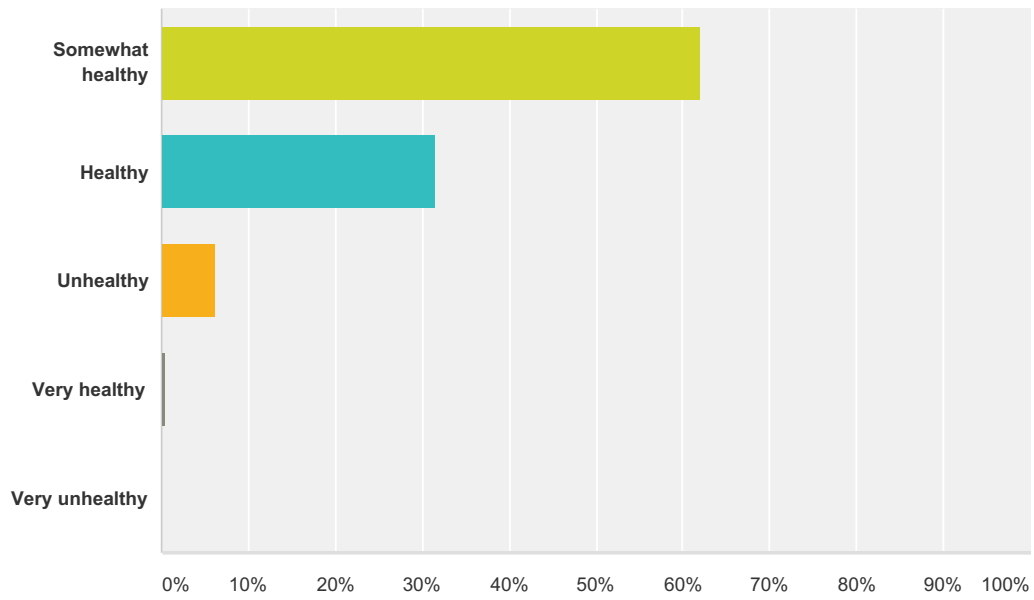


Q1 How would you rate the overall health of your community?

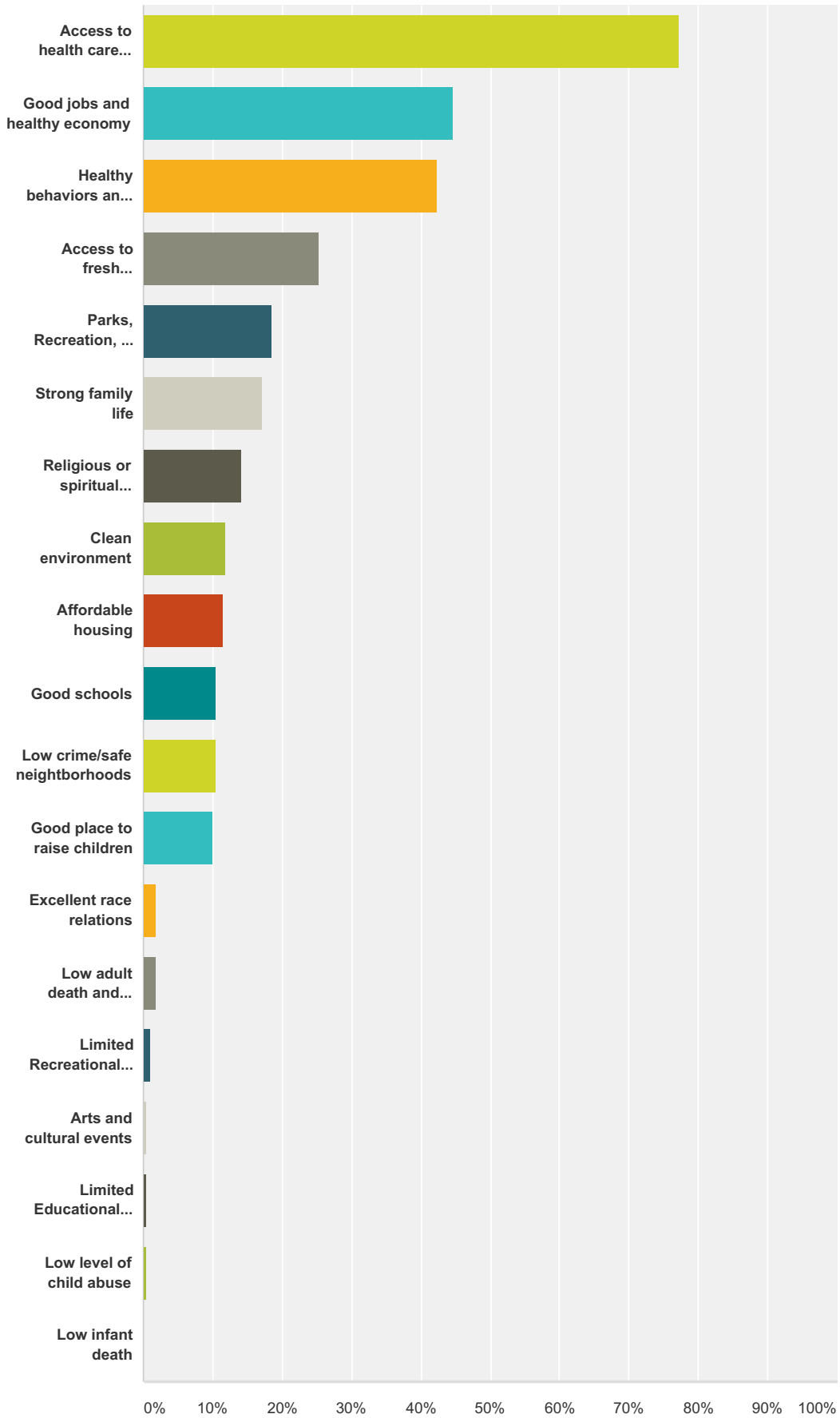
Answered: 210 Skipped: 2



Answer Choices	Responses
Somewhat healthy	61.90% 130
Healthy	31.43% 66
Unhealthy	6.19% 13
Very healthy	0.48% 1
Very unhealthy	0.00% 0
Total	210

Q2 What are the three (3) most important factors for a "Healthy Community" (that most improve quality of life) in a community

