinic

563-426-5136

1014 Main St Elgin, IA 52141

Monday through Thursday: 11:30 am - 6:30 pm

PHARMACIES

Buchanan County Health Center

319-332-0999

2405 Rock Island Rd, Oelwein, IA 50662

<u>Dollar Fresh Pharmacy - HyVee</u>

319-283-4100

1345 S Frederick Ave. Oelwein, IA 50662

NuCara Pharmacy

563-422-3151

119 N Vine St. West Union, IA 52175

Scott Pharmacy

563-422-4530

238 S Main St, Fayette, IA 52142

MORE HEALTH RESOURCES

Child Health Specialty Clinics

319-283-4135

212 8th Ave. SE Oelwein, IA 50662

Programs

- · Community Circle of Care
 - CCC serves children and youth up to 21 yr old
- Early ACCESS
 - For children 0-3 years old with a developmental delay or known condition that could lead to a developmental delay.
- Pediatric Integrated Health (PIH)
 - PIH provides care coordination and family support services to lowa children and youth who are eligible for Medicaid and have a mental or behavioral health diagnosis.
- Regional Autism Assistance Program
 - RAP teams can help families:
 - o Connect to autism information
 - Communicate with care providers
 - Navigate the education system
 - Find an advocacy or family support group

Fayette County Public Health

563-422-6267

200 W Jefferson St, West Union, IA 52175

The focus of public health intervention is to improve health and quality of life through the prevention and treatment of disease and other physical and mental health conditions, through surveillance of cases and the promotion of healthy behaviors.

HOUSING, FUEL ASSISTANCE AND WEATHERIZATION

Friends of the Family

319-352-1108

3835 W 9th St. Waterloo, IA 50702

Friends of the Family provides safe shelter, confidential services, and housing assistance to individuals in crisis due to homelessness, domestic violence, sexual assault, and human trafficking.

Green Iowa

563-382-4207 Ext. 2

Free energy audits, low-impact home weatherization, energy education, and community outreach.

Northeast Iowa Community Action Corp

319-283-2510 or 563-422-3354

Oelwein 297 6th Avenue Southwest

Oelwein, IA 50663-0549

HOURS: M-W 8am - 12pm & 1pm - 3:30pm F 8am-12pm. Other times by appointment

The NE IA Community Action Corp connects individuals and families to approaches to help them succeed and includes Early Childhood Programs, Family Support Services, Stable and Affordable Housing, Budget Counseling, Public Transportation, Pregnancy Prevention and Health Education, Low Income Home Energy Assistance, Weatherization, and Crisis Assistance.

KarTay Apartment Management

319-334-7110

The KarTay Apartment Management consists of 20+ affordable rental-based housing complexes around Northeast Iowa.

Apartments are Available for Rent to:

Low-Income Individuals / Families Anyone Over 18 Years of Age Seniors of the Age 62 and Older Handicapped / Disabled, Regardless of Age

Operation Homefront (for Veterans)

211 or 641-243-4103

Operation Homefront is the provider of choice for short-term and Critical Financial Assistance, longterm stability and recurring support programs to military families.

Palmer Apartments

563-422-5517

711 Jefferson St, West Union, Iowa 52175

Tenants pay rent based on household income.

<u>Upper Explorerland Regional Planning</u>

563-864-7551

This Section 8 Housing Program is the major effort in assisting lower-income families to live in decent, safe and sanitary housing.

Winneshiek Co. Habitat for Humanity

563-382-1802

Habitat for Humanity is a nonprofit organization that helps families build and improve places to call home.

IOWA CONCERN

Services include legal, financial, self-care, crisis/disaster, stress counselors and more.
Services are free and available 24 hours a day, 7 days a week. Call 1-800-447-1985

