

CURRICULUM VITAE

Gundersen Health System
1900 South Avenue, mailstop AVS-003
La Crosse, WI 54601

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rklimbo@gundersenhealth.org
ResolveThroughSharing.org

EDUCATION

1999	PhD, Nursing	University of Wisconsin—Madison
1989	MSN, Adult Psychiatric and Mental Health Nursing	Indiana University
1969	MS, Maternal Child Nursing	University of Colorado
1968	BSN	St. Olaf College

PROFESSIONAL APPOINTMENTS

2004–2013	Faculty Associate	University of Wisconsin—Madison School of Nursing, Western Campus
1979–1982	Clinical Instructor	Viterbo University
1972–1975	Assistant Professor	University of Nebraska
1971–1972	Clinical Instructor	University of Colorado School of Nursing

EMPLOYMENT

2015– present	Senior Consultant	Gundersen Medical Foundation, Resolve Through Sharing® Bereavement Programs
2013– present	Associate Director	Gundersen Medical Foundation, Resolve Through Sharing® Bereavement Programs
2004–2013	Director	Gundersen Medical Foundation, Bereavement and Advance Care Planning Services
2001–2004	Program Director	Wisconsin Association for Perinatal Care
1999–2004	Clinical Nurse Specialist	Pridham Research Team, University of Wisconsin—Madison School of Nursing

2000–2001	Program Consultant	Wisconsin Association for Perinatal Care
1994–1998	Research Assistant	University of Wisconsin—Madison School of Nursing
1990–1993	Outpatient Psychotherapist	Lutheran Hospital Counseling Services
1983–1990	Director	La Crosse Lutheran Hospital, Resolve Through Sharing® Bereavement Services
1983–1985	Preceptor	University of Wisconsin—Eau Claire
1981–1984	Clinical Nurse Specialist, Bereavement Coordinator	La Crosse Lutheran Hospital, Resolve Through Sharing® Bereavement Services
1980–1982	Staff Nurse, Childbirth Educator	La Crosse Lutheran Hospital, mother/baby unit
1969–1972	Staff Nurse, Post-Partum Team Leader	Colorado General Hospital
1968	Staff Nurse, Med/Surg Unit	Fairview Hospital

CERTIFICATIONS

2013– present	Perinatal Loss Care (CPLC)
1995–2015	Clinical Nurse Specialist in Adult Psychiatric and Mental Health Nursing (PMHCNS)

PUBLICATIONS

Peer-reviewed

Limbo, R., & Hutti, M. H. (in press). Guest editorial for special topics issue on perinatal bereavement.

Limbo, R. Guest editorial for special topics issue on miscarriage. *MCN, The American Journal of Maternal Child Nursing*, 43(1), p. 5.

Levang, E., Limbo, R., & Ziegler, T. R. Respectful disposition after miscarriage: Clinical practice. *MCN, The American Journal of Maternal Child Nursing*, 43(1), pp. 21-25.

Kobler, K., & Limbo, R. (Eds.) (2017). *Conversations in Perinatal, Neonatal, and Pediatric Palliative Care*. Pittsburgh, PA: Hospice and Palliative Nurses Association.

- Kobler, K., & Limbo, R. (2017). Introduction, Conclusion, and Appendix. *Conversations in perinatal, neonatal, and pediatric palliative care* (pp. xi, 361, & 363-367). Pittsburgh, PA: Hospice and Palliative Nurses Association.
- Limbo, R., Brandon, D., Côté-Arsenault, D., Kavanaugh, K., Kuebelbeck, A., & Wool, C. The American Academy of Nursing Policy Brief Perinatal Palliative Care as an Essential Element of Childbearing Choices. *Nursing Outlook*, 65(1), 123-125.
- Limbo, R., & Rich, D. (2017). Perinatal bereavement. In K. Kobler & R. Limbo (Eds.), *Conversations in perinatal, neonatal, and pediatric palliative care* (pp. 257-273). Pittsburgh, PA: Hospice and Palliative Nurses Association.
- Limbo, R., Kavanaugh, K., & Kobler, K. (2017). Honoring relationship and hope. In K. Kobler & R. Limbo (Eds.), *Conversations in perinatal, neonatal, and pediatric palliative care* (pp. 35-47). Pittsburgh, PA: Hospice and Palliative Nurses Association..
- Limbo, R., & Wool, C. (2016). Perinatal palliative care. Guest editorial for *Journal of Obstetric, Gynecologic, and Neonatal Nursing (JOGNN)*, 45, 611-613.
- Limbo, R., & Kavanaugh, K. (2014). Letter to the editor, in response to: [Should parents and families of stillborn babies be encouraged to see, hold, and have funerals for the babies? *MCN, The American Journal of Maternal/Child Nursing*, 39(3), 146–147]. *MCN, The American Journal of Maternal/Child Nursing*, 39(4), 275.
- Limbo, R., & Kavanaugh, K. (2014). Perinatal and pediatric bereavement. Guest editorial for special issue of *MCN, The American Journal of Maternal/Child Nursing*, 39(3), 145.
- Limbo, R., Glasser, J., & Sundaram, M. (2014). Being sure: Women's experience with inevitable miscarriage. *MCN, The American Journal of Maternal/Child Nursing*, 39(3), 165-174 [CE: 174-175].
- Corless, I. B., Limbo, R., Szylit Bousso, R., Wrenn, R. L., Head, D., Lickiss, N., & Wass, H. (2014). Languages of grief: A model for understanding the expressions of the bereaved. *Health Psychology and Behavioral Medicine: An Open Access Journal*, 2(1), 132-143.
- Limbo, R., & Lathrop, A. (2014). Caregiving in mothers' narratives of perinatal hospice. *Illness, Crisis, & Loss*, 22(1), 43-65.
- Limbo, R., & Kobler, K. (2014). Perinatal palliative care. Guest editorial for special issue of *Illness, Crisis, & Loss*, 22(1), 1-2.
- Limbo, R., & Wright, P. (2012). Perinatal bereavement. Guest editorial for special issue of *Illness, Crisis, & Loss*, 20(3), 223-224.
- Limbo, R. (2012). Commentary on caring for families experiencing stillbirth: A unified position statement on contact with the baby. *Illness, Crisis, & Loss*, 20(3), 295-298.

