Bereavement Education
Grief Support Resources
Bereavement Program Implementation

2016 CATALOG

A comprehensive program that addresses bereavement needs throughout the life span.
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**Most materials are available in English (E) and Spanish (S).**

Prices effective August 1, 2015 and are subject to change.

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PREVIEW OUR PRODUCTS!

Our sample kits give you the opportunity to see the quality of our support materials, review the contents, and decide which items would be most beneficial to you and your patients.

**Perinatal/Infant Bereavement Sample Kit**
The Perinatal Bereavement Sample Kit includes one each of the resources on pages 4-8 (Remembrance Box and When a Baby Dies book not included).

RTS 2020-E / RTS 2020-S  $42.95

**Child/Adult Bereavement Sample Kit**
This kit includes the Bereavement Packet: Folder w/Inserts; Understanding Grief; Gift at Life’s End; When Your Parent Dies; A Time for Peace; With Deepest Sympathy; Door Card; Gone But Not Forgotten Card; Embossed Note Cards; When Your Child is Dying; Family and Friends (when a child dies and when a loved one dies).

RTS 2021-E / RTS 2021-S  $19.95
Dear Friends,

Thank you for considering Resolve Through Sharing products as part of your important work in bereavement care. As we begin our 35th year of serving you, our hope continues to be that you will use these materials as an extension of the special relationships you forge with those who are grieving. To let them know that you care, even when they are no longer at your facility.

We would love to hear your stories of how these support materials have helped you and your patients and families. I invite you to write me at bereavementservices@gundersenhealth.org. Thank you for the many moments of comfort you have given to those who need you.

Rana Limbo, PhD, RN, CPLC, FAAN
Associate Director and Senior Faculty Consultant Resolve Through Sharing

1. Attend our courses!
   ...learn best practices in bereavement care

2. Train your staff!
   ...build an interprofessional team of bereavement care experts

3. Make it your standard of care!
   ...establish Resolve Through Sharing as a standard of care in your hospital

See pages 14-15 for a step-by-step guide on implementing our innovative program in your facility today!
PERINATAL AND INFANT DEATH

PERINATAL GRIEF RESOURCES

Learning You Will Miscarry
This evidence-based brochure fills a unique need for written information after an impending miscarriage is diagnosed within the first 12 weeks of pregnancy. Topics include treatment choices, the importance of taking time to decide, what to expect during a miscarriage, and what to do afterwards.

RTS 4129-E / RTS 4129-S
Individual $2.95 each
Packs of 25 $48.75/pack ($1.95 ea)

Stillbirth
Over half of stillbirths have no known cause and occur in spite of the best prenatal care. Helpful in validating parents’ emotions and questions, this brochure offers comfort and insight to parents who suffer this unique loss. Companion piece: RTS Premium Complete Memory Box (page 18).

RTS 4119-E / RTS 4119-S
Individual $2.95 each
Packs of 25 $48.75/pack ($1.95 ea)

Miscarriage
Based on research and stories of women and families, this brochure addresses the different ways in which women and men respond to miscarriage, and provides an understanding of why some may grieve deeply and others may not grieve at all.

RTS 4113-E / RTS 4113-S
Individual $2.95 each
Packs of 25 $48.75/pack ($1.95 ea)

Ectopic Pregnancy
An ectopic pregnancy occurs when the fertilized egg implants somewhere other than in the uterus. Using illustrations and parents’ stories, this brochure explains the complex issues of an ectopic pregnancy, including medical diagnosis and treatment decisions, loss of the pregnancy, and possible effects on future fertility.

RTS 4115-E / RTS 4115-S
Individual $2.95 each
Packs of 25 $48.75/pack ($1.95 ea)

Loss of One or More Multiples
When one or more babies of a multiple gestation pregnancy dies, parents often struggle with both joy and grief and may feel cheated of the opportunity to parent children with a unique sibling bond. This brochure was written for parents who know prior to delivery that one or more of their babies died.

RTS 4126-E / RTS 4126-S
Individual $2.95 each
Packs of 25 $48.75/pack ($1.95 ea)

Parent’s Booklet
This 32-page booklet addresses the concerns that bereaved parents most often express. Topics include mending a broken heart, our grief seems so different, what do you say, saying goodbye, explaining death to children, sexuality, and thinking about another pregnancy. Inside pockets provide a place for resources and mementos (8.75 x 11.75).

RTS 4112-E / RTS 4112-S
Individual $7.50 each
Packs of 10 $65.00/pack ($6.50 ea)
Difficult Choices: Medical Interruption of Pregnancy When You Know Your Baby Will Not Survive

This brochure is an important source of information for parents who end their pregnancy because of a diagnosis of fetal abnormalities or maternal complications. Topics include common reactions of parents; the physical, social, emotional, and spiritual components of grief; different ways of grieving; and steps that help with the healing process.

RTS 4124-E / RTS 4124-S
Individual $2.95 each
Packs of 25 $48.75/pack ($1.95 ea)

A Teenager’s Grief When a Baby Dies

This brochure was written to support a teen whose baby dies. It explains grief in a down-to-earth manner and includes many creative suggestions, such as challenging negative thoughts, and keeping a diary or journal (5.5 x 8.5 booklet).

RTS 4131-E / RTS 4131-S
Individual $3.95 each
Packs of 10 $29.50/pack ($2.95 ea)

When a Baby Dies: A Handbook for Healing and Helping

Considered a “classic” in perinatal bereavement literature, this book was written to help families find hope and to provide support to healthcare professionals. The book looks at individual stories of perinatal death, with specific chapters about miscarriage, ectopic pregnancy, stillbirth, newborn death, and loss in a multiple gestation pregnancy. 165 pages.

RTS 7101 $14.95

COMPANION RESOURCES

Baby Ring

This tangible memento of baby’s short life provides a delicate way for family, friends, and caregivers to express sympathy to bereaved parents. The tiny 10-carat gold-plated baby ring is tucked inside a small fabric bag and attached to a keepsake card. Envelope included (4.25 x 5.25).