Law Enforcement

Fairbank Police Department 319-635-2869

<u>Fayette County Sheriff's Office</u> 563-422-6067

<u>Fayette Police Department</u> 563-425-3500

Juvenile Court Services 319-291-2506

Oelwein Police Department 319-283-4311

West Union Police Department 563-422-3535

LEGAL ASSISTANCE

DUI Classes

800-400-8932

Fayette County Attorney

319-283-1211

Iowa Civil Rights Commission

1-800-457-4416

<u>Iowa Concern Hotline</u>

1-800-447-1985

<u>lowa Legal Aid</u>

1-800-532-1275

LIBRARIES

<u>Arlington</u>

563-633-3475

711 Main Street Arlington, IA 50606

Clermont

563-423-7286

505 Larabee St. Clermont, IA 52135

<u>Elgin</u>

563-426-5313

214 Main St. Elgin, Iowa 52141

<u>Fayette</u>

563-425-3344

104 W. State St. Fayette, IA 52142

<u>Hawkeye</u>

563-427-5536

104 S. 2nd St. Hawkeye, IA 52147

<u>Maynard</u>

563-637-2330

245 Main Street West Maynard, IA 50655

<u>Oelwein</u>

319-283-1515

201 East Charles Oelwein, IA 50662

Wadena

563-774-2039

136 S. Mill Street, Wadena, IA 52169 **Waucoma**

563-776-4042

103 First Avenue SW Waucoma, IA 52171

Westgate

563-578-5151

180 Main St Westgate, IA 50681

West Union

563-422-3103

210 N Vine St West Union, IA 52175

Use your phone camera to scan this QR code to locate Little Free Libraries near you!





SPECIAL NEEDS AND DISABILITIES

SERVICES FOR DIVERSE LEARNERS & DIFFERENTLY ABLE PEOPLE

ASK-Access for Special Kids

1-800-450-8667

We are the state of lowa's Parent Training and Information Center for families of children with disabilities. We are a family-focused nonprofit organization whose mission is to empower individuals with disabilities and their family members by providing innovative and collaborative advocacy, training, resources and supports. Its vision is access, empowerment and acceptance for all.

B&D Services Inc

319-334-6997

212 1st St E, Independence, IA 50644

B&D Services provide assistance and support to individuals with disabilities and the elderly so they may live in the environment of their choice.

Camp Courageous of Iowa

319-465-5916

Various Locations

We provide year-round recreational and respite care opportunities for individuals with special needs and their families.

Camp Courageous offers a variety of services including weeklong camp sessions, respite care weekends, winter camper care, family camp sessions, outdoor education sessions, and Courageous Travels.

Center for Disabilities & Development

319-353-6900

The Center for Disabilities and Development at the University of Iowa Stead Family Children's Hospital is dedicated to improving the health and independence of people with disabilities and creating a life with opportunities for everyone.

Child Serve

319-351-5437

Various locations: Des Moines, Iowa City, and surround areas.

Our team of experts helps identify and meet the unique needs of children with developmental delays, disabilities, injuries and other special healthcare needs.

Disability Resource Library

319-356-1345 or 1-800-272-7713

100 Hawkins Drive, Room 112 Iowa City, Iowa 52242-1011

The Disability Resource Library (DRL) is a resource for people of all ages with disabilities of all kinds. It is also a resource for families, and for the service providers with whom they work.

Disability Rights Iowa

1-800-779-2502 Or 515-278-2502

Disability Rights IOWA aims to defend and promote the human and legal rights of lowans who have disabilities and mental illness. We promote safety, opportunity, access, and self-determination for all lowans through a program of:

- Self-advocacy education, information, and referral
- · Non-legal advocacy
- · Legal and systems advocacy

Family to Family Iowa

1-800-450-8667 Or 515-243-1717

F2F goals include the development of a cohesive, coordinated, and culturally competent statewide network of certified family navigators/mentors. With technical assistance from CDD's information and referral service, COMPASS, and the CDD Disability Resource Library, these navigators/mentors serve families with children and youth with special health care needs in making informed choices about health care and community supports or services for their loved ones.

County Social Services

563-422-5047

114 N. Vine Street Box 269 West Union, IA 52175

County Social Services provides financial support for mental health and disability services programs to individuals in North Central and Northeastern Iowa.

Full Circle Services Inc

319-233-3813

2349 Jamestown Ave, Ste 1 Independence, IA 50644

Provides behavioral health services, supported community living, home-based habilitation, respite care, supported employment, and crisis stabilization services.

Goodwill of Northeast Iowa

319-234-4626

Headquartered in Waterloo, Iowa, Goodwill Industries of Northeast Iowa, Inc. is a 501(c)3 non-profit agency providing services to persons with disadvantages and/or disabilities in the 20-county Northeast Iowa area.

Goodwill Vocational Center

319-283-4458

120 W Charles St, Oelwein, IA 50662

Long-standing nonprofit chain with a range of preowned clothing, furniture, housewares & more.

<u>Iowa COMPASS</u>

1-800-779-2001

Iowa Compass connects people with disabilities and complex health-related needs to services and supports in their communities throughout Iowa.