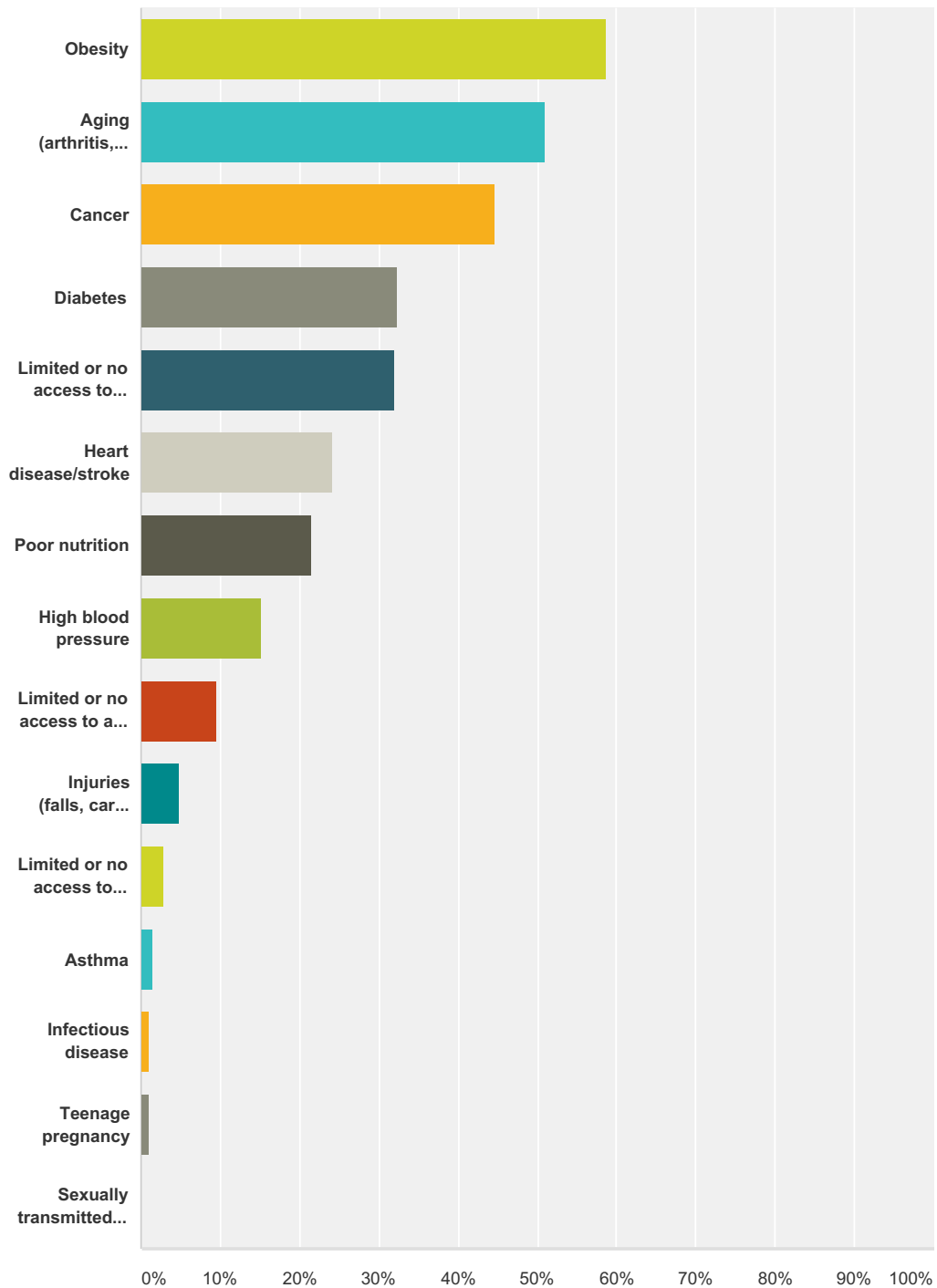
Answered: 210 Skipped: 2



Answer Choices	Responses	
Access to health care (ex: family doctor, hospital, other health services)	77.14%	162
Good jobs and healthy economy	44.76%	94
Healthy behaviors and lifestyles	42.38%	89
Access to fresh affordable food	25.24%	53
Parks, Recreation, & Fitness options	18.57%	39
Strong family life	17.14%	36
Religious or spiritual values	14.29%	30
Clean environment	11.90%	25
Affordable housing	11.43%	24
Good schools	10.48%	22
Low crime/safe neighborhoods	10.48%	22
Good place to raise children	10.00%	21
Excellent race relations	1.90%	4
Low adult death and disease rates	1.90%	4
Limited Recreational Opportunities	0.95%	2
Arts and cultural events	0.48%	1
Limited Educational Resources	0.48%	1
Low level of child abuse	0.48%	1
Low infant death	0.00%	0
Total Respondents: 210		

Q3 What do you think are the top three (3) health problems in your community?

Answered: 210 Skipped: 2

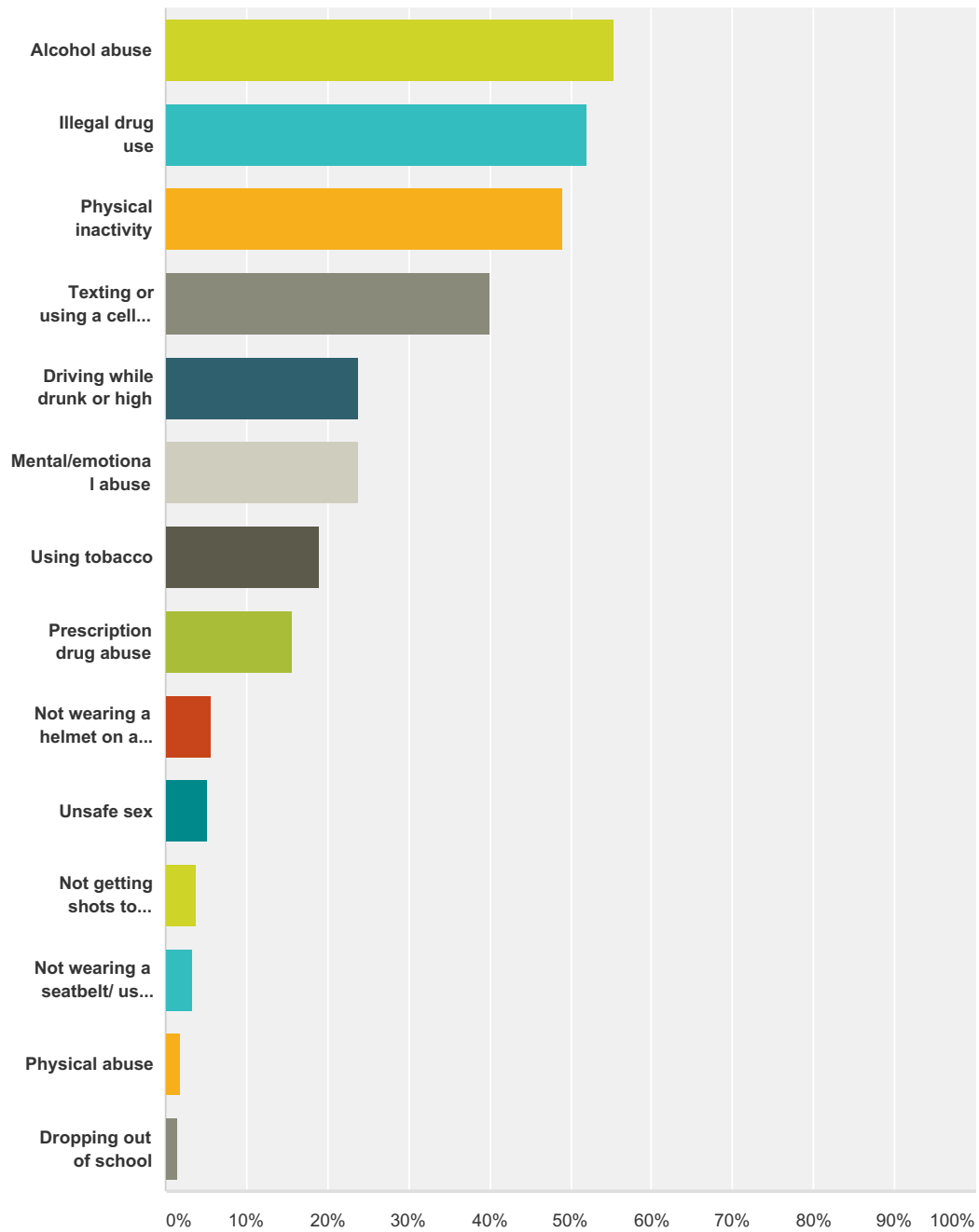


Answer Choices	Responses
Obesity	58.57% 123
Aging (arthritis, hearing/vision loss, dementia, etc.)	50.95% 107

Cancer	44.76%	94
Diabetes	32.38%	68
Limited or no access to mental health services	31.90%	67
Heart disease/stroke	24.29%	51
Poor nutrition	21.43%	45
High blood pressure	15.24%	32
Limited or no access to a doctor	9.52%	20
Injuries (falls, car accidents, drowning)	4.76%	10
Limited or no access to dental care	2.86%	6
Asthma	1.43%	3
Infectious disease	0.95%	2
Teenage pregnancy	0.95%	2
Sexually transmitted disease	0.00%	0
Total Respondents: 210		

Q4 What do you think are the three (3) most "risky behaviors" in your community?

Answered: 210 Skipped: 2

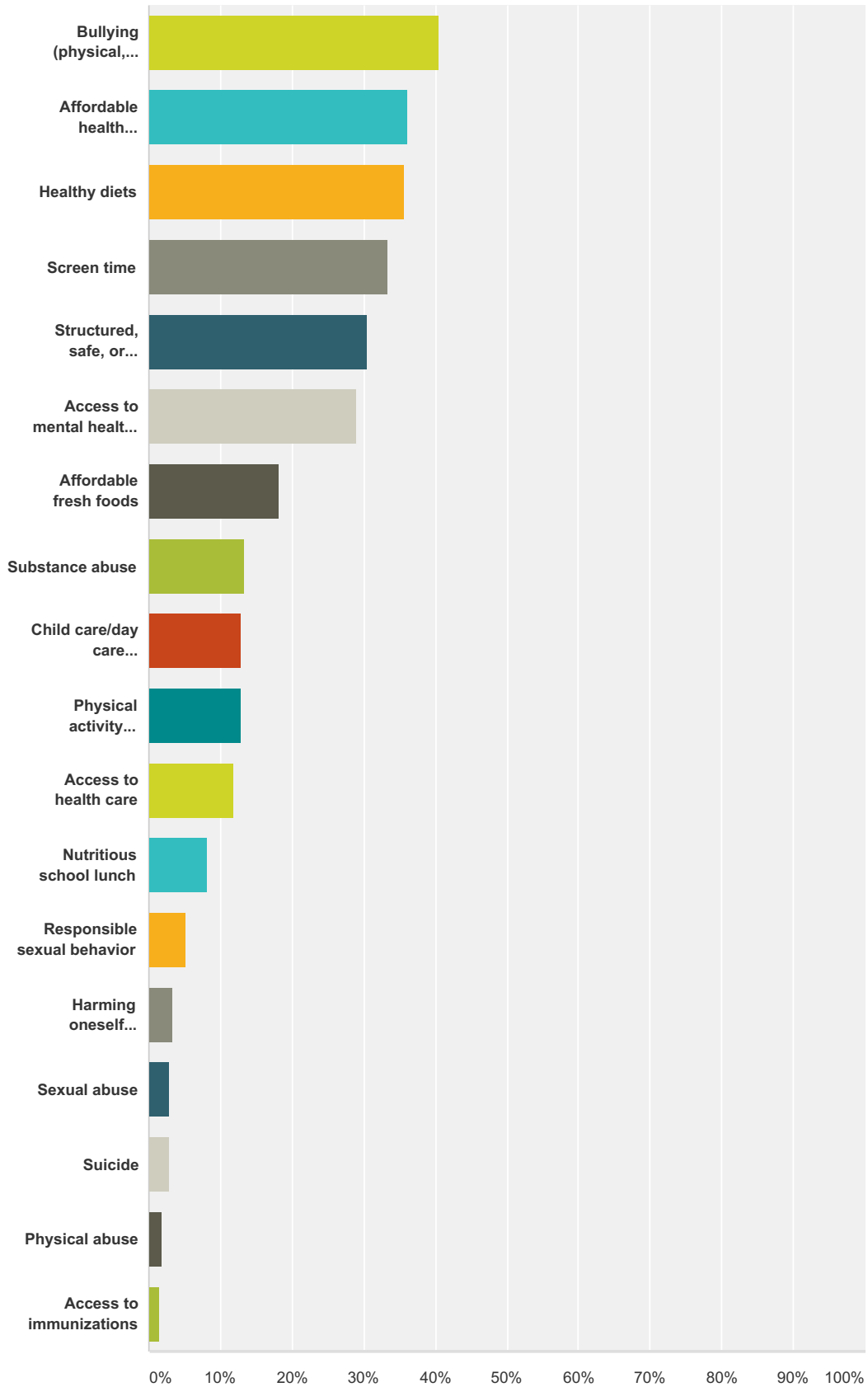


Answer Choices	Responses
Alcohol abuse	55.24% 116
Illegal drug use	51.90% 109
Physical inactivity	49.05% 103
Texting or using a cell phone while driving	40.00% 84