- Pridham, K., Harrison, T., Brown, R., Limbo, R., & Schroeder, M. (2012). Caregiving motivations and developmentally prompted transition for mothers of prematurely born babies. *Advances in Nursing Science, 35*(3), E23-E41.
- Kobler, K., Limbo, R., & Oakdale, C. (2012). Childbirth education for parents receiving perinatal palliative care. *International Childbirth Education Association Journal, 27*(2), 26-32.
- Kobler, K., & Limbo, R. (2011). Making a case: Creating a perinatal palliative care service using a perinatal bereavement program model. *Journal of Perinatal and Neonatal Nursing, 25*(1), 32-41. [CE: 42-43]
- Limbo, R., & Kobler, K. (2010). The tie that binds: Relationships in perinatal bereavement. *MCN, The American Journal of Maternal/Child Nursing, 35*(6), 316-321. [CE: 322-323]
- Limbo, R., Kobler, K., & Levang, E. (2010). Respectful disposition in early pregnancy loss. *MCN, The American Journal of Maternal/Child Nursing, 35*(5), 271-277. [CE: 278-279]
- Limbo, R., & Kobler, K. (2009). Will our baby be alive again? Supporting parents of young children when a baby dies. *Nursing for Women's Health, 13*(4), 302-311.
- Kobler, K., Limbo, R., & Kavanaugh, K. (2007). Meaningful moments: The use of ritual in perinatal and pediatric death. *MCN, The American Journal of Maternal/Child Nursing, 32*(5), 288-297.
- Limbo, R., & Pridham, K. (2007). Mothers' understanding of their infants in the context of an internal working model of caregiving. *Advances in Nursing Science, 30*(2), 139-150.
- Pridham, K., Limbo, R., Schroeder, M. S., Krolikowski, M., & Henriques, J. (2006). A continuing education program for hospital and public health nurses in guiding families of VLBW infants in caregiving. *Journal of Continuing Education in Nursing, 37*(2), 74-85.
- Pridham, K. A., Krolikowski, M. M., Limbo, R. K., Paradowski, J., Rudd, N., Meurer, J. R., Uttech, A., & Henriques, J. B. (2006). Guiding mothers' management of health problems of very low birth-weight infants. *Public Health Nursing, 23*(3), 205-215.
- Pridham, K., Brown, R., Clark, R., Limbo, R., Schroeder, M., Henriques, J., & Bohne, E. (2005). Effect of guided participation on feeding competencies of mothers and their premature infants. *Research in Nursing and Health, 28*(3), 252-267.
- Pridham, K., Saxe, R., & Limbo, R. (2004). Feeding issues for mothers of very low-birth-weight, premature infants through the first year. *Journal of Perinatal and Neonatal Nursing, 18*(2), 161-169.
- Limbo, R., Petersen, W., & Pridham, K. (2003). Promoting safety of young children with guided participation processes. *Journal of Pediatric Health Care, 17*, 245-251.
- Pridham, K. F., Limbo, R., Schroeder, M., Thoyre, S., & Van Riper, M. (1998). Guided participation and development of care-giving competencies for families of low birth-weight infants. *Journal of Advanced Nursing, 28*(5), 948-958.

Underwood, S., Pridham, K., Brown, L., Clark, T., Frazier, W., Limbo, R., Schroeder, M., & Thoyre, S. (1997). Infant feeding practices of low-income African American women in a central city community. *Journal of Community Health Nursing, 14*(3), 189-205.

Wheeler, S., & Limbo, R. (1990). Blueprint for a perinatal bereavement support group. *Pediatric Nursing, 16*(4), 341-344.

Non-peer-reviewed

Limbo, R., Wool, C., & Carter, B. [Eds.]. *Perinatal and neonatal palliative care clinical handbook for nurses, physicians, and other health professionals*. To be published 2019.

Limbo, R., & Denney-Koelsch, E. (in press). Education in perinatal palliative care for nurses, physicians and other health professionals.

Limbo, R., Kobler, K., & Davies, B. (in press). Grief and bereavement in perinatal and pediatric palliative care.

Pridham, K., Limbo, R., & Schroeder, M. (Eds.) (2018). *Guided Participation in Pediatric Nursing Practice: Relationship-Based Teaching and Learning With Parents, Children, and Adolescents*. New York, NY: Springer Publishing.

Limbo, R. (2018). Case examples: Using “Holding in Mind” and “Joining Attention” as relational strategies. In K. Pridham, R. Limbo, & M. Schroeder (Eds.), *Guided Participation in Pediatric Nursing Practice: Relationship-Based Teaching and Learning With Parents, Children, and Adolescents* (pp. 403-410). New York, NY: Springer Publishing.

Hensel, M., & Limbo, R. (2018). Using principles of guided participation to develop and maintain a bereavement program. In K. Pridham, R. Limbo, & M. Schroeder (Eds.), *Guided Participation in Pediatric Nursing Practice: Relationship-Based Teaching and Learning With Parents, Children, and Adolescents* (pp. 381-401). New York, NY: Springer Publishing.

