Library Materials

- Renew for 4 weeks, unless needed by another library user
- Receive information by e-mail or mail
- At no cost to you

Contact Us

Call (608) 775-5995 or (800) 362-9567, ext. 55995

Visit us online at gundersenhealth.org/libraries

Email: mooneylibrary@gundersenhealth.org

Caregiver Resources

Caregivers (MedlinePlus) – Reliable health information from the National Library of Medicine.
https://medlineplus.gov/caregivers.html

Caregiver Information (Medicare) – For an understanding of how Medicare works and the various benefits covered by different plans.
https://www.ehealthmedicare.com/medicare-caregiver-articles/medicare-information-caregivers/

Caregiver’s Resources (USA.gov) – Directories for home care services, hospice, and assisted living.
www.usa.gov/doctors

Family Caregiver Alliance – Information on education, research, services and advocacy.
https://www.caregiver.org/

John & Nettie Mooney Libraries

Caregiver Resources

John & Nettie Mooney Library – La Crosse, Level 1, Lobby

John & Nettie Mooney Library – East, With the Stanek Cancer Library
Level 2, East Building

April 2019
Caregiver materials have a call number beginning with DD 200 to DD 209.

The 36-hour day: a family guide to caring for persons with Alzheimer disease related dementing illnesses / Nancy Mace. (2006)

A bittersweet season: caring for our aging parents-- and ourselves / Jane Gross. (2011)

Caring for an aging parent / edited by Sheryl Garrett. (2006)

Caregiver resources: from independence to a memory care unit / Laura Town (2015)

The caregiver’s companion: caring for your loved one medically, financially and emotionally while caring for yourself / Carolyn Brent. (2015)

A caregiver's guide to dementia: using activities and other strategies to prevent, reduce and manage behavioral symptoms / Laura Gitlin. (2014)

The caregiver’s path to compassionate decision making: making choices for those who can’t / Viki Kind (2010)

The caregiver’s toolbox: checklists, forms, resources, mobile apps, and straight talk to help you provide compassionate care / Carolyn Hartley. (2015)

The caregiving wife’s handbook: caring for your seriously ill husband, caring for yourself / Diana Denholm. (2012)

The comfort of home: a complete guide for caregivers / Maria Meyer. (2007)

The complete eldercare planner: where to start, which questions to ask, and how to find help / Joy Loverde. (2009)


Dr. Ruth’s guide for the Alzheimer’s caregiver: how to care for your loved one without getting overwhelmed and without doing it all by yourself / Ruth Westheimer (2012)

The emotional survival guide for caregivers: looking after yourself and your family while helping an aging parent / Barry Jacobs. (2006)

The fearless caregiver: how to get the best care for your loved one and still have a life of your own / Gary Barg. (2003)

How to say it to seniors: closing the communication gap with our elders / David Solie. (2004)

Mom, Dad, can we talk?: insight and perspectives to help us do what’s right for our aging parents / Dick Edwards. (2009)

My two Elaines: learning, coping, and surviving as an Alzheimer’s caregiver / Martin J. Schreiber (2017)

CDs & DVDs


The grit and grace of being a caregiver: maintaining your balance as you care for others [DVD] (2000)