RTS 5100-E / RTS 5100-S
Individual $4.95 each
Packs of 25 $98.75/pack ($3.95 ea)

Remembrance Journal – In Memory Of My Precious Baby

Use this journal to record thoughts and feelings, and the hopes and dreams you had for your pregnancy (5.5 x 8.5 booklet).

RTS 4122-E / RTS 4122-S
Individual $5.95
Packs of 10 $49.50/pack ($4.95 ea)

RTS Remembrance Box

The Remembrance Box is designed specifically for parents experiencing pregnancy loss at an early gestational stage.

Remembrance Box has ribbons to tie together at the side and includes a verse card, remembrance journal, scented sachet heart pillow, and baby ring. 6½” x 5” x 1½” outer dimensions.

(See page 19 for ordering information.)

Most materials are available in both English (E) and Spanish (S)
INFANT GRIEF RESOURCES

Parent’s Booklet
This 32-page booklet addresses the concerns that bereaved parents most often express. Topics include mending a broken heart, our grief seems so different, what do you say, saying goodbye, explaining death to children, sexuality, and thinking about another pregnancy. Inside pockets provide a place for resources and mementos (8.75 x 11.75).

RTS 4112-E / RTS 4112-S
Individual $7.50 each
Packs of 10 $65.00/pack ($6.50 ea)

Newborn Death
This brochure addresses feelings other parents have had and shares their thoughts about how to cope with the tragedy of newborn death. It also includes a basic explanation of medical terms that helps parents’ overall understanding of the medical setting. Companion piece: RTS Premium Complete Memory Box (pg. 18).

RTS 4120-E / RTS 4120-S
Individual $2.95 each
Packs of 25 $48.75/pack ($1.95 ea)

Autopsy
After the death of a baby, parents can be torn between wanting to know the cause of death and feeling their baby has been through enough. This brochure discusses the decision-making process regarding autopsy and helps parents understand what they may or may not learn from medical examination of their baby after death.

RTS 4114-E / RTS 4114-S
Individual $1.95 each
Packs of 25 $23.75/pack ($0.95 ea)

Door Card
Place the door card on a hospital room door to alert staff that a death has occurred and to remind them to be sensitive when entering the room. The card may be offered to families as a keepsake in memory of their loved one. Also available with magnetic back (4 x 6).

RTS 5101-E / RTS 5101-S
Individual $0.95 each
Packs of 25 $18.75/pack ($0.75 ea)

RTS 5101-M (magnetic)
Individual $3.95 each
Packs of 25 $81.25/pack ($3.25 ea)

Waiting for Birth & Death: Knowing Your Baby May Not Survive
Written for parents who choose to continue a pregnancy when they know that their baby’s life will be short, this booklet tells a compelling story from parents’ perspectives. It is a resource for perinatal palliative care and hospice services (5.5 x 8.5 booklet). Companion piece: Remembrance Journal (pg. 8).

RTS 4128-E / RTS 4128-S
Individual $3.95 each
Packs of 10 $29.50/pack ($2.95 ea)

Planning a Special Goodbye When Your Baby Dies
When a baby dies, the thought of planning for a funeral or other memorial service or burial is daunting. Written to help parents whose baby dies during pregnancy or shortly after birth, this brochure provides options and suggestions from other bereaved parents for honoring their baby’s brief life.

RTS 4127-E / RTS 4127-S
Individual $2.95 each
Packs of 25 $48.75/pack ($1.95 ea)

Peace & Remembrance
Written for parents whose baby died in a neonatal intensive care setting, this booklet helps parents understand how to meet with medical staff, tell other children, respond to other people, and make funeral plans (5.5 x 8.5 booklet).

RTS 4123-E / RTS 4123-S
Individual $5.95 each
Packs of 10 $49.50/pack ($4.95 ea)
AFTER PREGNANCY LOSS RESOURCES

Pregnancy Following Loss
After experiencing the death of a baby, parents sometimes find that their next pregnancy is shadowed with anxiety and fear. This brochure describes some of these normal reactions and offers suggestions to help parents feel more in control.
RTS 4125-E / RTS 4125-S
Individual $2.95 each
Packs of 25 $48.75/pack ($1.95 ea)

Caring for Yourself After a Loss
This succinct guide to postpartum care is tailored to the mother whose baby died. Topics include managing the emotions and physical discomfort of lactation and not having a baby to breastfeed, postpartum depression, care of sutures or incision, sexual activity, and many more.
RTS 4130-E / RTS 4130-S
Individual $2.95 each
Packs of 25 $48.75/pack ($1.95 ea)

FAMILY AND FRIENDS RESOURCES

A Father’s Grief
A Father’s Grief helps fathers explore their reactions and understand common misconceptions about the way fathers grieve. Topics include saying goodbye, resolving differences, intimacy, and having another child.
RTS 4118-E / RTS 4118-S
Individual $2.95 each
Packs of 25 $48.75/pack ($1.95 ea)

Grief of Grandparents
When a baby dies, grandparents grieve for the loss of their grandchild, and hurt deeply for the pain of their child. This brochure helps them understand their feelings and offers practical advice about how they can help their children.
RTS 4116-E / RTS 4116-S
Individual $2.95 each
Packs of 25 $48.75/pack ($1.95 ea)

Talking With Children About Perinatal Loss
This brochure provides parents with guidelines for talking with children in various age groups and offers assurance about their role in this difficult task.
RTS 4121-E / RTS 4121-S
Individual $2.95 each
Packs of 25 $48.75/pack ($1.95 ea)

Family and Friends: How You Can Help When a Baby Dies
When a baby dies, friends and family want to help but often they just don’t know what to say or do. This brochure offers sensitive, yet practical suggestions about how family and friends can show their love and support.
RTS 4117-E / RTS 4117-S
Individual $2.95 each
Packs of 25 $48.75/pack ($1.95 ea)

Most materials are available in both English (E) and Spanish (S)
PERINATAL AND INFANT DEATH