Pridham, K., Scott, A., & Limbo, R. (2018). Guided participation theory for teaching and learning in clinical practice. In K. Pridham, R. Limbo, & M. Schroeder (Eds.), *Guided Participation in Pediatric Nursing Practice: Relationship-Based Teaching and Learning With Parents, Children, and Adolescents* (3-19). New York, NY: Springer Publishing.

Limbo, R., Wool, C., & Carter, B. [Eds.]. *Perinatal and neonatal palliative care clinical handbook for nurses, physicians, and other health professionals*. To be published 2019.

Levang, E., Ziegler, T. R., & Limbo, R. (2017). A brief overview of perinatal palliative care research and practice. *ChiPPS e-Journal, Children’s Project on Hospice and Pediatric Services Newsletter, 49*, 26-29. National Hospice and Palliative Care Organization.

Retrieved from https://www.nhpco.org/sites/default/files/public/ChiPPS/ChiPPS_e-journal_Issue-49.pdf, May 28, 2018.

- Walter, M. A., Limbo, R., & Wilke, J. (2017). *Resolve Through Sharing® bereavement training: Perinatal death* (9th ed.). La Crosse, WI: Gundersen Lutheran Medical Foundation, Inc.
- Walter, M. A., & Limbo, R. (2016). Embedding standardized bereavement care for all hospital deaths. *Children's Project on Palliative/Hospice Services (ChiPPS) Newsletter*, 43, 25-29.
- Black, B. P., Wright, P. M., & Limbo, R. (Eds.). (2016). *Perinatal and Pediatric Bereavement in Nursing and Other Health Professions*. New York, NY: Springer Publishing Company. 1st place AJN Book of the Year 2016: Palliative/Hospice Care.
- Wright, P. M., Limbo, R., & Black, B. P. (2016). Preface. In B. P. Black, P. M. Wright, & R. Limbo (Eds.), *Perinatal and Pediatric Bereavement in Nursing and Other Health Professions* (pp. xix – xxii). New York, NY: Springer Publishing Company.
- Limbo, R., & Kobler, K. (2016). Moments matter: Exploring the evidence of caring for grieving families and self. In B. P. Black, P. M. Wright, & R. Limbo (Eds.), *Perinatal and Pediatric Bereavement in Nursing and Other Health Professions* (pp. 345-372). New York, NY: Springer Publishing Company.
- Limbo, R., Lathrop, A., & Heustis, J. (2016). Caregiving as a theoretical framework in perinatal palliative care. In B. P. Black, P. M. Wright, & R. Limbo (Eds.), *Perinatal and Pediatric Bereavement in Nursing and Other Health Professions* (pp. 33-54). New York, NY: Springer Publishing Company.
- Corless, I., Limbo, R., Syzlit Bousso, R. & Rochon, K. (2015). End-of-life care in a global health context. In S. Breakey, I. B. Corless, N. L. Meedzan, & P. K. Nicholas (Eds.), *Global Health Nursing in the 21st Century* (pp. 307-326). New York, NY: Springer Publishing Company.
- Limbo, R., & Davies, B. (2015). Grief and bereavement in pediatric palliative care. In B. R. Ferrell, N. Coyle, & J. A. Paice (Eds.), *Oxford textbook of palliative nursing* (4th ed.) (pp. 925-939). New York, NY: Oxford University Press.
- Wilke, J., & Limbo, R. (2015). *Resolve Through Sharing® bereavement training: Neonatal and pediatric death*. La Crosse, WI: Gundersen Lutheran Medical Foundation, Inc.
- Limbo, R. & Kobler, K. (2013). *Meaningful moments: Ritual and reflection when a child dies*. La Crosse, WI: Gundersen Medical Foundation, Inc.
- Wilke, J., & Limbo, R. (2013). *Resolve Through Sharing® bereavement training: Pediatric and adult death*. La Crosse, WI: Gundersen Lutheran Medical Foundation, Inc.
- Wilke, J., & Limbo, R. (Eds.). (2012). *Bereavement training in perinatal death* (8th ed.). La Crosse, WI: Gundersen Lutheran Medical Foundation, Inc.
- Limbo, R., & Noell, D. (2011). *A mother's memory* [Brochure]. La Crosse, WI: Gundersen Lutheran Medical Foundation, Inc.