<u>**Iowa Developmental Disabilities Council**</u>

515-288-0463 or 1-866-432-2846

Our purpose is to assure that individuals with developmental disabilities and their families participate in the design of and have access to needed community services, individualized supports and other forms of assistance that promote self-determination, independence, productivity and integration and inclusion in all parts of community life. We achieve this through engaging in advocacy, capacity building and system change activities.

<u>Iowa Federation of Families for</u> <u>Children's Mental Health</u>

319-462-2187 or 1-800-400-6302

Iowa Federation of Families for Children's Mental Health is a statewide advocacy organization working independently and collaboratively at all levels towards a seamless system of care.

<u>Iowa Foster & Adoptive Parents</u> Association

515-229-8747 or 1-800-277-8145

IFAPA - Providing education, support, and advocacy for lowa's foster, adoptive and kinship families.

Iowa Vocational Rehabilitation Services

319-234-0319

We provide expert, individualized services to lowans with disabilities to achieve their independence through successful employment and economic support.

<u>Legal Center for Special Education</u>

515-309-0033 or 1-866-250-4545

A non-profit corporation created to provide effective, low-cost, and readily available legal and advocacy services for parents of children with disabilities across the State of lowa.

Mosaic

563-568-3992

12 E Main St #103 Waukon, IA 52172

We develop a customized plan for each person we serve to help them reach their goals. Services span housing, community support, healthcare coordination, job coaching and more to ensure that all of aspects of a person's health and life are addressed.

National Alliance on Mental Illness (NAMI)

1-800-273-8255

NAMI is the National Alliance on Mental Illness and works to educate, advocate, listen, and lead to improve the lives of people with mental illness and their loved ones.

Regional Autism Assistance Program

1-800-779-2001

lowa Compass connects people with disabilities and complex health-related needs to services and supports in their communities throughout lowa.

Social Security

319-234-1554 or 888-456-9554

3121 Greyhound Dr Waterloo, Iowa 50701

Social security programs and benefits including disability, retirement, extra help with Medicare drug plan costs, etc.

Special Olympics of Iowa

515-986-5520

The mission of Special Olympics Iowa is to provide year-round sports training and athletic competition in a variety of Olympic-type sports for individuals with intellectual disabilities by giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy, and participate in a sharing of gifts, skills, and friendship.

<u>Treatment Alternatives for Safe</u> <u>Communities (TASC)</u>

563-568-4060

2213 Mt. Olivet Rd NW Waukon, IA 52172

Providing supports to individuals with disabilities so that they are integrated in and are able to have full access to the greater community.

TRANSPORTATION

EARL Public Transit

1-866-382-4259

The Northeast Iowa Community Action Corporation (NEICAC) EARL Transit Program is the Region 1 public transit provider under the Iowa Department of Transportation. Transit provides door-to-door service in the Northeast corner counties of Allamakee, Clayton, Fayette, Howard and Winneshiek.

All rides are open to the general public, including persons with disabilities. We provide rides for work, appointments, getting groceries or running errands. EARL Public Transit vehicles are ADA compliant and wheelchair accessible.

Hometown Taxi

563-382-5809

UNITED WAY 211

Dial 2-1-1 from your cell phone or landline for help with food, housing, employment, health care, counseling and more. 2-1-1 provides free and confidential information and referrals.

FAYETTE COUNTY PUBLIC HEALTH

563-422-6267

Find us on <u>Facebook</u> Learn more on our <u>Website</u>

Iowa Mobility Management Coordinator

515-239-1765

Mobility management focuses on meeting individual customer needs through identification of a wide range of transportation options and service providers. It also focuses on coordinating these services/providers to achieve a more efficient transportation service delivery system that meet the goals of public policy makers and taxpayers who underwrite the cost of service delivery.

Non-emergency Medical Transportation

1-800-338-8366

Amerigroup Members may call Access2Care at 844-544-1389

Iowa Total Care Members may call Access2Care at 833-404-1061

COVID RECOVERY

COVID Recovery lowa provides free counseling, virtual activities, referrals, and help finding resources to any lowan seeking assistance or a listening ear.

Services

- CPR certification
- Disease Investigations
- Disaster Preparedness
- Happy Feet
- Vaccination services
- We have several partnerships with schools & Childcare, other organizations, and businesses

NEED A COVID-19 Vaccine? Contact a healthcare provider or pharmacy in Fayette County.