PERINATAL AND INFANT KEEPSAKES

Remembrance of Blessing
A blessing for their baby can help comfort parents. With space provided to record important information, the card becomes a precious memory. Envelope included (5 x 7).
RTS 5112-E / RTS 5112-S
Individual $1.55 each
Packs of 25 $31.25/pack ($1.25 ea)

Baby Ring
This tangible memento of baby’s short life provides a delicate way for family, friends, and caregivers to express sympathy to bereaved parents. The tiny 10-carat gold-plated baby ring is tucked inside a small fabric bag and attached to a keepsake card. Envelope included. (4.25 x 5.25).
RTS 5100-E / RTS 5100-S
Individual $4.95 each
Packs of 25 $98.75/pack ($3.95 ea)

Remembrance Journal – In Memory Of My Precious Baby
Use this journal to record thoughts and feelings, and the hopes and dreams you had for your pregnancy (5.5 x 8.5 booklet).
RTS 4122-E / RTS 4122-S
Individual $5.95
Packs of 10 $49.50/pack ($4.95 ea)

In Memory Of
Because parents have such a short time with their baby who died, creating memories is critically important. With the help of staff, parents can use this card to record information about their baby, add baby’s footprints, a photo, or a lock of hair. Suitable for framing.
RTS 5111-E / RTS 5111-S
Individual $2.50 each
Packs of 25 $37.50/pack ($1.50 ea)

NOTE CARDS

Gone But Not Forgotten Sympathy Card
An embossed leaf and teardrop is featured on the front of this card. The inside includes the “Fallen Leaf” poem and the message, “With deepest sympathy.” Envelope included.
RTS 5102
Individual $2.95 each
Packs of 10 $19.50/pack ($1.95 ea)

Embossed Note Card
Embossed on the front with a leaf and teardrop, the card is blank on the inside and serves as a sympathy card. Bereaved parents can use the card to let people know about their baby’s life and death. Envelope included.
RTS 5301
Individual $2.95 each
Packs of 10 $19.50/pack ($1.95 ea)
**CHILD DEATH GRIEF RESOURCES**

**When Your Child is Dying**
This booklet explains the different levels of understanding children have when they are dying, and addresses answers to questions children may ask about their impending death. Experiences of other parents whose children have died are shared.

RTS 4136-E / RTS 4136-S
- Individual $3.95 each
- Packs of 10 $29.50/pack ($2.95 ea)

**A Time for Peace**
Families in critical care settings have to face difficult end-of-life decisions such as withdrawal of life support or changing resuscitation status. A Time for Peace was written to help family understand what to expect once death occurs.

RTS 4133-E / RTS 4133-S
- Individual $3.95 each
- Packs of 10 $29.50/pack ($2.95 ea)

**Gifts at Life’s End**
Those who are dying often speak in metaphor about what they are experiencing. This brochure is designed to help families understand this special language so they can engage in meaningful conversations with their loved one who is dying.

RTS 4134-E / RTS 4134-S
- Individual $2.95 each
- Packs of 25 $48.75/pack ($1.95 ea)

**Child Handprint Card**
Help families create a precious memento with the handprint card. Envelopes included. Ink not included (8 x 10).

RTS 5320-E / RTS 5320-S
- Individual $3.95 each
- Packs of 10 $29.50/pack ($2.95 ea)

**With Deepest Sympathy**
With Deepest Sympathy helps you meet the immediate needs of bereaved families including information regarding funeral services and grief support resources. It is also used to record details such as time of death, decisions about organ donation and autopsy, and contains space for hospital contact information and the names of the staff that provided care.

RTS 5310-E / RTS 5310-S
- Individual $1.95 each
- Packs of 25 $23.75/pack ($0.95 ea)

**Family and Friends: How You Can Help When a Child Dies**
When a child dies, friends and family want to help but often they just don’t know what to say or do. This brochure offers sensitive, yet practical suggestions about how family and friends can show their love and support.

RTS 4137-E / RTS 4137-S
- Individual $2.95 each
- Packs of 25 $48.75/pack ($1.95 ea)

**Meaningful Moments: Ritual & Reflection When a Child Dies**
This thought provoking and spiritually rich book brings together elements of relationship, reflection, ritual, suffering, and hope, and introduces a guided approach to co-creation of ritual when a child dies. Other bereaved parents share their stories and the book is a treasure for those who are looking for literature on “care for the caregiver.” 96 pages.

RTS 7100 $29.95

Most materials are available in both English (E) and Spanish (S)
ADULT DEATH GRIEF RESOURCES

**A Time for Peace**
Families in critical care settings have to face difficult end-of-life decisions such as withdrawal of life support or changing resuscitation status. A Time for Peace was written to help the family understand what to expect once death occurs.

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**Understanding Grief**
Whether sudden or expected, when someone dies those left behind come face-to-face with the finality and reality of death. This brochure is designed to help the bereaved understand the thoughts and feelings they may have through various stages of grief.

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**Gifts at Life’s End**
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**When Your Parent Dies**
The reflections in this brochure will help you accept the death of your parent by once again embracing what your parent gave you through the years.

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**Family and Friends: How You Can Help When a Loved One Dies**
When a loved one dies, friends and family want to help but often they just don’t know what to say or do. This brochure offers sensitive, yet practical suggestions about how family and friends can show their love and support.

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**Bereavement Packet**
This packet provides a way to offer support materials to bereaved families as part of your follow-up program. Topics include: Helping Yourself Heal, Common Grief Reactions, Am I Grieving Normally, Hints for Holiday Coping, Helping Children Through Loss, and Recommended Readings.

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**Adult Handprint Card**
Help families create a precious memento with the handprint card. Envelopes included. Ink not included (11 x 14).

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RTS Bereavement Training PowerPoints
The slides are arranged according to the RTS training agenda and include speaker notes for each slide. RTS Coordinators can also use the slides for other perinatal bereavement education such as in-services and orientation.

RTS Bereavement Training: Perinatal Death
PowerPoint and Speaker Notes book  RTS 1012-P $299.00
Speaker Notes (book only)  RTS 1012-N $39.95

RTS Bereavement Training: Pediatric and Adult Death
PowerPoint and Speaker Notes book  RTS 1013-P $299.00
Speaker Notes (book only)  RTS 1013-N $39.95

RTS Coordinator Training Manual
The RTS Coordinator Manual is available only to those who have completed RTS Bereavement Training and RTS Coordinator Training.