- Bamberger, J., & Limbo, R. (2011). *Community provider support of growth in premature infants* [Position statement] (2nd ed.). Retrieved from Wisconsin Association for Perinatal Care website:
http://www.perinatalweb.org/assets/cms/uploads/files/community_provider_support_growth_premature_infants.pdf
- Limbo, R., & Kobler, K. (2011). Bereavement and perinatal loss in childbearing families. In M. Craft-Rosenberg & S. R. Pehler (Eds.), *Encyclopedia of family health* (pp. 102-105). Thousand Oaks, CA: Sage Publications.
- Wilke, J., & Limbo, R. (2011). Benefits of bereavement follow-up calls. *Children's Project on Palliative/Hospice Services (ChiPPS) Newsletter*, 23, 36-41.
- Limbo, R., & Richardson, K. (2010). *Caring for yourself after a loss* [Brochure]. La Crosse, WI: Gundersen Lutheran Medical Foundation, Inc.
- Limbo, R. K., & Wheeler, S. R. (2010). *Parent support group guide* (2nd ed.). La Crosse, WI: Gundersen Lutheran Medical Foundation, Inc.
- Davies, B., & Limbo, R. (2010). The grief of siblings. In N. B. Webb (Ed.), *Helping bereaved children* (3rd ed.) (pp. 69-01). New York, NY: Guilford Press.
- Davies, B., Limbo, R., & Jin, J. (2010). Bereavement. In B. R. Ferrell & N. Coyle (Eds.), *Oxford textbook of palliative nursing* (pp. 1081-1097). New York, NY: Oxford University Press.
- Limbo, R., & Richardson, K. (2009). *Learning that you will miscarry* [Brochure]. La Crosse, WI: Gundersen Lutheran Medical Foundation, Inc.
- Daley, M., & Limbo, R. (Eds.) (2008). *Bereavement training in early pregnancy loss, stillbirth, and newborn death* (7th ed.). La Crosse, WI: Gundersen Lutheran Medical Foundation, Inc.
- Limbo, R. (2008). 2B or not 2B? [Letter to the editor]. *American Nurse Today*, 3(5), 6.
- Limbo, R., Toce, S., & Peck, T. (2008 - 2016). Resolve Through Sharing position paper on perinatal palliative care. Retrieved from Resolve Through Sharing website:
http://www.gundersenhealth.org/upload/docs/Bereavement/247_42805_RTS%20Perinatal%20Palliative%20Care.pdf
- Limbo, R. (2007). Twins A and B: The story of Alfred and Bubba. *Children's Project on Palliative/Hospice Services (ChiPPS) Newsletter*, 8, 26-32.
- Limbo, R. (2004). Preconception care [Letter to the editor]. *Journal of Obstetric, Gynecologic, & Neonatal Nursing*, 33(1), 10-11.
- Bamberger, J., & Limbo, R. (2011). Community provider support of growth in premature infants. [2nd ed. of Catch-up growth in premature infants (born appropriate for gestational age = AGA)]. Retrieved January 5, 2016, from
http://store.perinatalweb.org/index.php?route=product/product&path=62_69&product_id=72

- Wheeler, S., Limbo, R. K., & Gensch, B.K. (1993). Loss and grief. In I. M. Bobak & M. D. Jensen (Eds.), *Maternity and gynecologic care* (pp. 1216-1239). St. Louis, MO: Mosby Publishers.
- Limbo, R. K., Wheeler, S. R., & Gensch, B. K. (Eds.) (1988). *Resolve Through Sharing counselor certification manual* (2nd ed.). La Crosse, WI: Lutheran Hospital-La Crosse.
- Limbo, R. K., & Wheeler, S. R. (1986). Coping with unexpected outcomes. *NAACOG Update Series*, 5(3), 1-8.
- Limbo, R. K., & Wheeler, S. R. (1986/2003). *When a baby dies: A handbook for healing and helping*. La Crosse, WI: Gundersen Lutheran Medical Foundation, Inc.
- Limbo, R. K., & Wheeler, S. R. (1986). Women's response to the loss of their pregnancy through miscarriage: A longitudinal study. *The Forum Newsletter: Newsletter of the Association for Death Education and Counseling*, 10(4), 1-2. Retrieved from https://scholar.google.com/scholar?hl=en&as_sdt=0%2C50&q=%22Women%27s+response+to+the+loss+of+their+pregnancy+through+miscarriage%3A+A+longitudinal+study.%22+&btnG May 30, 2018.
- Limbo, R., & Wheeler, S. (1985). *Resolve Through Sharing coordinator manual*. La Crosse, WI: Lutheran Hospital.
- Limbo, R., & Wheeler, S. (1985). Family-centered care for bereaved families. *The Cybele Report*, 6(3), 3-6.
- Limbo, R. K., Goettl, K. H., Smiley, C., & Wheeler, S. R. (1984). *Resolve Through Sharing counselor certification manual*. La Crosse, WI: La Crosse Lutheran Hospital.
- Joseph, S. & Peck (née Limbo), R. (1973 and 1977). Postpartum needs of the family. In J. Clausen, et al. (Eds.), *Maternity nursing today*. New York, NY: McGraw Hill. AJN Book of the Year 1973.

Manuscripts

- Pridham, K. F., Schroeder, M., Van Riper, M., Thoyre, S., Limbo, R., & Mlynarczyk, S. (1998). *Working model of feeding*. Unpublished manuscript, University of Wisconsin-Madison.
- Shaker, C., Pridham, K., Thoyre, S., Schroeder, M., & Limbo, R. (1997). Early feeding skills assessment instrument. Unpublished manuscript. St. Joseph's Hospital, Milwaukee, WI, and University of Wisconsin-Madison.

Online Learning

Authors: Rana Limbo & Marie A. Walter; editors: Mary Beth Hensel & Melissa Koch. (2018). *Resolve Through Sharing online learning in Guided Participation, Ritual and Keepsakes, and Communication*. La Crosse, WI: Gundersen Medical Foundation, Inc.

Editor. Midland, D., & Limbo, R. (Author). (2005/2012). *Framework of Grief, Communicating with the Bereaved, and Caring for the Family Experiencing Perinatal Death*. Available from Gundersen Health System, via Vivid Learning Systems.

Limbo, R., & Pridham, K. (2004/2011). *Guided Participation Online Certification Course*. University of Wisconsin-Madison.

Panel participant. Pamela A. Geller, PhD, Mark B. Woodland, MD, Christof J. Daetwyler, MD, et al. (Authors). (2008). *Psychological and Medical Aspects of Pregnancy Loss* curriculum. Drexel University College of Medicine. Retrieved from Drexel University College of Medicine website: <http://webcampus.drexelmed.edu/interactive/pregloss/module/content/index.htm>*

Planning committee, reviewer. Hammes, B., & Briggs, L. (Authors) (2007). *Respecting Choices Advance Care Planning Online Facilitator Course, Role of the RN, and Basic Concepts*. Available from Gundersen Health System, via Vivid Learning Systems.