Driving while drunk or high	23.81%	50
Mental/emotional abuse	23.81%	50
Using tobacco	19.05%	40
Prescription drug abuse	15.71%	33
Not wearing a helmet on a bike or motorcycle	5.71%	12
Unsafe sex	5.24%	11
Not getting shots to prevent disease	3.81%	8
Not wearing a seatbelt/ using child safety seats	3.33%	7
Physical abuse	1.90%	4
Dropping out of school	1.43%	3
Total Respondents: 210		

Q5 What do you think are the top three (3) health concerns relative to children's health in your community?

Answered: 210 Skipped: 2

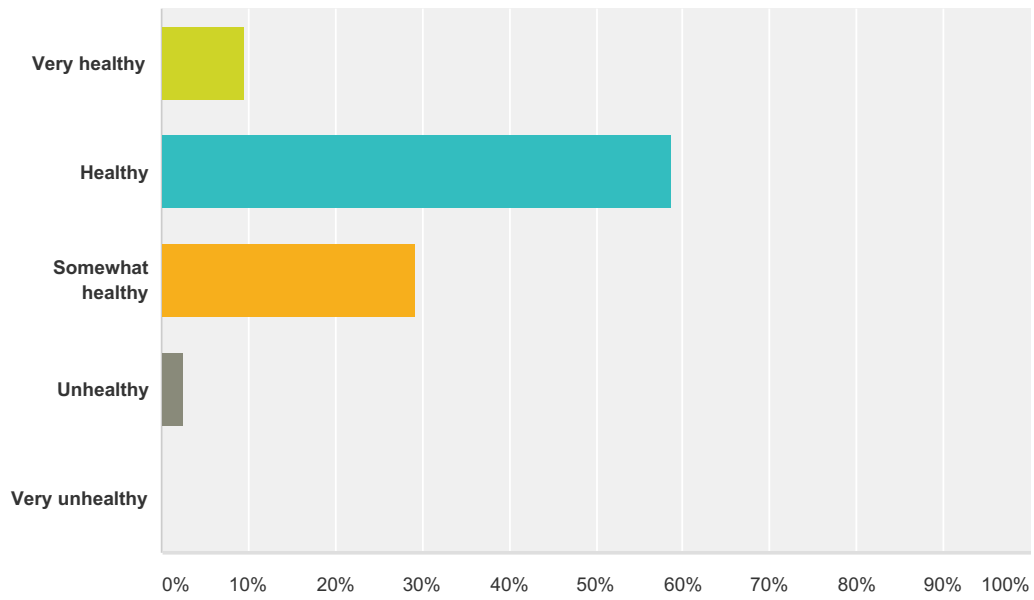


Answer Choices	Responses
Bullying (physical, emotional, cyber)	40.48% 85

Affordable health insurance	36.19%	76
Healthy diets	35.71%	75
Screen time	33.33%	70
Structured, safe, or supportive living environment	30.48%	64
Access to mental health services	29.05%	61
Affordable fresh foods	18.10%	38
Substance abuse	13.33%	28
Child care/day care availability	12.86%	27
Physical activity opportunities	12.86%	27
Access to health care	11.90%	25
Nutritious school lunch	8.10%	17
Responsible sexual behavior	5.24%	11
Harming oneself (cutting, burning, etc)	3.33%	7
Sexual abuse	2.86%	6
Suicide	2.86%	6
Physical abuse	1.90%	4
Access to immunizations	1.43%	3
Total Respondents: 210		

Q6 How would you rate your personal health?

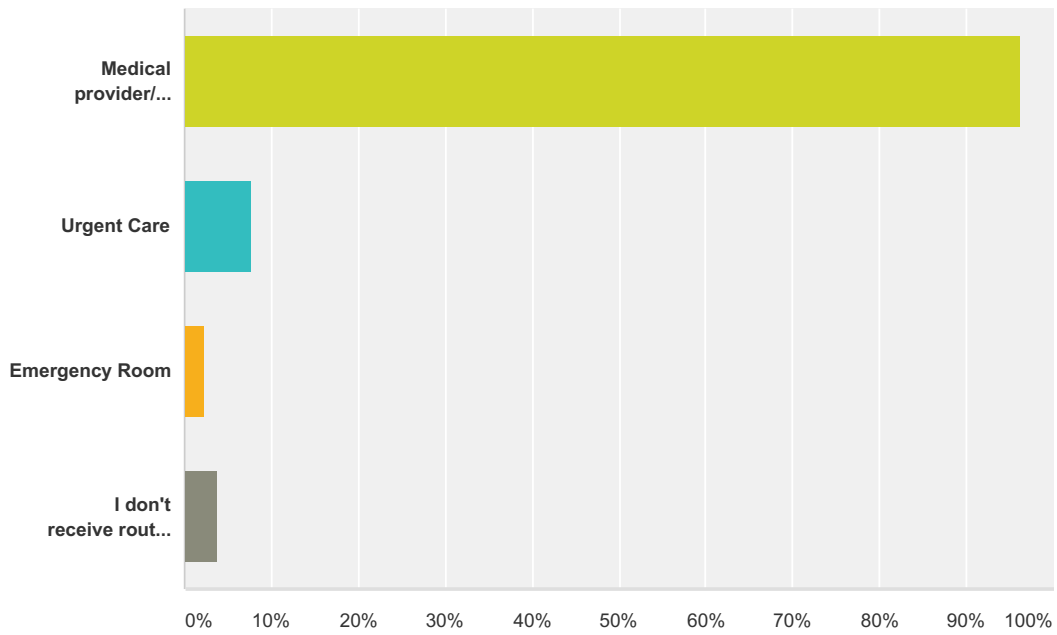
Answered: 208 Skipped: 4



Answer Choices	Responses
Very healthy	9.62% 20
Healthy	58.65% 122
Somewhat healthy	29.33% 61
Unhealthy	2.40% 5
Very unhealthy	0.00% 0
Total	208

Q7 Where do you go for routine (regular) health care? Select all that apply:

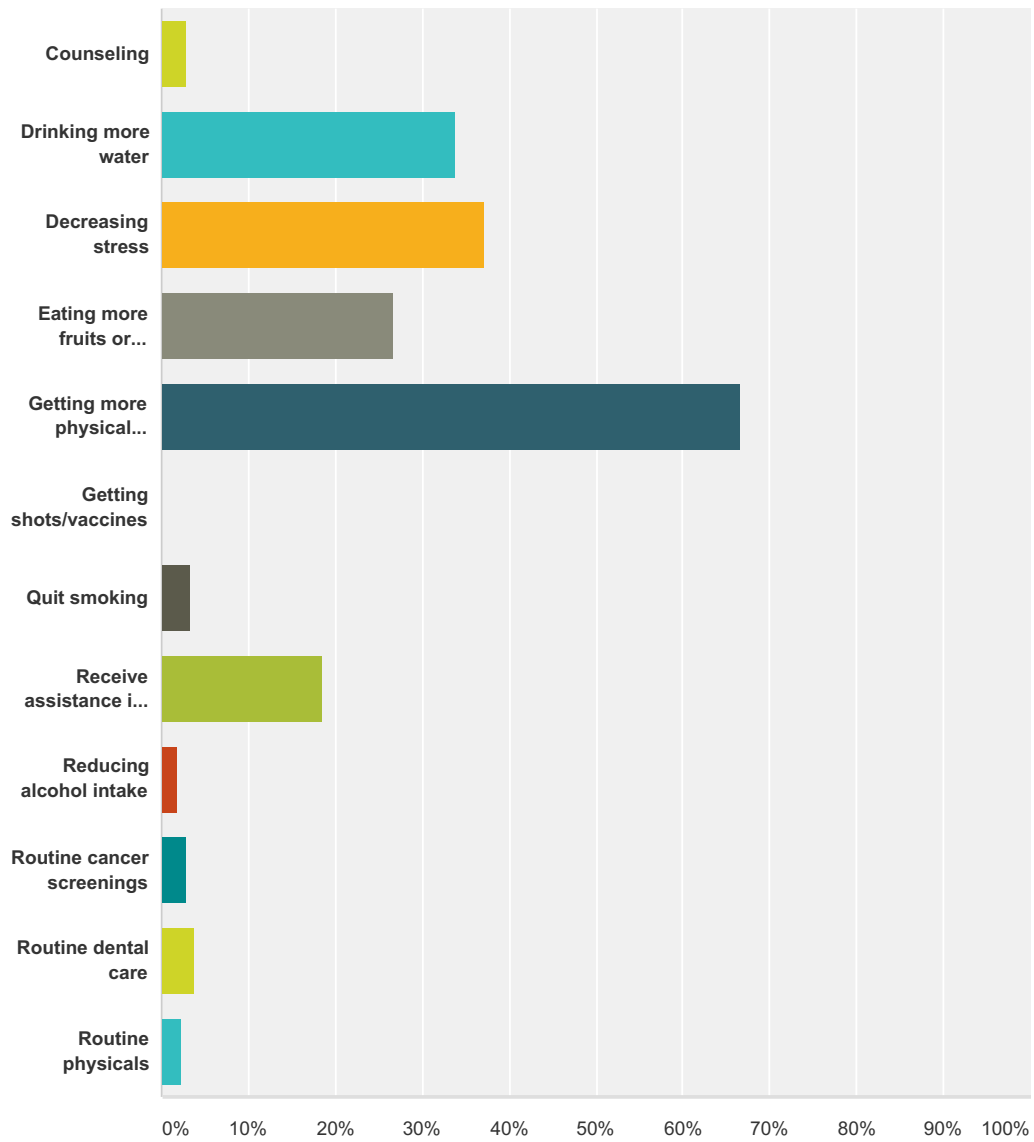
Answered: 209 Skipped: 3



Answer Choices	Responses
Medical provider/ Doctor's office	96.17% 201
Urgent Care	7.66% 16
Emergency Room	2.39% 5
I don't receive routine care	3.83% 8
Total Respondents: 209	

Q8 What two (2) healthy behaviors would you like to start or improve?

Answered: 210 Skipped: 2

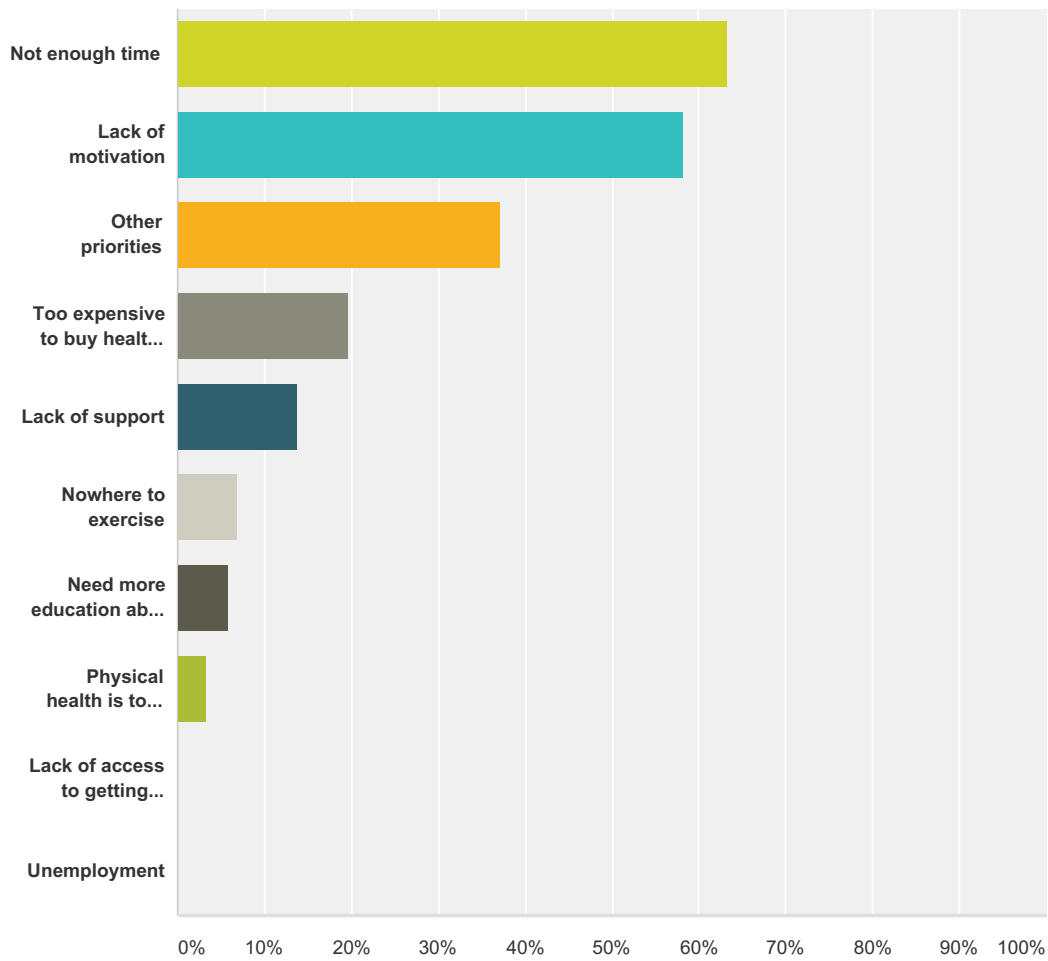


Answer Choices	Responses
Counseling	2.86% 6
Drinking more water	33.81% 71
Decreasing stress	37.14% 78
Eating more fruits or vegetables	26.67% 56
Getting more physical activity	66.67% 140
Getting shots/vaccines	0.00% 0
Quit smoking	3.33% 7

Receive assistance in weight loss/healthy behaviors	18.57%	39
Reducing alcohol intake	1.90%	4
Routine cancer screenings	2.86%	6
Routine dental care	3.81%	8
Routine physicals	2.38%	5
Total Respondents: 210		

Q9 What do you feel prevents you from being healthier? Select all that apply:

Answered: 204 Skipped: 8

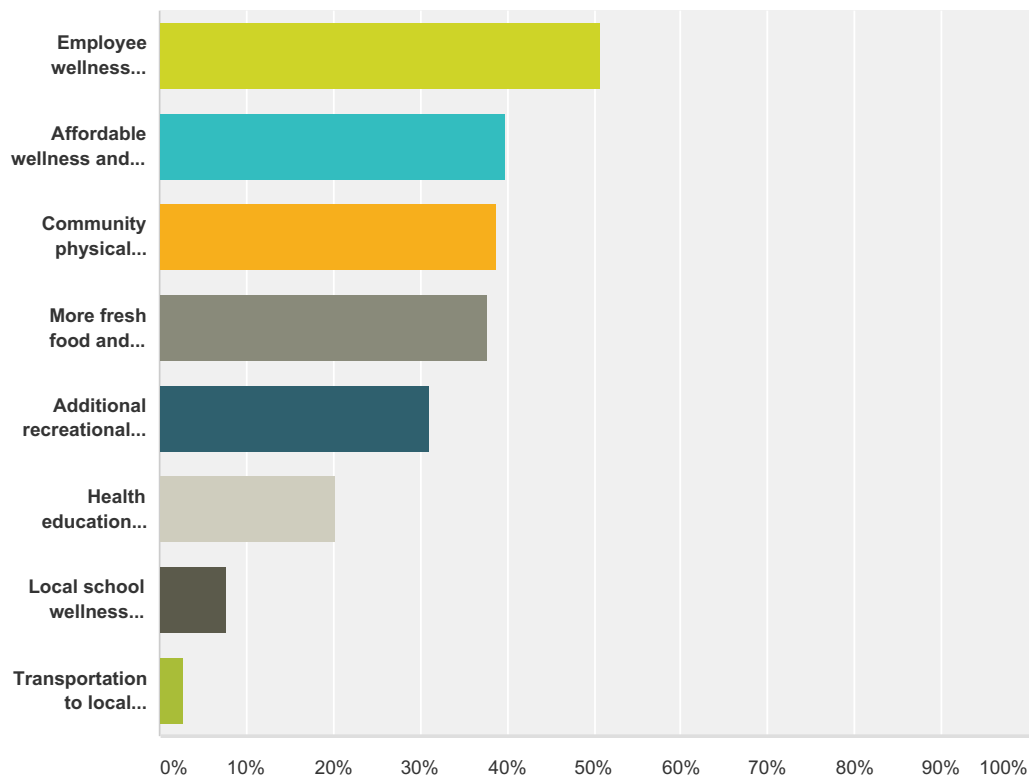


Answer Choices	Responses
Not enough time	63.24% 129
Lack of motivation	58.33% 119
Other priorities	37.25% 76
Too expensive to buy healthy foods	19.61% 40
Lack of support	13.73% 28
Nowhere to exercise	6.86% 14
Need more education about healthy choices	5.88% 12
Physical health is too poor	3.43% 7
Lack of access to getting shots (vaccines and medications) to prevent sickness	0.00% 0
Unemployment	0.00% 0

Total Respondents: 204

Q10 What would help you start or maintain a healthy lifestyle? Select all that apply:

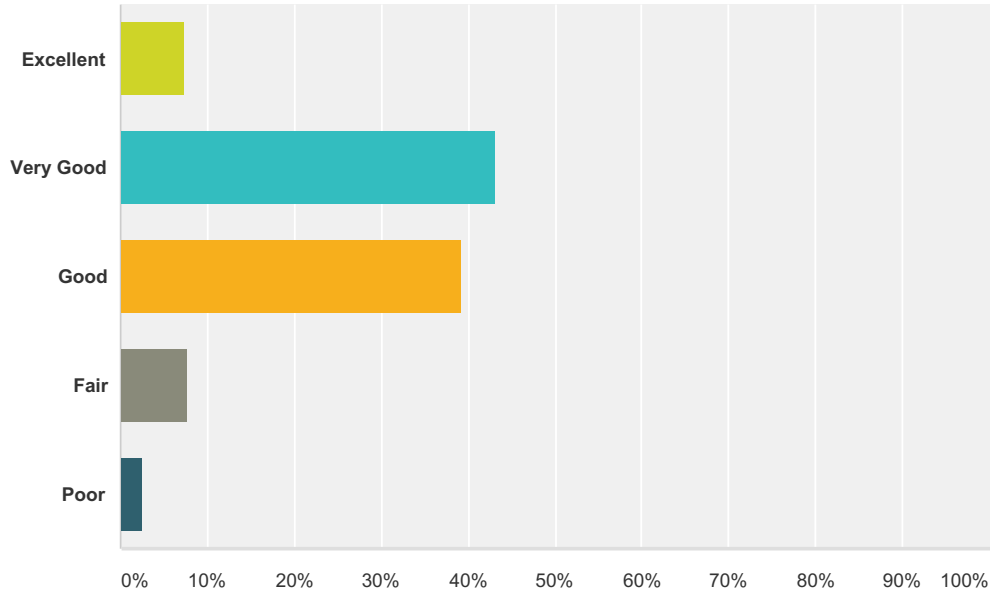
Answered: 183 Skipped: 29



Answer Choices	Responses
Employee wellness programs	50.82% 93
Affordable wellness and fitness facilities	39.89% 73
Community physical activity programs (water aerobics, volleyball/basketball league, fitness class)	38.80% 71
More fresh food and produce available	37.70% 69
Additional recreational paths, trails, sidewalks	31.15% 57
Health education classes (Diabetes prevention/management, Heart Disease, Arthritis, Cooking, etc)	20.22% 37
Local school wellness programs	7.65% 14
Transportation to local fitness or food markets	2.73% 5
Total Respondents: 183	

Q11 How would you rate the social environment (friendly people, willingness to help others) in your community?

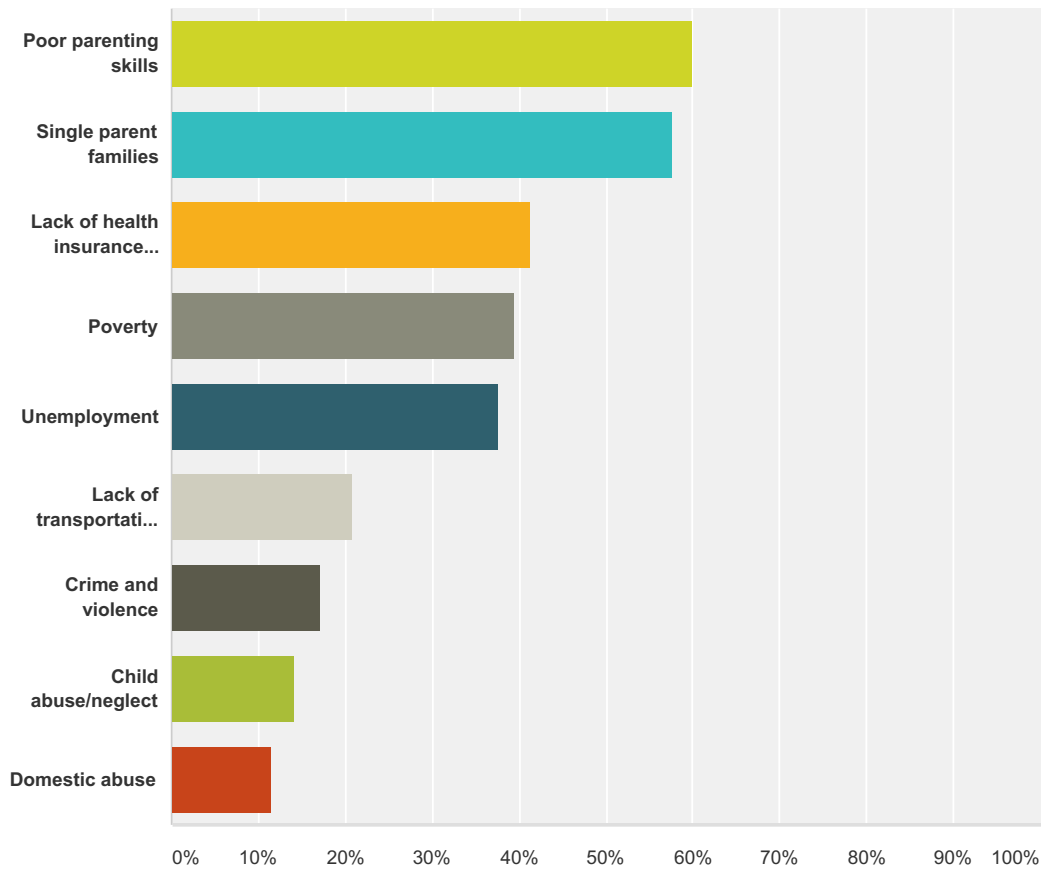
Answered: 206 Skipped: 6



Answer Choices	Responses
Excellent	7.28% 15
Very Good	43.20% 89
Good	39.32% 81
Fair	7.77% 16
Poor	2.43% 5
Total	206

Q12 What are the top three (3) social issues facing people in your community?

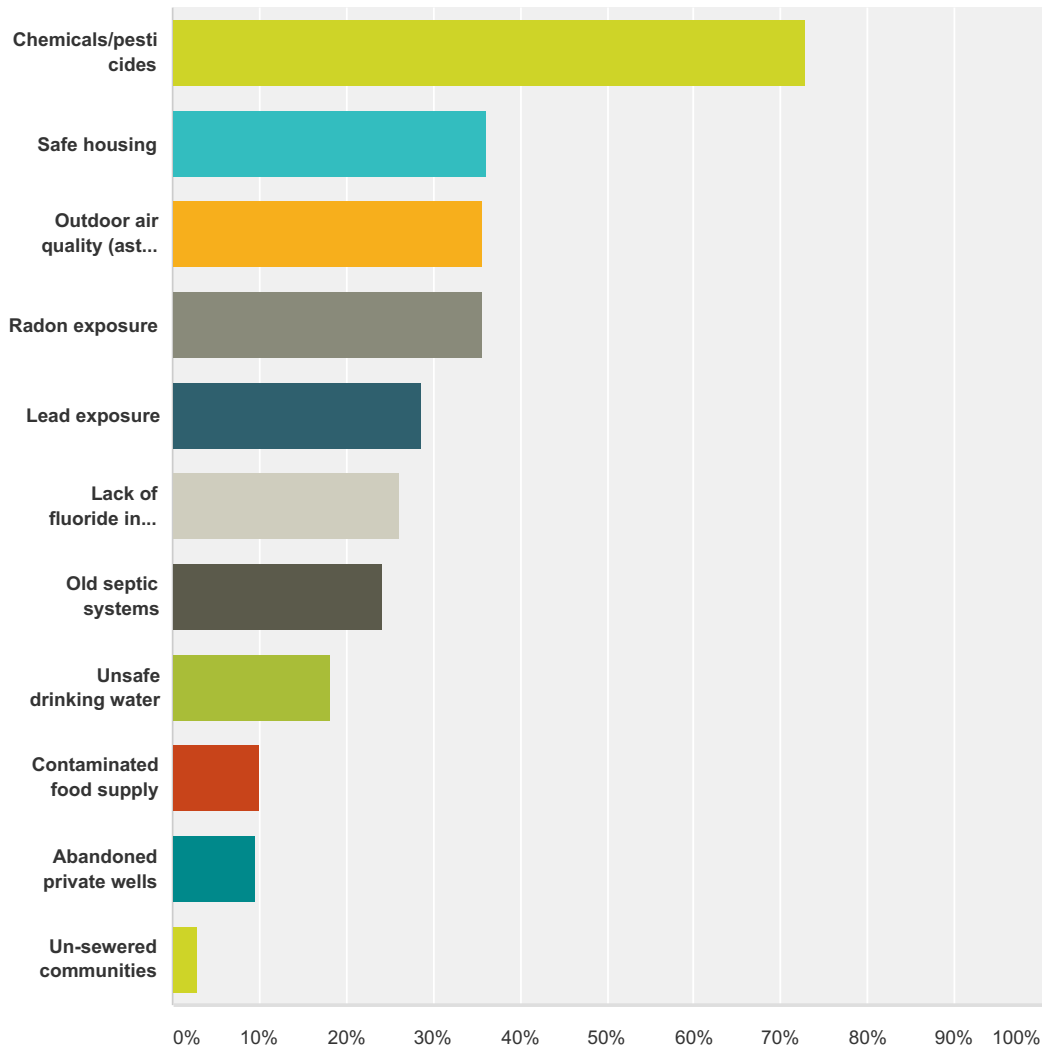
Answered: 210 Skipped: 2



Answer Choices	Responses
Poor parenting skills	60.00% 126
Single parent families	57.62% 121
Lack of health insurance coverage	41.43% 87
Poverty	39.52% 83
Unemployment	37.62% 79
Lack of transportation services	20.95% 44
Crime and violence	17.14% 36
Child abuse/neglect	14.29% 30
Domestic abuse	11.43% 24
Total Respondents: 210	

Q13 What do you think are the top three (3) environmental health issues in your community?