RTS 1014  $74.95 each

RTS Bereavement Training Manual: Perinatal Death

RTS 1012-C  $129.95 each

RTS Bereavement Training Manual: Pediatric and Adult Death

RTS 1013-C  $129.95 each

RTS Coordinator Training Manual
The RTS Coordinator Manual is available only to those who have completed RTS Bereavement Training and RTS Coordinator Training.

RTS 1014  $74.95 each

RTS Bereavement Training PowerPoints
The slides are arranged according to the RTS training agenda and include speaker notes for each slide. RTS Coordinators can also use the slides for other perinatal bereavement education such as in-services and orientation.

RTS Bereavement Training: Perinatal Death
PowerPoint and Speaker Notes book  RTS 1012-P $299.00
Speaker Notes (book only)  RTS 1012-N $39.95

RTS Bereavement Training: Pediatric and Adult Death
PowerPoint and Speaker Notes book  RTS 1013-P $299.00
Speaker Notes (book only)  RTS 1013-N $39.95

RTS Perinatal Bereavement Coordinator Starter Kit
- Decision Making in the NICU: Guiding Families Through Removing Life-Sustaining Therapy (DVD)
- Guided Participation (DVD)
- Bereavement Training: Perinatal Death Physician & Provider Presentation (CD)
- Perinatal Palliative Care Tool Kit
- RTS Bereavement Training: Perinatal Death PowerPoint
- Speaker Notes book
- Black/purple RTS messenger bag

RTS 1015  $399.00

RTS Pediatric & Adult Death Bereavement Coordinator Starter Kit
- Supporting Angry Families (DVD)
- Grief After A Son’s Suicide (DVD)
- Guided Participation (DVD)
- Meaningful Moments: Ritual and Reflection When a Child Dies (book)
- RTS Bereavement Training: Pediatric and Adult Death PowerPoint
- Speaker Notes book
- Black/lime green RTS messenger bag

RTS 2022  $399.00

ACCESSORIES

Leaf and Teardrop Pin
Give this pin to each participant of your bereavement training course as a symbol of appreciation for their dedication to caring for bereaved families. The pin has a polished gold finish with a raised matte leaf.

RTS 5411  $5.75
Packs of 10  $53.00/pack ($5.30 ea)

Messenger Bag
This Messenger-style brief features a headphone outlet on the front flap and organizer pockets under the flap. The bag also has a mesh pocket for a water bottle, an adjustable shoulder strap, and a single handle on top. Available in three colors.

RTS 5501-C (black/charcoal)  $19.95 each
RTS 5501-L (black/lime green)  $19.95 each
RTS 5501-P (black/purple)  $19.95 each

Order at gundersenhealth.org/rtscatalog | 11
RTS TOOLS FOR EDUCATION

Jump start your perinatal RTS program! This kit includes the basics for providing staff in-services and workshops. (The kit is packaged in the black/charcoal messenger bag, see page 11.)

- RTS Perinatal Bereavement Overview: Principles & Practices (DVD)
- A Bridge to Hope (DVD)
- When A Baby Dies: a Handbook for Healing and Helping
- Parent Support Group Guide
- Pregnancy Attachment and the Need to Create Memories
- Facilitating Healing in Families Who Experience Miscarriage
- Who’s Taking Care of You?

RTS 2016 $249.00

PRAM BADGE

The PRAM (Pause, Reflect, Acknowledge, be Mindful) acronym serves as a reminder for caregivers to stop and be present in emotionally intense patient experiences. The PRAM framework is described on this durable, plastic waterproof card. The slots make it easy to hang horizontally or vertically on a lanyard or name badge.

RTS 2014
Individual $2.95
Packs of 25 $48.75/pack ($1.95 ea)

TRAINING DVDS

PERINATAL BEREAVEMENT OVERVIEW PRINCIPLES AND PRACTICE

This narrated PowerPoint is intended for staff who has not had the opportunity to attend RTS Bereavement Training: Perinatal Death. After watching the DVD, staff will understand RTS principles and practices and have beginning competencies in delivering care.

32 minutes.

RTS 9114 $99.00

BEREAVEMENT TRAINING: PERINATAL DEATH PHYSICIAN & PROVIDER PRESENTATION

This PowerPoint presentation will provide physicians and providers with an understanding of RTS principles and practices. Notes are included and presenters can adapt the notes as needed.

60 minutes.

RTS 9116 $49.00

DECISION MAKING IN THE NICU GUIDING FAMILIES THROUGH REMOVING LIFE-SUSTAINING THERAPY

The RTS Coordinator uses the Guided Participation method to help parents through decision making about the removal of life-sustaining therapy and the death of their child. The DVD features conversations about comfort measures, holding the baby, including siblings, spiritual care, ritual and keepsake creation, and lactation, and is chaptered so specific segments can be easily accessed for educational purposes.

35 minutes.

RTS 9115 $75.00

SUPPORTING ANGRY FAMILIES

Anger is a normal, healthy response to loss, yet many healthcare providers are unprepared and lack the skills to effectively deal with the anger of patients and families. This DVD reviews the causes of anger in those who are grieving and provides examples of interventions for supporting and facilitating anger in grief.

50 minutes.