* Winner of the 2010 Association of Professors of Gynecology and Obstetrics (APGO) Electronic Educational Resource Award

Audio-Visual Productions

Invited participant in live Twitter chat (#abcdrbchat) (2015, September 15). Full transcripts available from: <https://storify.com/GundersenHealth/twitter-chat-on-grief-dr-rana-limbo-dr-richard-bes>

Creator, speaker. *Perinatal bereavement* [online module]. (2013). Hospice and Palliative Nurses Association.

Co-author with Jill Wilke. *Resolve Through Sharing PowerPoint presentation (for Bereavement training in perinatal death)*. (2008/2012). Gundersen Health System.

Creator, actor. *Guided participation (for perinatal bereavement care)* [DVD]. (2008). Gundersen Health System.

Narrator, consultant. *...Voices... NICU caregivers on religion and self-care* [DVD] (2008). Gundersen Health System.

Creator, consultant. *Being with patients when the news is bad – miscarriage and stillbirth* [DVD]. (2007). Gundersen Health System.

Co-author with Susan Ring, consultant. *A Bridge to Hope* [DVD]. (2006). Gundersen Health System.

Consultant

End-of-life care after severe fetal diagnosis (2011-2013). National Institutes of Health, National Institute of Nursing Research Grant No. 1R21NR011487-01A1, 4/5/11-3/30/13, \$407,000.

[General consulting] (1983-1990, 2004-present). Telephone, mail, or email consultation with individuals beginning or maintaining perinatal bereavement programs.

PROFESSIONAL MEMBERSHIPS/AFFILIATIONS

American Academy of Nursing

Association of Women’s Health, Obstetric and Neonatal Nurses

Hospice and Palliative Nurses Association

Illness, Crisis, and Loss (reviewer; occasional guest editor)

International Work Group on Death, Dying, and Bereavement

Journal of Clinical Nursing (reviewer)

Journal of Pediatric Nursing (reviewer)

MCN, The American Journal of Maternal Child Nursing (reviewer; occasional guest editor)

Pregnancy Loss and Infant Death Alliance (President 2013 – 2017; Past President 2017- 2019)

Sigma Theta Tau International

Wisconsin Association for Perinatal Care

Wisconsin Nurses’ Association

Wisconsin Organization of Nurse Executives

PROFESSIONAL COMMITTEES/BOARDS

Pregnancy Loss and Infant Death Alliance (PLIDA) (President: 2013 - 2017)

Board: 2004 – 2007; 2012-present

International Perinatal Bereavement Conference Planning Committee (2004, 2006, 2013, 2014, 2016, 2018)

Gundersen Medical Foundation Research Committee (2005 – 2015)

AWARDS AND HONORS

2017	Excellence in Leadership Award	Association for Women’s Health, Obstetric & Neonatal Nursing
2017	1 st place, AJN Book of the Year 2016; Category: Palliative/Hospice Care	Perinatal and Pediatric Bereavement in Nursing and Other Health Professions (Drs. Beth Black, Patricia Wright, and Rana Limbo, Eds.)

2015	Dahlberg Scholar	Gundersen Medical Foundation
2014	Distinguished Alumna	Augustana Academy high school
2014	Best Research Poster	Association of Women's Health, Obstetric, and Neonatal Nursing
2014	Award of Excellence for <i>Meaningful Moments: Ritual and Reflection When a Child Dies</i>	Great Lakes Graphics Association and Crescent Printing
2012	Induction as Fellow	American Academy of Nursing
2011	Callon/Leonard Award for Outstanding Efforts and Contributions of an Individual on Behalf of Mothers, Infants, and Families in Wisconsin	Wisconsin Association for Perinatal Care
2007	Invited Member	International Work Group on Death, Dying, and Bereavement
1993	Maternal/Child Health Nurse of the Year	March of Dimes Birth Defects Foundation, Wisconsin Nurses' Association
1993	Scholarship	La Crosse District Nurses' Association
1992	Woman of the Year, Health Education	YWCA
1989	Humanitarian Award	International Pregnancy and Infant Loss Awareness Celebration
1987	Award of Excellence for <i>When a Baby Dies: A Handbook for Healing and Helping</i>	Wisconsin Hospital Public Relations and Marketing Society
1987	Honorary Recognition Award for Excellence in Professional Practice	La Crosse District Nurses' Association
1986	Nominated for Woman of the Year in Health	YWCA
1982	Nominated for Teacher of the Year	Viterbo University

1973	Teacher of the Year	University of Nebraska College of Nursing
1969	Induction as Member	Sigma Theta Tau, the Honor Society of Nursing

INVITED TALKS

**peer reviewed*

2017	Communication . . . Just Because you're talking doesn't mean you're communicating	Wisconsin Nurse Leadership Academy, Wisconsin Organization of Nurse Executives, La Crosse, WI Small-group discussion leader. (3 days)
2016	Best practice decision making: Miscarriage, stillbirth, and newborn death*	20 th Biennial International Perinatal Bereavement Conference, Phoenix, AZ
2016	Bereavement program innovations that support maternal mental health [Keynote].	Emerging Considerations in Maternal Mental Health: Supporting Families Through Birth Loss, Model MMH Hospital Programs, and Grief Support, Los Angeles, CA
2016	Making moments matter: Caring for oneself while supporting others who grieve	Emerging Considerations in Maternal Mental Health: Supporting Families Through Birth Loss, Model MMH Hospital Programs, and Grief Support, Los Angeles, CA
2015	Applying certainty and final acts of caregiving to decision making across the care continuum [Dahlberg Award lecture].	Gundersen Health System, La Crosse, WI
2015	Developing and sustaining relationships: Translating evidence into practice [Dahlberg Award keynote].	Nursing on the Green, La Crosse, WI
2015	Guided participation to support parental caregiving (with K. Pridham and T. Harrison)	Sigma Theta Tau, San Juan, Puerto Rico