Answered: 210 Skipped: 2

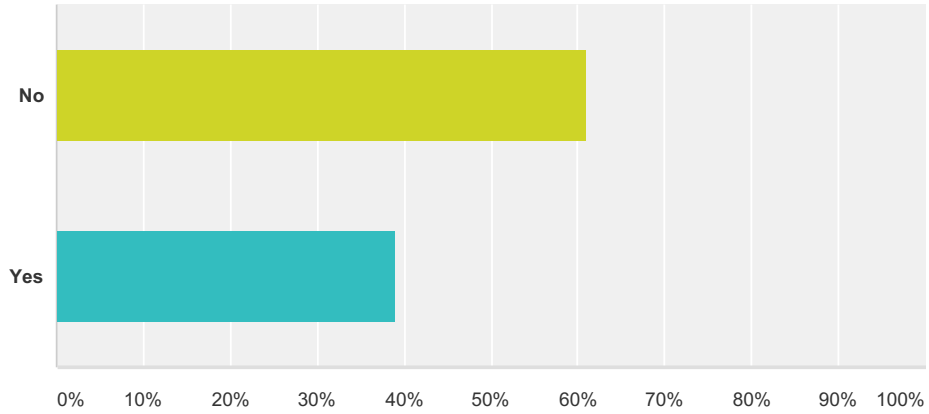


Answer Choices	Responses
Chemicals/pesticides	72.86% 153
Safe housing	36.19% 76
Outdoor air quality (asthma triggers)	35.71% 75
Radon exposure	35.71% 75
Lead exposure	28.57% 60
Lack of fluoride in drinking water	26.19% 55
Old septic systems	24.29% 51
Unsafe drinking water	18.10% 38

Contaminated food supply	10.00%	21
Abandoned private wells	9.52%	20
Un-sewered communities	2.86%	6
Total Respondents: 210		

Q14 Do you feel you/your family are prepared for a natural or man-made disaster?

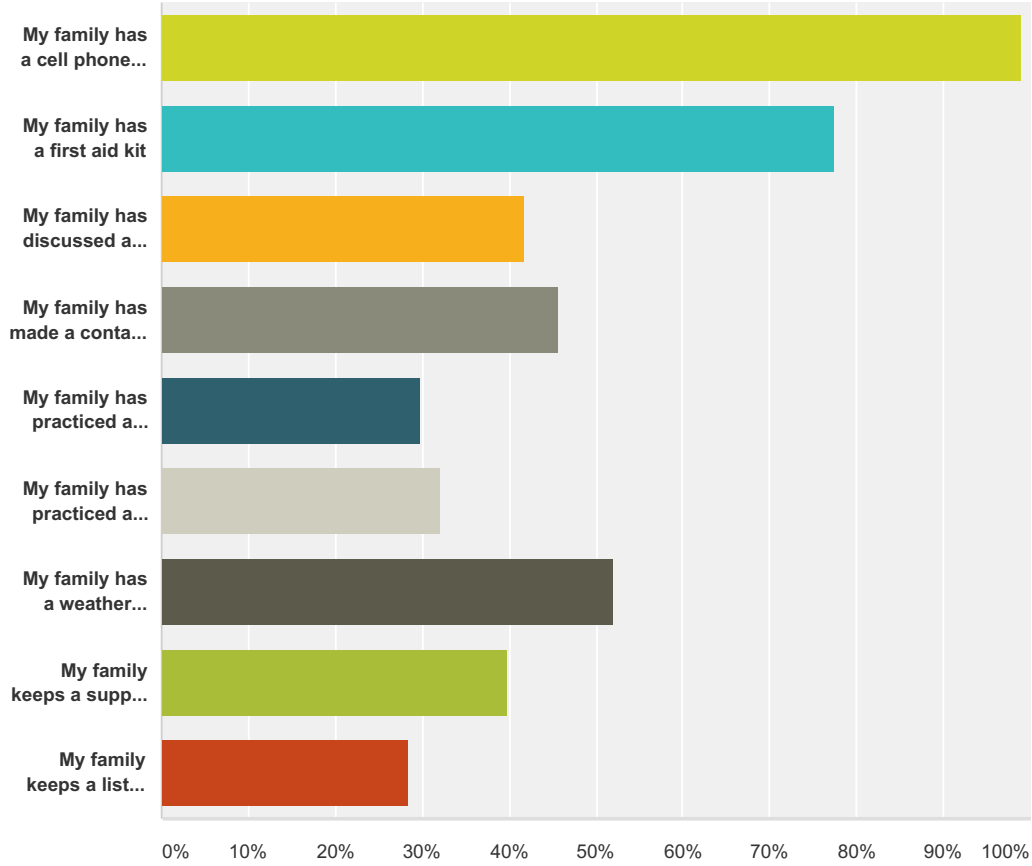
Answered: 208 Skipped: 4



Answer Choices	Responses
No	61.06% 127
Yes	38.94% 81
Total	208

Q15 Which of the following emergency preparedness statements are true for you/your family? Select all that apply:

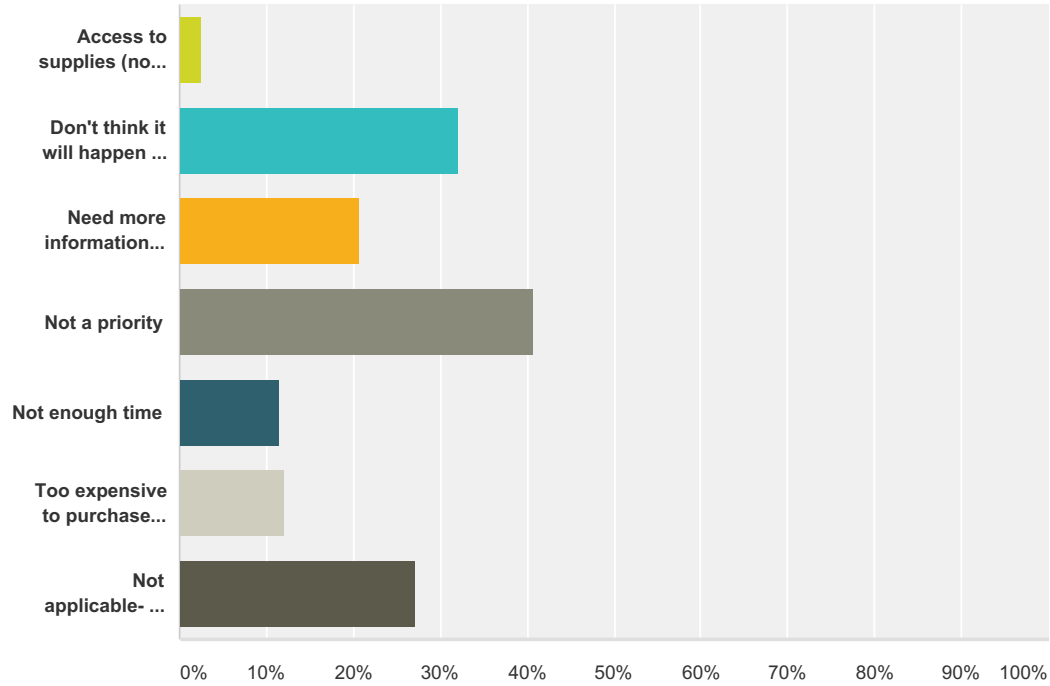
Answered: 208 Skipped: 4



Answer Choices	Responses
My family has a cell phone with a charger	99.04% 206
My family has a first aid kit	77.40% 161
My family has discussed a central meeting place	41.83% 87
My family has made a contact list for emergencies (kids know how to call another family member and how to use 911)	45.67% 95
My family has practiced a fire drill at home	29.81% 62
My family has practiced a tornado drill at home	32.21% 67
My family has a weather radio, flashlight, and batteries in our home	51.92% 108
My family keeps a supply of bottled water and extra non-perishable food items on hand	39.90% 83
My family keeps a list of current medications and important paperwork for each family member	28.37% 59
Total Respondents: 208	

Q16 What prevents you from being prepared for an emergency? Select all that apply:

Answered: 199 Skipped: 13



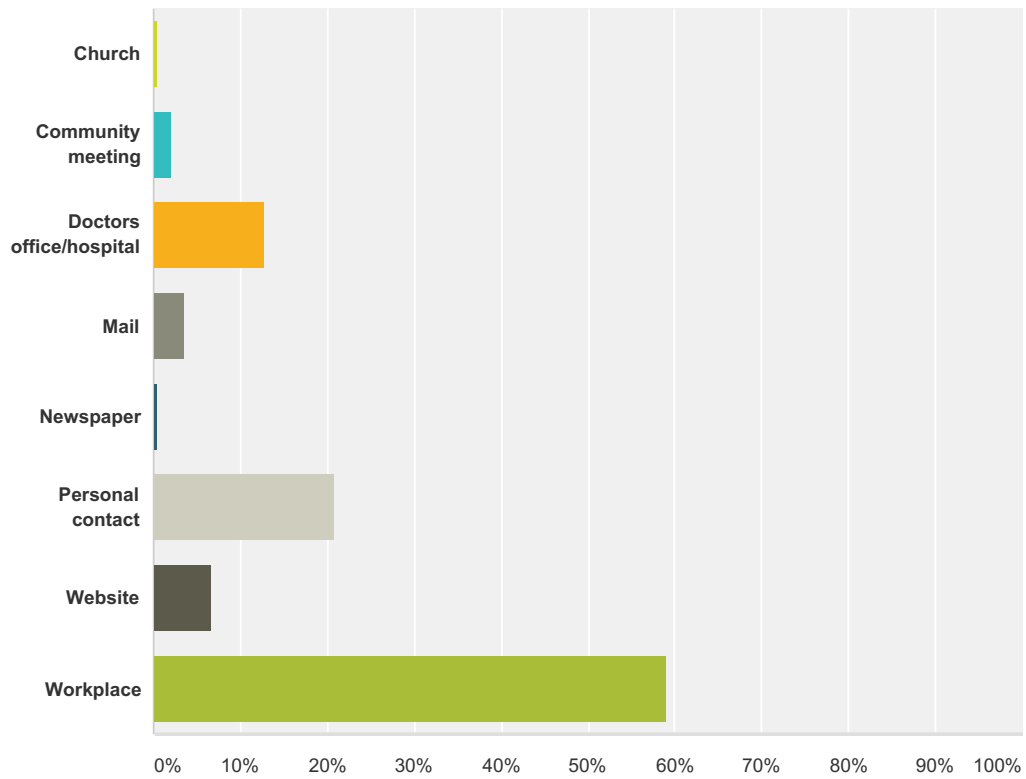
Answer Choices	Responses
Access to supplies (no transportation, no place to purchase supplies)	2.51% 5
Don't think it will happen to me	32.16% 64
Need more information about how to prepare for an emergency	20.60% 41
Not a priority	40.70% 81
Not enough time	11.56% 23
Too expensive to purchase supplies	12.06% 24
Not applicable- my family is prepared for an emergency	27.14% 54
Total Respondents: 199	

Q17 What health services would you like to see available in your community?

Answered: 90 Skipped: 122

Q18 Where/how did you hear about this survey? Select all that apply:

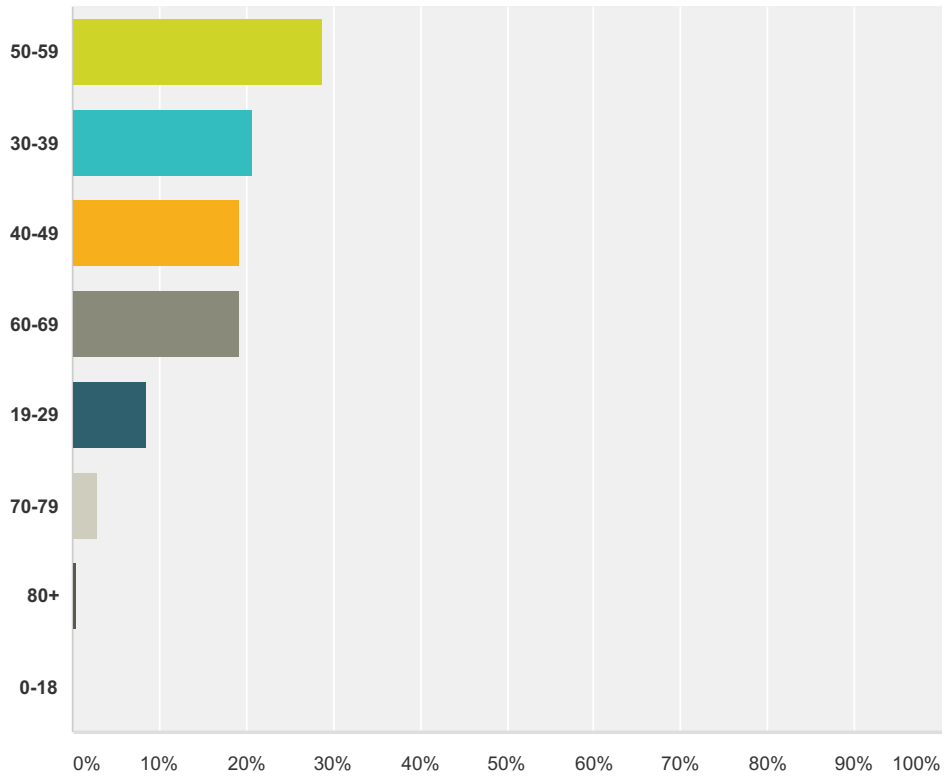
Answered: 196 Skipped: 16



Answer Choices	Responses
Church	0.51% 1
Community meeting	2.04% 4
Doctors office/hospital	12.76% 25
Mail	3.57% 7
Newspaper	0.51% 1
Personal contact	20.92% 41
Website	6.63% 13
Workplace	59.18% 116
Total Respondents: 196	

Q19 What is your age?

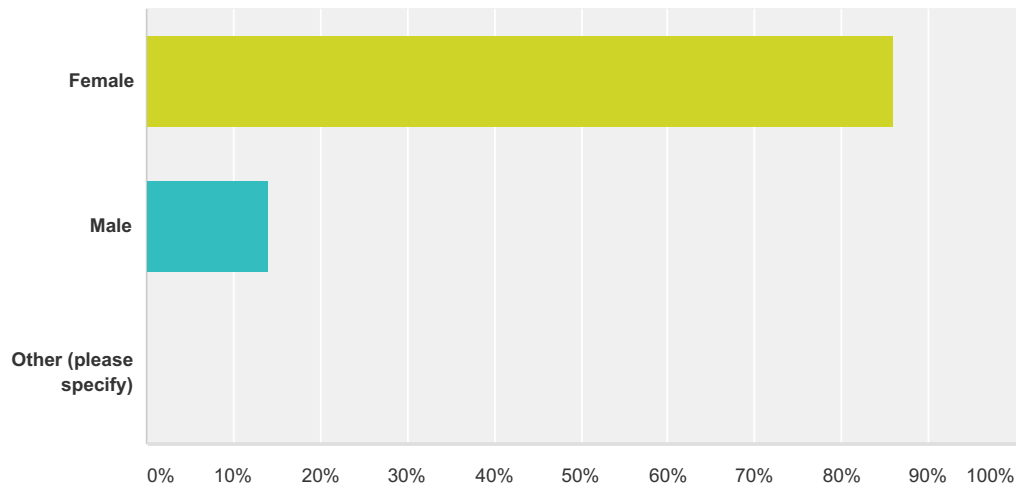
Answered: 208 Skipped: 4



Answer Choices	Responses
50-59	28.85% 60
30-39	20.67% 43
40-49	19.23% 40
60-69	19.23% 40
19-29	8.65% 18
70-79	2.88% 6
80+	0.48% 1
0-18	0.00% 0
Total	208

Q20 What is your gender?

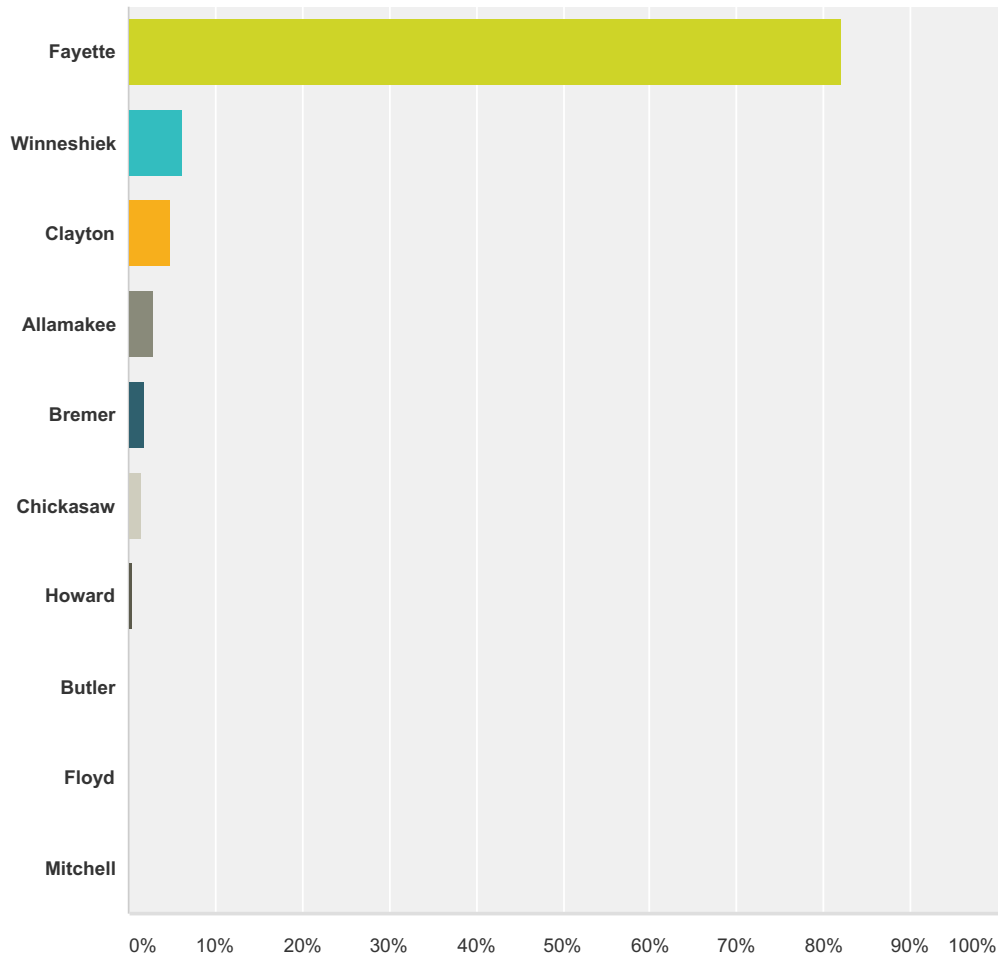
Answered: 207 Skipped: 5



Answer Choices	Responses	Count
Female	85.99%	178
Male	14.01%	29
Other (please specify)	0.00%	0
Total		207

Q21 What county do you live in?