RTS 9117 $49.00
**Parent Support Group Guide**
Use this step-by-step guide to develop perinatal bereavement support groups. It includes sample invitations, letters, brochures, and news releases.
RTS 2026  $13.95

**Perinatal Palliative Care Program Tool Kit**
This tool kit is available to anyone who needs resources to develop a Perinatal Palliative Care Program at their facility. The kit includes handouts, sample forms, algorithms, and more.
RTS 2025  $39.95

**Grief After a Son’s Suicide**
Suicide and mental health disorders continue to be stigmatized by society, diminishing support for families whose loved one dies in this manner. This recorded Webinar is formatted in a conversational setting where bereaved parents openly discuss their son’s life and death, their grieving styles, spirituality, and coping mechanisms. They describe the circumstances of their son’s depression and death, bringing those who listen to a point of deeper understanding. 48 minutes.
RTS 9122  $49.00

**Guided Participation**
This DVD demonstrates the effectiveness of a method to engage families in relationship development, communicating, and decision making. Two scenarios are shown to demonstrate standard versus enhanced discharge teaching for a couple whose baby died. Use as a stand-alone for orientation and brief in-services, or as a part of a longer educational session. 20 minutes.
RTS 9119  $17.95

**A Bridge to Hope**
A Bridge to Hope captures the hopes and dreams of parenthood and the devastation following a stillbirth. It focuses on the relationship between the bereaved parents and the caregivers who supported them. RTS coordinators use this DVD at the beginning of their RTS course. It can also be used to present the concept of best practices in perinatal bereavement care to managers and other members of leadership. 7 minutes.
RTS 9118  $24.95

**ONLINE MODULES & WEBINARS**
Our online modules offer an introduction to the basics of bereavement care, a refresher for those who’ve already taken bereavement training, or a tool for competency development. They address individual educational needs or can be integrated into a system-wide curriculum (call (800) 956-0333 for more information). Module topics and details available at bereavementservicesonline.org.

Our Webinars offer you the convenience of learning about perinatal bereavement care - anytime, anywhere. For a complete list of Webinar titles and descriptions go to gundersenhealth.org/ rts. Individual and group rates offered.
RTS offers its industry-leading, comprehensive bereavement education globally. Find a course near you at gundersenhealth.org/rts, and join the 35,000+ healthcare professionals who have attended RTS training.

1. Attend our courses!

PERINATAL DEATH
A baby dies ... are you prepared?

Resolve Through Sharing Bereavement Training: Perinatal Death

Attend this two-day course to enhance your knowledge, skills, and personal awareness to develop or enrich your practice of caring for families whose baby dies. This training will also help you prepare for the Hospice and Palliative Credentialing Center’s (HPCC) perinatal loss care certification exam.

Who should attend?
If you are a nurse (L&D, OB, emergency room, public health), social worker (all levels of practice), chaplain, midwife, genetic counselor, physician, physician assistant, child life specialist, ultrasonographer, doula, home health visitor, or other healthcare professional who cares for women experiencing perinatal death, you should attend. Funeral directors will also benefit from this course.

PEDIATRIC AND ADULT DEATH
Enhance your care to dying patients and their families

Resolve Through Sharing Bereavement Training: Pediatric and Adult Death

Attend this two-day course to learn the skills you need to provide relationship-based, family-oriented pediatric and adult bereavement care.

Who should attend?
This course is invaluable for nurses (pediatric, hospice, palliative care, emergency room, public health), social workers (all levels of practice), chaplains/clergy, physicians, physician assistants, home health visitors, or other healthcare professionals who provide bereavement care to children, adults, and their families. Funeral directors will also benefit from this course.

NEW IN 2016 – RTS Bereavement Training: Neonatal/Pediatric Death. Watch our website for details!
2 Train your staff!

TRAIN-THE-TRAINER
Become a designated RTS program coordinator and trainer

Resolve Through Sharing Coordinator Training
In this one-day course you will learn the skills you need to establish and maintain a RTS bereavement program in your healthcare system. The course content emphasizes change theory, eliciting support, teaching strategies, and leadership skills. After attending, you will also be qualified to offer RTS bereavement training to staff members in your organization.

Who should attend?
Nurses, social workers, chaplains/clergy, physicians and other healthcare professionals who want to become a change agent within their organization should attend this course.

3 Make it your standard of care!

PROGRAM IMPLEMENTATION
RTS offers a system-wide approach designed to implement, cultivate, and sustain RTS as a standard of care in your organization. Related services can be provided separately or combined, depending on your needs. For more information email berservs@gundersenhealth.org or call (608) 775-3568.

BRING RTS TRAINING TO YOUR ORGANIZATION

Sponsorship package
Exclusive to your organization, RTS faculty provide the RTS industry-leading comprehensive perinatal, neonatal, pediatric, to adult death bereavement education to your staff.

Cosponsorship package
RTS faculty provide the same education to your staff as the sponsor model, however healthcare professionals outside your organization are invited to attend, opening the doors for your staff to network with other bereavement care providers.

For more information, email berservs@gundersenhealth.org, or call (608) 775-3568.

From the day I walked into my first Resolve Through Sharing (RTS) Bereavement Training, and each day since, RTS has gone above and beyond to make their program accessible to me and my team as teachers, coaches, and by providing the highest quality resources.

Our decision to convert 100% of our Parent Education materials to the RTS curriculum this year has been the wisest investment we have made in our program to date…the folders and brochures support each other and flow together beautifully to provide the very best information for our parents.

I look forward to many years partnering with RTS and Gundersen Health System as we strive together to serve the needs of bereaved families and the staff that cares for them.

Penny Millspaugh, RTS Coordinator
Wings of Hope Infant and Child Bereavement Services
Altru Health System, Grand Forks, ND
RESPECTING CHOICES®

RTS PARTNER PROGRAM

Respecting Choices® is an internationally recognized, evidence-based advance care planning program that provides patients with an informed, timely, and specific decision-making process, resulting in improved end-of-life care outcomes.

A mind shift is occurring in how providers are approaching end-of-life care. According to last year’s Institute of Medicine’s Dying in America report, “Health system managers, payers, and policy makers, likewise, have a responsibility to ensure that end-of-life care is compassionate, affordable, sustainable, and of the best quality possible.

Respecting Choices has been implemented by more than 100 organizations or groups in the United States. The model of care has been implemented country-wide in Australia and Singapore, is being tested in Germany and Canada, and is the foundation for a six-nation European Union study.