2015	Nurse, researcher, mentor, pioneer: A Tribute to Dr. Karen Frick Pridham	Guided Participation and Perinatal Bereavement, University of Wisconsin—Madison, WI
2015	Grieving after a death by suicide. (with D. Mahr, V. Gunderson, and D. Dickinson)	2015 Suicide Prevention Summit, La Crosse, WI
2014	Being in relationship: The key to caring when a baby dies.	Wisconsin Nurses' Association Clinical Pharmacology and APRN Conference, Wisconsin Dells, WI
2014	Bereavement Training 101. (with M. Walter)	Caring for the Sorrow of Pregnancy and Infant Loss, Minneapolis, MN
2014	Writing for publication [Pre-conference session]. (with B. Black and P. Wright)	International Perinatal Bereavement Conference, San Antonio, TX
2013	A new look at a familiar name: John Bowlby and attachment/caregiving theory	Resolve Through Sharing® National Bereavement Education Week, La Crosse, WI
2013	Comfort, hope, and ritual: Comfort for the caregiver. (with K. Kobler)	International Conference on Pregnancy and Infant Death, Minneapolis, MN
2013	Meaningful moments: Co-creating ritual with children & their families. (with K. Kobler)	Advocate Lutheran General Hospital, Park Ridge, IL
2013	Suffering, hope, and ritual: Comfort for the caregiver. (with K. Kobler)	International Conference on Perinatal and Infant Death, Minneapolis, MN
2013	Writing for publication [Pre-conference session]. (with B. Black and P. Wright)	International Conference on Perinatal and Infant Death, Minneapolis, MN
2012	Being in relationship: The key to caring when a baby dies.	4th Annual Innovations in Women's Health, Middleton, WI
2012	When tears are not enough: The effects of perinatal loss	Spotlight on Support, Chicago, IL

on relationships.

2011	The art of being in relationship. (with K. Kobler)*	National Hospice and Palliative Care Organization Clinical Conference, San Diego, CA
2011	Being in relationship. (with B. Seyda)*	30th Conference on Priorities in Perinatal Care in Southern Africa, Polokwane, South Africa
2011	A father's grief when a child dies [Plenary session]. (with D. Pronschinske and T. Petersen)	International Conference on Death, Grief, and Bereavement, La Crosse, WI
2010	Being in relationship [Plenary session]. (with K. Kobler)	The International Conference on Perinatal and Infant Death, Alexandria, VA
2010	Follow-up to being in relationship [Concurrent session]. (with K. Kobler)	The International Conference on Perinatal and Infant Death, Alexandria, VA
2009	Bereavement training 202: Applying and practicing the key skills of a compassionate caregiver.	Caring for the Sorrow of Pregnancy and Infant Loss: A Conference for the Caregiver, Minneapolis, MN
2009	Meaningful moments: The use of ritual in the care of children and families. (with K. Kobler)*	National Hospice and Palliative Care Organization Clinical Conference, Denver, CO
2008	Guided participation workshop.	16th National Perinatal Bereavement Conference, Clearwater, FL
2008	Guided participation workshop [Pre-conference]. (with C. Casperson)	Resolve Through Sharing® Coordinator Advanced Training, La Crosse, WI
2008	Postpartum depression and perinatal loss, panel discussion on perinatal palliative care.	St. Vincent Hospital Perinatal Bereavement Fall Conference, Little Rock, AR
2008	Using ritual in perinatal loss. (with K. Kobler)	16th National Perinatal Bereavement Conference, Clearwater, FL
2008	When a baby dies for genetic counseling students	University of Wisconsin—Madison, Madison, WI, and Boston, MA (remote)

	[Workshop]. (with L. Carey)	
2007	Being sure: Decision making with an inevitable miscarriage [poster].*	Midwest Nursing Research Society annual conference, Omaha, NE
2007	Bereavement: When a baby dies [pre-conference].	National Perinatal Association 27 th Annual Conference, New Orleans, LA
2007	Bereavement Training 202	Caring for the Sorrow of Pregnancy and Infant Loss: A Conference for the Caregiver, Minneapolis, MN
2006	Being sure: Decision making with an inevitable miscarriage.*	15th National Perinatal Bereavement Conference, Chicago, IL
2006	Bereavement Training 202	Caring for the Sorrow of Pregnancy and Infant Loss: A Conference for the Caregiver, Minneapolis, MN
2006	Conflicting evidence: Discerning practice implications in perinatal bereavement.	8th Annual Building Bridges to Research Based Nursing Practice Conference, Waukesha, WI
2006	Delivering the best nursing care in challenging situations. (with K. Pridham)	Guided Participation: A program for Rock County public health nurses, Janesville, WI
2006	Understanding perinatal depression.	Gundersen Lutheran's Perinatal Workshop: Our Roots, Our Future, La Crosse, WI
2005	Feeling blue: Grief, depression, or both? (with S. Wheeler)	Perinatal Loss: Building a Community of Caregivers, Indianapolis, IN
2005	How to care for families when a baby is dying. (with S. Leuthner)	National Perinatal Association 25 th Annual Conference, Lincolnshire, IL
2005	Using Bowlby's working model of caregiving to understand perinatal loss.*	Association for Death Education and Counseling, Albuquerque, NM
2005	When a patient dies.	Adventist Health Continuing Medical Education, Hinsdale, IL

