

Web Sites

Bereavement

(MedlinePlus)

<https://medlineplus.gov/bereavement.html>

Bereavement, Mourning, and Grief

(National Cancer Institute)

<https://www.cancer.gov/about-cancer/advanced-cancer/caregivers/planning/bereavement-pdf#section/all?redirect=true>

End of Life Issues

(MedlinePlus)

<https://medlineplus.gov/endoflifeissues.html>

Helping Your Bereaved Friend

(American Hospice Foundation)

<http://americanhospice.org/working-through-grief/helping-your-bereaved-friend/>

When a Co-Worker is Grieving

(Compassionate Friends)

<https://www.compassionatefriends.org/find-support/employees-co-workers/>

Library Materials

- Renew for 4 weeks, unless needed by another library user
- Receive information by e-mail or mail
- At no cost to you

Contact Us

Call (608) 775-5995 or
(800) 362-9567, ext. 55995

Visit us online at
gundersenhealth.org/libraries

Email:

mooneylibrary@gundersenhealth.org

John & Nettie Mooney Library –
La Crosse, Level 1, Lobby

John & Nettie Mooney Library – East,
With the Stanek Cancer Library
Level 2, East Building

Grief & Bereavement: Adult Resources

John & Nettie Mooney Libraries

April 2019

Gundersen Lutheran Medical Center, Inc.
Gundersen Clinic, Ltd.
Gundersen Boscobel Area Hospital and Clinics
Gundersen Moundview Hospital and Clinics
Gundersen Palmer Lutheran Hospital and Clinics
Gundersen St. Joseph's Hospital and Clinics
Gundersen Tri-County Hospital and Clinics

GUNDERSEN
HEALTH SYSTEM®

Books

Grief materials have call numbers that begin with GL 200.

Awakening from grief: finding the way back to joy / John Welshons (2003)

A Decembered grief: living the loss while others are celebrating / Harold Ivan Smith (2011)

Don't take my grief away from me: how to walk through grief and learn to live again / Doug Manning. (2011)

Final conversations: helping the living and the dying talk to each other / Maureen Keeley. (2007)

Final gifts: understanding the special awareness, needs, and communications of the dying / Maggie Callanan. (2012)

Final journeys: a practical guide for bringing care and comfort at the end of life / Maggie Callanan. (2008)

Holiday blues: a self-help manual on grief through the holidays / Clarence Tucker (2016)

I wasn't ready to say goodbye: surviving, coping, & healing after the sudden death of a loved one / Brook Noel. (2000)

The journey through grief and loss: helping yourself and your child when grief is shared / Robert Zucker. (2009)

Lessons in loss and living: hope and guidance for confronting serious illness and grief / Michele Reiss. (2011)

Life after loss: a practical guide to renewing your life after experiencing major loss / Bob Deits. (2004)

Life lessons: two experts on death and dying teach us about the mysteries of life and living / Elisabeth Kubler-Ross. (2000)

No time for tears: coping with grief in a busy world / Judy Heath. (2015)

Nothing left unsaid: creating a healing legacy with final words and letters / Mary Polce-Lynch. (2006)

A parent's guide to raising grieving children: rebuilding your family after the death of a loved one / Phyllis Silverman. (2009)

Solace: finding your way through grief and learning to live again / Roberta Temes (2009)

Stunned by grief: remapping your life when loss changes everything / Judy Brizendine. (2011)

Surviving the death of your spouse: a step-by-step workbook / Deborah Levinson. (2004)

Surviving the holidays without you: navigating grief during special seasons / Gary Roe (2013)

Understanding loss and grief: a guide through life changing events / Nanette Burton Mongelluzzo (2013)

Supporting a Grieving Person

35 ways to help a grieving child (1999)

The art of comforting: what to say and do for people in distress / Val Walker (2010)

Bereaved children and teens: a support guide for parents and professionals (1995)

Healing a teen's grieving heart: 100 practical ideas for families, friends & caregivers / Alan Wolfelt (2001)