Respecting Choices controls the per capita cost of care

<table>
<thead>
<tr>
<th>Per capita cost of care</th>
<th>La Crosse Wisconsin*</th>
<th>Statewide Wisconsin</th>
<th>National Average</th>
</tr>
</thead>
<tbody>
<tr>
<td>Reduces unwanted hospitalizations—percent hospitalized at least once during last six months of life</td>
<td>59.5% (below 10th percentile)</td>
<td>67.5%</td>
<td>71.5%</td>
</tr>
<tr>
<td>Reduces costs of care in last two years of life due to elimination of unwanted treatment</td>
<td>$48,771</td>
<td>$67,443</td>
<td>$79,337</td>
</tr>
<tr>
<td>Decreases hospital care intensity in last two years of life</td>
<td>0.49 (half the national average)</td>
<td>0.72</td>
<td>1.00</td>
</tr>
<tr>
<td>Reduces inpatient days in last two years of life</td>
<td>10.0 days (below 10th percentile)</td>
<td>13.2 days</td>
<td>16.7 days</td>
</tr>
<tr>
<td>Reduces hospital deaths</td>
<td>20.4%</td>
<td>20.9%</td>
<td>25.0%</td>
</tr>
<tr>
<td>Reduces percent of decedents seeing 10 or more different physicians during last six months of life</td>
<td>22.7% (well below 10th percentile)</td>
<td>31.0%</td>
<td>42.0%</td>
</tr>
<tr>
<td>Reduces percent of decedents spending seven or more days in ICU/CCU during last six months of life</td>
<td>3.8% (well below 10th percentile)</td>
<td>6.8%</td>
<td>15.2%</td>
</tr>
<tr>
<td>Reduces percent of decedents admitted to ICU/CCU in which death occurred</td>
<td>9.5% (well below 10th percentile)</td>
<td>13.1%</td>
<td>18.5%</td>
</tr>
</tbody>
</table>

Reduces healthcare costs: for each dollar spent on ACP the cost of healthcare is reduced by $2. The ROI is $1 for every dollar spent.\(^{12,30}\)

The Respecting Choices model can be successfully replicated and returns on investment achieved in diverse communities and cultures worldwide. For more information contact respectingchoices@gundersenhealth.org, call (608) 775-4747, or visit gundersenhealth.org/rc.

*Respecting Choices is fully-implemented in La Crosse, Wis.
Memories Unlimited has provided Memory Boxes and other Bereavement Support Tools for RTS since 1994. The ‘private label’ purple RTS Family of Memory Boxes, Preshand System™, and Keepsake Impressions Kits™ coordinate with all RTS literature and training materials, enhancing recognition of the RTS continuum of care. By working together, we hope to reach more caregivers and educators to provide these professionals with the specific bereavement tools they need to support, comfort, and care for grieving families.

**FOR EARLY PREGNANCY LOSS**
- RTS Remembrance Box™
- RTS Keepsake Impressions Kit™

**FOR INFANT LOSS**
- RTS Premium Memory Box™
- RTS Deluxe Memory Box™
- RTS Basic Memory Box™
- RTS Preshand System™
- RTS Keepsake Impressions Kit™

**FOR PEDIATRIC AND ADULT LOSS**
- RTS Memento Box™
- RTS Book-like Keepsake Impressions Kit™

Order directly from Memories Unlimited, Inc.™
Phone: (360) 491.9819 | Fax: (360) 491.9827 | Email: info@memoriesunlimited.com
9511 Johnson Point Loop NE, Olympia, WA 98516
INFANT LOSS

RTS Premium Memory Box™

The RTS Premium Complete Memory Box™ is one inch deeper than the original Memory Box. Padded and covered with soft dark purple satin fabric it has a ribbon closure and two interior panel frames. Offered as Box Only or Complete. 9½” x 8” x 3½” o.d.

RTS Premium Complete Memory Box™

Includes a staff checklist and the following components: RTS Deluxe Keepsake Impressions Kit, size specific full length gown and knit cap, wisp of hair card, scented sachet heart pillow, deluxe panel cards for baby’s prints and baby’s birth data, listing of resources and selected readings, Embossed condolence card with envelope to be signed by caregivers who were involved with the family, and an explanation card of the Memory Box. English (E) or Spanish (S).

<table>
<thead>
<tr>
<th>Gown size</th>
<th>Approx. weight</th>
<th>Gown length</th>
<th>Product numbers</th>
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<tbody>
<tr>
<td>XXX Small</td>
<td>up to 1 lb.</td>
<td>8 inches</td>
<td>803111-E / 803111-S</td>
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<tr>
<td>XX Small</td>
<td>up to 2 lbs.</td>
<td>9 inches</td>
<td>80311-E / 80311-S</td>
</tr>
<tr>
<td>X Small</td>
<td>up to 3 lbs.</td>
<td>11 inches</td>
<td>8031-E / 8031-S</td>
</tr>
<tr>
<td>Small</td>
<td>up to 4 lbs.</td>
<td>14 inches</td>
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<td>8034-E / 8034-S</td>
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<td>Large</td>
<td>6-8 lbs.</td>
<td>20 inches</td>
<td>8036-E / 8036-S</td>
</tr>
<tr>
<td>X Large</td>
<td>8-9 lbs.</td>
<td>21 inches</td>
<td>8038-E / 8038-S</td>
</tr>
<tr>
<td>XX Large</td>
<td>9-11 lbs.</td>
<td>23 inches</td>
<td>8039-E / 8039-S</td>
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</tbody>
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Minimum order of 6. OK to mix sizes and languages.

RTS Deluxe Memory Box™

Covered and padded with soft dark purple satin fabric, the RTS Deluxe Memory Box features a ribbon closure, two interior panel frames, and is offered as Box Only or Complete. 9½” x 8” x 2½” o.d.

RTS Deluxe Complete Memory Box™

Includes a staff checklist and the following components: Size specific poncho and smock with two knit caps, one blanket, wisp of hair card, scented sachet heart pillow, deluxe panel cards for baby’s prints and baby’s birth data, resources card with selected readings, embossed condolence card with envelope to be signed by caregivers who were involved with the family, and an explanation card of the Memory Box. English (E) or Spanish (S).

<table>
<thead>
<tr>
<th>Clothing size</th>
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<tr>
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<td>X Large</td>
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Minimum order of 6. OK to mix sizes and languages.