2004	The art of compassionate death notification. (with D. Midland)*	Association for Death Education and Counseling, Pittsburgh, PA
2003	Conflict, avoidance, and noncompliance: You CAN make a difference.	AWHONN Annual Convention, Milwaukee, WI
2003	Grief and loss. (with S. Wheeler)	Legacy Health Systems Swanman Lecture Series, Portland, OR
2003	Integrating guided participation and motivational interviewing: Two-day training for home visitors on alcohol and drug-related problems in families with young children. (with A. Starr, R. Weidensee, and K. Pridham)	Aurora Family Service, Milwaukee, WI
2003	Presence and presents.	Wisconsin Speech-Language Pathology and Audiology Association 2003 Annual Convention, Madison, WI
2002	Left behind or born after: Sibling grief responses at the time and over a lifetime. (with S. Wheeler)	13th National Perinatal Bereavement Conference, Austin, TX
2002	Maternal depression [workshops]. (with S. Wheeler)	Healthy Families Indiana; Warsaw, Columbus, and Indianapolis, IN
2002	Mothers, infants, and relationship development: Using guided participation to promote bonding between mothers and their very-low-birth weight infants.*	AWHONN Annual Convention, Boston, MA
2002	Nurses' satisfaction with their competencies and resources for guiding	Wisconsin Association for Perinatal Care's 32nd Statewide Annual Conference, Oconomowoc, WI

	families through the transition to home of a premature infant [poster]. (with K. Pridham, M. Schoreder, and J. Henriques)*	
2002	Training for home visitors [3-day trainings]. (with K. Pridham, A. Starr, C. Vallejo, and S. Sikora)	Family Service of Milwaukee, WI
2002	Traumatic grief and clinical depression: Some new ideas. (with S. Wheeler)*	13th National Perinatal Bereavement Conference, Austin, TX
2001	Guided participation: Practical skills for working with parents of infants [workshop]. (with K. Pridham)	University of Wisconsin-Madison School of Nursing, Milwaukee, WI
2001	Using guided participation to solve feeding problems.	Birth to Five 11th Annual Pre-Conference Workshop, Green Bay, WI
2000	Am I really supposed to be this sad? (with S. Wheeler)*	12th National Perinatal Bereavement Conference, Cincinnati, OH
2000	Helping mothers with depression. (with A. Tluczek)	Statewide Conference for Wisconsin's Home Visitation Programs, Oshkosh, WI
2000	Maternal depression [series of workshops].	Prevention of Child Abuse and Neglect (POCAN) Training
2000	More than just the blues.	Wisconsin Conference on Child Abuse and Neglect, Stevens Point, WI
2000	Perinatal bereavement: State of the art, state of the science. (with B. Gensch, T. Peck, and A. Harvieux)	Wisconsin Association for Perinatal Care's 30th Statewide Perinatal Conference, Appleton, WI
2000	Personal resources associated with a mother's working model of caregiving. (with K. Pridham)*	Midwest Nursing Research Society's 24th Annual Research Conference, Dearborn, MI

2000	Postpartum depression: More than just the blues. (with R. Hein and A. Schaper)	Wisconsin Association for Perinatal Care's 30th Statewide Perinatal Conference, Appleton, WI
2000	Using guided participation for group problem solving.	Wisconsin Association for Perinatal Care: Six Statewide Universal Newborn Hearing Screening Forums
1999	Caregiving goals: A dimension of a mother's understanding.*	Midwest Nursing Research Society's 23rd Annual Research Conference, Indianapolis, IN
1999	Feeding and growth in the first two years of life: A case of an extremely low birth weight infant. (with A. Wilson and J. Wilson)	12th Annual Pediatric Progress Conference, Milwaukee, WI
1999	Guided participation: A method of guiding learning in natural settings. (with K. Pridham)*	3rd Biennial International Nursing Conference, Madison, WI
1999	Postpartum depression.	Depression: A Life Span Concern, Eau Claire, WI
1999	Postpartum depression: More than just the blues. (with R. Cohen, R. Hein, and A. Schaper)	Wisconsin Association for Perinatal Care's 29th Statewide Perinatal Conference, Madison, WI
1999	Postpartum depression: The content and process of a consumer and provider educational campaign. (with A. Conway and M. Wuerger)	National Perinatal Association's Annual Clinical Conference and Exposition, Milwaukee, WI
1998	Dealing effectively with people in challenging situations.*	11th National Perinatal Bereavement Conference, Baltimore, MD
1998	Feeding and growth in the first year: A case study of an extremely low birth weight infant. (with A. Wilson and J. Wilson)	Wisconsin Association for Perinatal Care's 28th Statewide Perinatal Conference, Oconomowoc, WI

