When active and/or alternative commuting, please be mindful of safety measures to help reduce the spread of coronavirus within the community. Below are tips to keep one another safe during this unprecedented time.

**Bicycling**

- Disinfect helmet before trips
- Ensure you have all items needed while traveling to avoid unnecessary stops
- Wipe down bicycle after usage – especially if using a bike rack
- Practice proper hand hygiene – wash hands for at least 20 seconds with soap and warm water after biking

**Bus**

- Enter and exit the bus through rear entry doors
- Limit close contact with others by maintaining social distance guidelines of 6 feet when possible
- Practice proper hand hygiene – wash your hands for at least 20 seconds with soap and warm water
- Stay home if you are feeling sick

Source: Center for Disease Control and Hospital for Specialty Surgery