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<td>$36.56</td>
<td>$35.66</td>
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<td>24-35</td>
<td>$31.06</td>
<td>$30.36</td>
<td>$29.76</td>
<td>$29.26</td>
</tr>
</tbody>
</table>

Minimum order of 6. OK to mix sizes and languages.
INFANT LOSS

RTS Basic Memory Box™
Covered with soft, padded purple hand-crafted paper with two interior panel frames and matching ribbons to secure its precious contents. Offered as Box Only or Complete. 9½" x 8" x 2½" o.d.

RTS Basic Complete Memory Box™
Packaged with a staff checklist and the following components: One size poncho and knit cap, re-sealable baggie for a wisp of baby’s hair, scented sachet heart pillow, blank card for baby’s prints and baby’s birth data card, basic condolence card with resources printed on reverse side, and an explanation card to provide family with a sensitive description of the Memory Box. Offered in English (E) or Spanish (S).

RTS Basic Complete Memory Box 8060-E / 8060-S $31.16 ea
RTS Basic Memory Box–Box only 8070X $23.56 ea
Minimum order of 6; no quantity discounts (Ok to mix languages)

EARLY PREGNANCY LOSS

RTS Remembrance Box™
Designed specifically for parents experiencing pregnancy loss at an early gestational stage. This Box contains materials to support parents when closer-to-term infant loss bereavement tools, such as infant clothing, may not be appropriate. The soft fabric padded Remembrance Box has ribbons to tie together at the side and includes a verse card, Remembrance Journal™, scented sachet heart pillow, and baby ring. 6½" x 5" x 1½" o.d. Offered in English (E) or Spanish (S).

RTS Remembrance Box 8080-E / 8080-S $29.86 ea
Minimum order of 6; no quantity discounts (Ok to mix languages)

PEDIATRIC AND ADULT LOSS

RTS Memento Box™
When a child or adult family member dies, caregivers can return personal items to the family in the RTS Memento Box. Soft and padded, the Memento Box is the largest of the RTS bereavement boxes, offering room for added mementos and photos of a loved one. Sold as Box Only in dark purple satin fabric and purple hand-crafted paper with matching ribbon closure and a Memento Box explanation card. 12" x 9¾" x 4” o.d. Offered in English (E) or Spanish (S).

RTS satin fabric Memento Box 8300-X $46.56 ea
RTS hand-crafted paper Memento Box 8100-X $39.86 ea
Contact Memories Unlimited for quantity discounts
The Preshand (preh-schänd) System was developed to help complete the continuum of bereavement care in a hospital setting by providing a dignified, sensitive, and practical way to manage the Presenting and Handling of an infant death in a manner that is respectful for the caregiver, for the infant, and for the family.

The Presentation portion of the System was created to offer parents a comforting memory of their baby cradled in a Presentation Basket, giving a warmer and less clinical last image of their infant in the hospital. The Presentation Basket also offers a gentle setting for taking photos.

The Handling part of the System was created with the staff in mind. The Insert provides a final resting place for baby, and when used with the Handling Carrier, it provides staff with a solution to confidently transport the baby through public areas to the morgue or pathology in a manner that is respectful to both the caregiver, and the baby.

Note: These steps may be done in reverse for families requesting to visit with the infant after the initial process. If the baby dies in the parent’s arms, parents or staff may place the baby in the insert and basket before removing the baby’s body from the room. To view a brief demonstration of the Preshand System, please contact Memories Unlimited for a non-published web link and password.
Includes all the Preshand System tools needed to complete important steps in the continuum of bereavement care offered at a special value. Presentation baskets and handling carriers are both reusable; inserts are used one per infant and reordered by sizes that coordinate with Memory Box clothing sizes. With inserts and carriers made in the signature RTS purple, the Preshand Starter System includes one each of the following items: small presentation basket with nesting filler, large presentation basket with nesting filler, small handling carrier, large handling carrier, 3 pack X small insert, 3 pack small insert, 3 pack medium insert, 3 pack large insert, 3 pack X large insert.

Preshand Starter System™

Phone: (360) 491.9819 or Fax: (360) 491.9827

Preshand Presentation Basket™

Each basket includes a nesting filler designed to snugly nestle three insert size options in the small basket, and two insert size options in the large basket. Baskets are woven with white flexible resin in a rattan-looking design. The large basket has a removable hood secured by Velcro® and the small basket fits inside the base of the large basket for easy storage. Both basket and nesting filler are reusable.

Preshand Insert™

Made of purple hand-crafted paper with a matching ribbon, and a patient ID card. Available in five sizes to coordinate with the recommended sizing for the Memory Boxes, inserts include a fabric coverlet and a verse card designed to help staff with closure. An impermeable layer helps retain fluids and keep its integrity in cold storage. The inserts are suitable for cremation and are sold in a package of three and are for single use only.

Preshand Handling Carrier™

Made of purple nylon with “Fragile, Handle with Care” printed on the outside for discreet transport, the handling carrier includes double zippers, a Velcro® handle grip, and a place to identify the name of the using department for easy return if left behind. Preshand Handling Carriers fold flat for storage and are reusable.

Recommended infant weight/interior base insert length

<table>
<thead>
<tr>
<th>Product</th>
<th>Recommended infant weight/interior base insert length</th>
<th>Product number</th>
<th>3-pack price</th>
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</thead>
<tbody>
<tr>
<td>X small Preshand Insert</td>
<td>up to 3 lbs. / 6½ in.</td>
<td>89310</td>
<td>$60.36</td>
</tr>
<tr>
<td>Small Preshand Insert</td>
<td>up to 4 lbs. / 8¼ in.</td>
<td>89320</td>
<td>$69.56</td>
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<tr>
<td>Medium Preshand Insert</td>
<td>4 to 6 lbs. / 9¾ in.</td>
<td>89340</td>
<td>$80.86</td>
</tr>
<tr>
<td>Large Preshand Insert</td>
<td>6 to 11 lbs. / 15 in.</td>
<td>89360</td>
<td>$110.76</td>
</tr>
<tr>
<td>X Large Preshand Insert</td>
<td>8 to 11 lbs. / 20 in.</td>
<td>89380</td>
<td>$143.86</td>
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<table>
<thead>
<tr>
<th>Product</th>
<th>Product number</th>
<th>3-pack price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small handling carrier</td>
<td>89530</td>
<td>$30.06 ea</td>
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<tr>
<td>Large handling carrier</td>
<td>89550</td>
<td>$40.66 ea</td>
</tr>
</tbody>
</table>