1998	How mothers understand and respond to their infants.	22nd Annual Research Conference of the Midwest Nursing Research Society, Columbus, OH
1997	Mothers' working models of caregiving in the context of infant feeding: Change through the first year [poster]. (with K. Pridham, R. Brown, M. Schroeder, S. Thoyre, and M. Van Riper)*	Biennial Meeting of the Society for Research in Child Development, Indianapolis, IN
1996	Dealing effectively with families in challenging situations.	Focus '96 National Pediatric Conference, Milwaukee, WI
1996	Grief counseling and communication techniques. (with S. Wheeler)	7th Annual Maternal Child Conference, St. Luke's Hospital, Cedar Rapids, IA
1996	Riding a roller coaster: Anticipatory grief in the NICU.	7th Annual Maternal Child Conference, St. Luke's Hospital, Cedar Rapids, IA
1995	Supporting mothers' competencies in feeding their very low birth weight infants in hospital and community settings. (with K. Pridham, S. Thoyre, and M. Schroeder)*	Sigma Theta Tau-Beta Eta Chapter's Nursing Research: Making a Positive Difference Conference, Madison, WI
1994	Postpartum depression.	Wisconsin Nurses' Association Clinical Sessions, Pewaukee, WI
1992	Perinatal bereavement in the 90s: Changes and challenges [keynote].	Blodgett Memorial Medical Center Perinatal Bereavement Conference, Grand Rapids, MI
1991	Caring for the caregiver [workshop].*	MCN National Conference, New Orleans, LA
1991	Grief and loss [workshop].*	MCN National Conference, New Orleans, LA
1991	Loving... losing... living. [workshop]. (with S. Wheeler)	American College of Nurse Midwives (ACNM) National Meeting, Minneapolis, MN

1990	Where do I end and where do you begin... Boundary issues in bereavement care.*	7th National Perinatal Bereavement Conference, Atlanta, GA
1989	When a baby dies: Miscarriage, stillbirth, and newborn death.	College of Chaplains Convention, St. Louis, MO
1988	A most important picture: The photograph as memory. (with I. Weinfeld)	6th National Perinatal Bereavement Conference, Redwood City, CA
1981 – 1990	Approximately 12 – 15 four-day RTS trainings per year; 3 days = professional guide, 1 day = coordinator	

RESEARCH

2008-present. Principal Investigator: ***Barriers to implementing and maintaining a hospital-based and/or ambulatory perinatal bereavement program.*** Gundersen Lutheran Medical Foundation, Inc. Time donated.

2011. Structured and conducted secondary data analysis: ***Continuity and change in mothers' narratives of perinatal hospice.*** Anthony Lathrop, Principal Investigator. Original study 2008-2010. Marquette University and Sigma Theta Tau Delta Gamma chapter, \$3,000.

2010-2011. Facilitator and Educator (monthly supervisory sessions to enhance skills of care coordinators and social workers): ***Medical home quality improvement grant.*** Ana Schaper, Principal Investigator. Wisconsin Children and Youth with Special Health Care Needs, \$7,938.

2008-2010. Co-investigator: ***Caregiver suffering research Phase II: Reflective practice as a self-care strategy.*** Kathie Kobler, Principal Investigator. Advocate Lutheran General Hospital Nursing Endowment Fund, \$1,900.

2008-2010. Principal Investigator: ***Pilot research on caregiver suffering.*** Kathie Kobler, Co-investigator. Gundersen Lutheran Medical Foundation, Inc. Time donated.

2007-2009. Co-investigator: ***Decision-making in inevitable miscarriage, Phase II: Consequences of decision making for anxiety, depression, healthcare utilization and general well-being at 6- to 24-month follow-up.*** Joanne Glasser, Principal Investigator. Gundersen Lutheran Medical Foundation, Inc. Time donated.

2005-2009. Principal Investigator: ***Decision making in women with an inevitable miscarriage.*** Joanne Glasser, Co-investigator. Gundersen Lutheran Medical Foundation, Inc. Time donated.

2000-2001. Clinical Nurse Specialist: ***Support of competencies of mothers of very low birth-weight infants in communicating and problem solving with clinicians.*** Karen Pridham, Principal Investigator. March of Dimes, Capital Wisconsin Chapter, \$5000.

1999-2001. Clinical Nurse Specialist (training project): ***Training for NICU and public health nurses for support of family caregiving of low birth weight children.*** Karen Pridham, Principal Investigator. Faye McBeath Foundation, \$64, 500.

1999-2000. Clinical Nurse Specialist: ***Test of methods to assess family preparedness to take a very low birthweight infant home from the neonatal intensive care unit.*** Karen Pridham, Principal Investigator. Perinatal Foundation, \$14,991.

1997-1998. Principal investigator: ***How mothers understand their infants.*** University of Wisconsin-Madison School of Nursing, \$5,000.

1996-1998. Research assistant: ***Support of mothers and family members in feeding an extremely low birthweight preterm infant at risk for chronic lung disease.*** Karen Pridham, Principal Investigator. March of Dimes, No. 12FY97-0103, \$89,788.

1995-1998. Research Assistant: ***Clinician help for mothers of infants with lung disease.*** Karen Pridham, Principal Investigator. US Department of Health and Human Services, US Public Health Service, Bureau of Maternal and Child Health, Grant No. 5MCJ-550806-03-0, \$243,061, Year 1.

1995-1997. Principal investigator: ***Intention-engaging dilemmas in the parenting of young children.*** University of Wisconsin-Madison School of Nursing, \$2,000.

1994-1996. Principal investigator: ***The experience of parenting in women who were sexually abused in childhood by a family member.*** University of Wisconsin-Madison School of Nursing, \$2,000.

1983-1985. Co-Principal Investigator (with Sara Wheeler): ***A longitudinal study of women's responses to the loss of their pregnancy through miscarriage.*** Nurses Foundation of Wisconsin, \$500.

PhD, DNP, Master's Committees

Anthony Lathrop Dissertation Committee (Graduation, May, 2010; published manuscript)

Judy Friedrichs DNP Committee (Graduation May 2016; manuscript planned)

Nancy Nurse Dissertation Committee (Defense: March, 2017; manuscript submitted)

Jennifer Jonely Master's Committee (Defense: May, 2015)