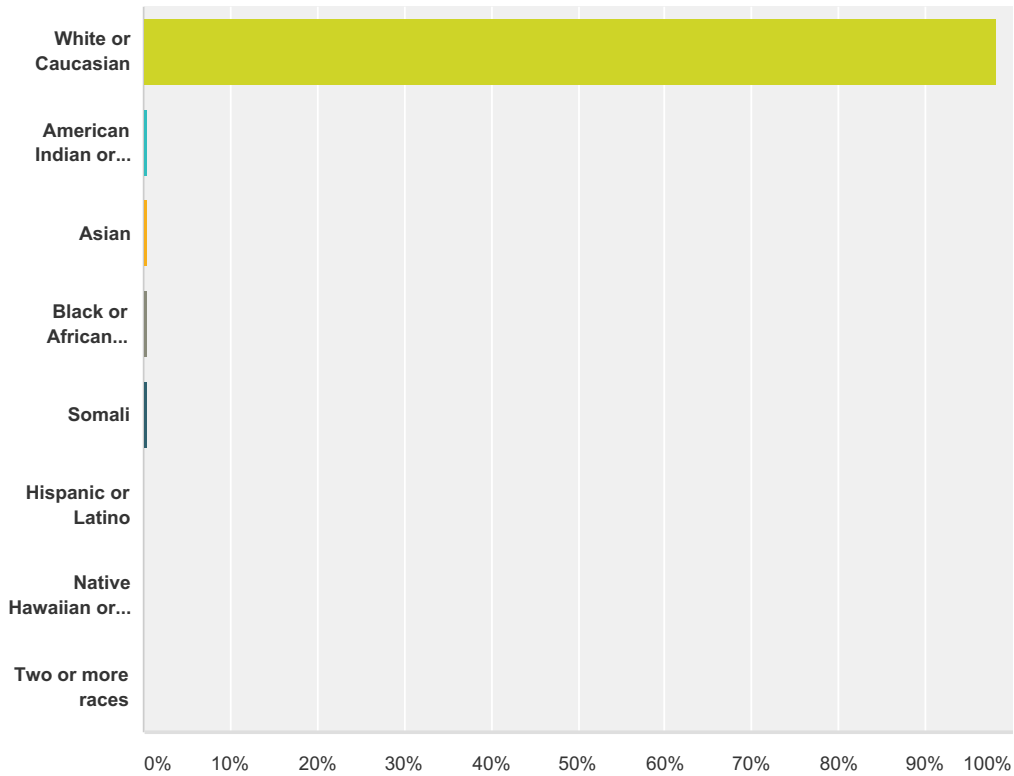
Answered: 206 Skipped: 6



Answer Choices	Responses
Fayette	82.04% 169
Winneshiek	6.31% 13
Clayton	4.85% 10
Allamakee	2.91% 6
Bremer	1.94% 4
Chickasaw	1.46% 3
Howard	0.49% 1
Butler	0.00% 0
Floyd	0.00% 0
Mitchell	0.00% 0
Total	206

Q22 What is your race/ethnicity?

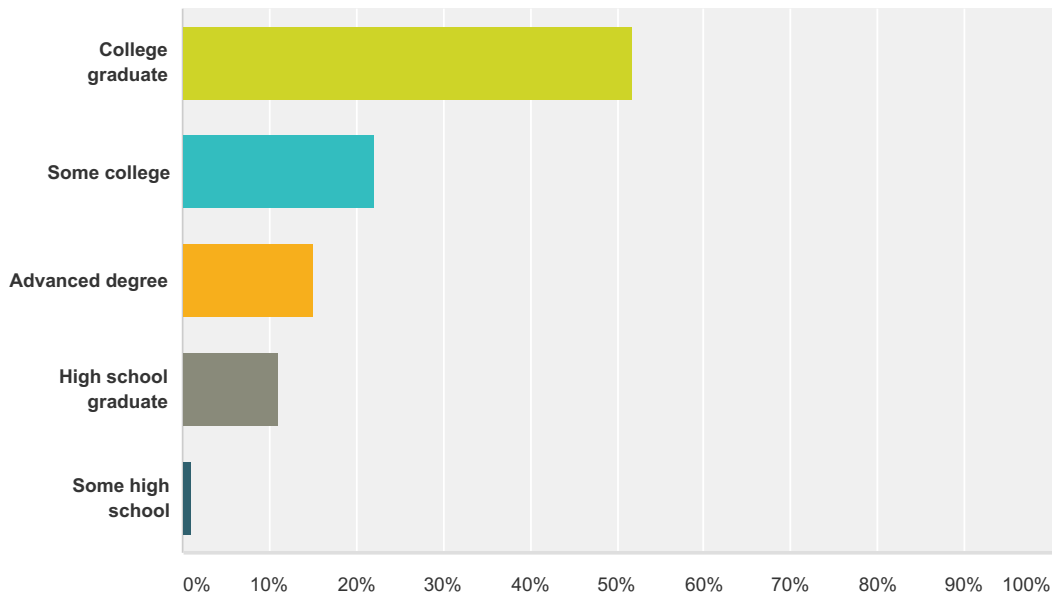
Answered: 204 Skipped: 8



Answer Choices	Responses	Count
White or Caucasian	98.04%	200
American Indian or Alaskan Native	0.49%	1
Asian	0.49%	1
Black or African American	0.49%	1
Somali	0.49%	1
Hispanic or Latino	0.00%	0
Native Hawaiian or other Pacific Islander	0.00%	0
Two or more races	0.00%	0
Total		204

Q23 What is the highest level of education you have completed?

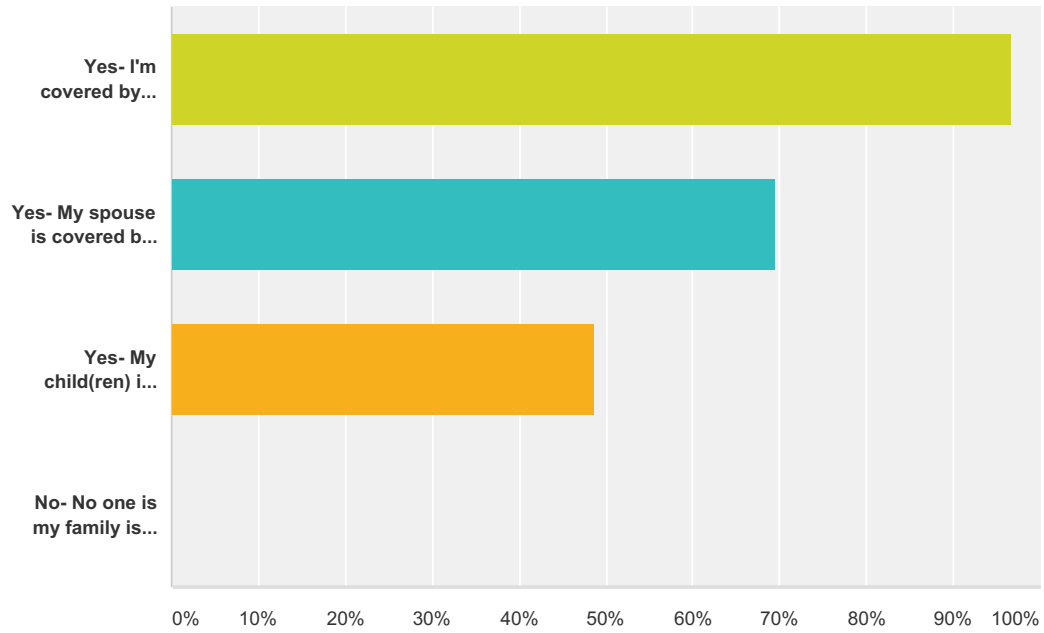
Answered: 207 Skipped: 5



Answer Choices	Responses
College graduate	51.69% 107
Some college	22.22% 46
Advanced degree	14.98% 31
High school graduate	11.11% 23
Some high school	0.97% 2
Total Respondents: 207	

Q24 Are you/your family members covered by health insurance? Select all that apply:

Answered: 210 Skipped: 2



Answer Choices	Responses
Yes- I'm covered by health insurance.	96.67% 203
Yes- My spouse is covered by health insurance.	69.52% 146
Yes- My child(ren) is covered by health insurance.	48.57% 102
No- No one is my family is covered by health insurance.	0.00% 0
Total Respondents: 210	