Preshand Starter System 89050 $605.26 ea

Small presentation basket 89120 $68.36 ea (fits X small, small & medium inserts)

Large presentation basket 89140 $88.16 ea (fits large & X large inserts)
**RTS Deluxe Keepsake Impressions Kit™**

Covered and padded in dark purple satin fabric with ribbon ties that wrap around to tie at the side. Taking impressions of baby’s foot or hand in minutes is easy with the no-mix molding material that air dries. Opposite the impression space is a padded frame with a panel card to add baby’s birth data, or a place for baby’s photo. Kits include step-by-step photo instructions and a packet of non-toxic molding material with a recommended use-by date. Impression space is approximately 2¾” x 3¾”. Kit outer dimensions are approximately 5” x 6” x 1½”. English (E) or Spanish (S).

RTS Deluxe Keepsake Impressions Kit
82600-E / 82600-S  $15.36 ea

**RTS Oval Bulk Pack Keepsake Impressions Kit™**

Made of purple hand-crafted paper with an ID label and easel-back stand for display. This simple style is perfect for taking impressions of very tiny babies. The kit is small enough to fit inside the RTS Remembrance Box. The impression space is approximately 2¾” x 3¾”. Kit outer dimensions are approximately 3” x 4”. The kit includes a large re-sealable bag with one set of step-by-step photo instructions, twelve ovals, and twelve molding material packets with a recommended use-by date. English only.

RTS Oval Bulk Pack Keepsake Impressions Kit
82200-E-TX      $75.06 12 pack

**A Mother’s Memory**

This comforting and supportive keepsake box was created to help families when a mother dies during her childbearing experience. A Premium Memory Box™ covered in a padded ivory brocade fabric includes a brochure, baby ring, hand-print poem, a little fabric bag for a clip of mom’s hair, and space for other items to preserve mementos for the family. By removing the brochure, A Mother’s Memory can also be presented to the family when a mother dies as a result of a non-childbearing experience. The Premium Memory Box includes two interior frame panels with 9½” x 8” x 3½” o.d. English (E) or Spanish (S).

A Mother’s Memory     85202-E / 85202-S     $59.96 ea

**RTS Belongings Bag**

This bag is designed to carry the RTS Memory or Memento Box to provide families with added privacy when leaving the hospital. The X-small, small, or medium Preshand™ Insert fits inside the RTS Belongings Bag to offer additional sensitivity and discretion for parents who choose to transport their infant home for burial. The sturdy bag is made of white hand-crafted paper with pressed botanical elements and features rope handles, a ribbon tie, and a window card. The bag can hold up to 10 pounds. 17”h x 13¼”w x 8”d.

RTS Belongings Bag—ordered with items (Memory Box, Memento Box, or Preshand Inserts in X small, small, or medium)
85700   $9.76

RTS Belongings Bag—ordered individually
85700X   $10.76

Infant sized oval keepsake impressions made in minutes

Step 1 - Spread the molding material to the edges of the oval.

Step 2 - Flip the oval over onto a clean surface. Press hard to flatten material and lift slowly to reveal a smooth impression space.

Step 3 & 4 - Take impression in rolling motion; if unsatisfied, do not remove the material from the oval, simply repeat the spread and flatten steps and try it again.

Infant-sized Keepsake Impressions Kit should remain uncovered to air dry for approximately 24 hours.
This kit is covered in purple hand-crafted paper and sized for youth and most adult hands. The larger impression space can accommodate more than one smaller hand or foot, making this style appropriate for use with twins. Impressions can be taken in portrait or landscape orientation. Two padded frames accommodate photos or the included verse card and data card. Kits include step-by-step photo sequence instructions, a verse card and data card, and a large packet of non-toxic, air dry molding material. The molding material can be pressed out and tried again if not satisfied with the first try. The kit can be hung on a wall by the closure loop or propped open on a shelf. Rectangular impression space is approximately 8½” x 5½”. Outer dimensions are approximately 10½” x 7½” x 1½”. Offered in English (E) or Spanish (S).

RTS Book-like Keepsake Impressions Kit
83300-E / 83300-S     $28.06 ea

Book-like Keepsake Impressions Kit should remain open and uncovered to air dry until the molding material is no longer moist.

To place an order for products on pages 17-23, contact Memories Unlimited, Inc.

Phone: (360) 491.9819 | Fax: (360) 491.9827 | Email: info@memoriesunlimited.com
9511 Johnson Point Loop NE, Olympia, WA 98516

Orders may be placed by phone, e-mail, fax or mail. Memories Unlimited office hours are Monday-Friday 8:00am to 4:30pm PST. When contacting Memories Unlimited to place an order, please provide the following information:
· Billing and shipping* address
· Item number with product description and quantity desired
· Purchase order number (if applicable)
· Ordering contact name, phone number, fax number and e-mail address

*Shipping is prepaid and added to the invoice. Please indicate on your order request if a shipping quote is needed in advance.

IF YOU DO NOT RECEIVE A CONFIRMATION FOR ITEMS ORDERED, PLEASE CONTACT MEMORIES UNLIMITED
Established in 1981, Resolve Through Sharing (RTS) is a not-for-profit, evidence-based bereavement program that is recognized internationally as the "GOLD STANDARD" for bereavement care and education.

RTS has trained more than 35,000 healthcare professionals worldwide, and thousands of hospitals provide RTS grief support resources to their patients.

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The leaf and teardrop image symbolizes the love and grief that families and loved ones feel when someone dies. In grief, as in nature, there are cycles and movement. As seasons change, so do feelings. There is winter and spring, sadness and hope.