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Grief & Bereavement: Adult Resources

Bereavement (MedlinePlus)
https://medlineplus.gov/bereavement.html

Bereavement, Mourning, and Grief (National Cancer Institute)
https://www.cancer.gov/about-cancer/advanced-cancer/caregivers/planning/bereavement-pdq#section/all?redirect=true

End of Life Issues (MedlinePlus)
https://medlineplus.gov/endolifeissues.html

Helping Your Bereaved Friend (American Hospice Foundation)
http://americanhospice.org/working-through-grief/helping-your-bereaved-friend/

When a Co-Worker is Grieving (Compassionate Friends)
https://www.compassionatefriends.org/find-support/employees-co-workers/

John & Nettie Mooney Libraries

April 2019
Grief materials have call numbers that begin with GL 200.

Awakening from grief: finding the way back to joy / John Welshons (2003)

A Decembered grief: living the loss while others are celebrating / Harold Ivan Smith (2011)

Don't take my grief away from me: how to walk through grief and learn to live again / Doug Manning. (2011)

Final conversations: helping the living and the dying talk to each other / Maureen Keeley. (2007)

Final gifts: understanding the special awareness, needs, and communications of the dying / Maggie Callanan. (2012)

Final journeys: a practical guide for bringing care and comfort at the end of life / Maggie Callanan. (2008)

Holiday blues: a self-help manual on grief through the holidays / Clarence Tucker (2016)

I wasn't ready to say goodbye: surviving, coping, & healing after the sudden death of a loved one / Brook Noel. (2000)

The journey through grief and loss: helping yourself and your child when grief is shared / Robert Zucker. (2009)

Lessons in loss and living: hope and guidance for confronting serious illness and grief / Michele Reiss. (2011)


Life lessons: two experts on death and dying teach us about the mysteries of life and living / Elisabeth Kubler-Ross. (2000)

No time for tears: coping with grief in a busy world / Judy Heath. (2015)

Nothing left unsaid: creating a healing legacy with final words and letters / Mary Polce-Lynch. (2006)

A parent's guide to raising grieving children: rebuilding your family after the death of a loved one / Phyllis Silverman. (2009)

Solace: finding your way through grief and learning to live again / Roberta Temes (2009)

Stunned by grief: remapping your life when loss changes everything / Judy Brizendine. (2011)


Surviving the holidays without you: navigating grief during special seasons / Gary Roe (2013)

Understanding loss and grief: a guide through life changing events / Nanette Burton Mongelluzzo (2013)

Supporting a Grieving Person

35 ways to help a grieving child (1999)

The art of comforting: what to say and do for people in distress / Val Walker (2010)

Bereaved children and teens: a support guide for parents and professionals (1995)

Healing a teen's grieving heart: 100 practical ideas for families, friends & caregivers / Alan Wolfelt (2001)