

## Web Sites

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### **Cancer Nutrition Services: Recipes**

(University of Michigan Comprehensive Cancer Center)

<https://www.rogelcancercenter.org/support/symptoms-and-side-effects/cancer-nutrition-services/recipes>

### **Eating Hints: Before, During, and After Cancer Treatment**

<https://www.cancer.gov/publications/patient-education/eating-hints> (Also available for Kindle and other E-readers)

### **Nutrition for the Person with Cancer During Treatment**

(American Cancer Society)

<https://www.cancer.org/treatment/survivorship-during-and-after-treatment/staying-active/nutrition.html>

### **Nutrition in Cancer Care**

(National Cancer Institute)

<https://www.cancer.gov/about-cancer/treatment/side-effects/appetite-loss/nutrition-pdf#section/all?redirect=true>

## Library Materials

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John & Nettie Mooney Library –  
La Crosse, Level 1, Lobby

John & Nettie Mooney Library – East,  
With the Stanek Cancer Library  
Level 2, East Building

# Nutrition Resources – During and After Cancer

## John & Nettie Mooney Libraries

April 2019

Gundersen Lutheran Medical Center, Inc.  
Gundersen Clinic, Ltd.  
Gundersen Boscobel Area Hospital and Clinics  
Gundersen Moundview Hospital and Clinics  
Gundersen Palmer Lutheran Hospital and Clinics  
Gundersen St. Joseph's Hospital and Clinics  
Gundersen Tri-County Hospital and Clinics

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## Books

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### **Cancer Nutrition materials have a call number beginning with FE 105.**

American Cancer Society complete guide to nutrition for cancer survivors / Barbara Grant. (2010)

Back in the swing cookbook: recipes for eating and living well every day after breast cancer / Barbara Unell. (2012)

Beating cancer with nutrition / Patrick Quillin. (2005)

Cancer nutrition & recipes for dummies / Maurie Markman. (2013)

Cancer wellness cookbook / Kimberly Mathai. (2014)

Cancer-fighting kitchen: nourishing big-flavor recipes for cancer treatment and recovery / Rebecca Katz. (2009)

Cook for your life: delicious, nourishing recipes for before, during, and after cancer treatment / Ann Gaffney. (2015)

Eating well through cancer: easy recipes & recommendations during & after treatment / Holly Clegg. (2006)

Essential cancer treatment nutrition guide & cookbook: includes 150 healthy & delicious recipes / Jean LaMantia. (2012)

Fix-it and forget-it pink cookbook: more than 700 great slow-cooker recipes! / Phyllis Pellman Good. (2012)

Healthy eating during chemotherapy: for the first time, a chef and a medical specialist have teamed up to inspire you with over 100 delicious recipes / Jose van Mil. (2008)

Kicking cancer in the kitchen: the girlfriend's cookbook and guide to using real food to fight cancer / Annette Ramke. (2012)

The living kitchen: healing recipes to support your body during cancer treatment and recovery / Sarah Grossman (2018)

Nature's cancer-fighting foods: prevent and reverse the most common forms of cancer using the proven power of whole food and self-healing strategies / Verne Varona. (2012)

Nourish: the cancer care cookbook (2018)

Nutrition for the person with cancer during treatment: a guide for patients and families / American Cancer Soc. (2009)

One bite at a time: nourishing recipes for people with cancer, survivors, and their caregivers / Rebecca Katz. (2004)

Royal Marsden cancer cookbook: nutritious recipes during and after cancer treatment, to share with friends and family / Catherine Phipps. (2015)

Ultimate nutrition guide for cancer sufferers, their family and friends / Zoe Hellman. (2008)

The whole-food guide for breast cancer survivors: a nutritional approach to preventing recurrence / Edward Bauman. (2012)

### **Problems Chewing or Swallowing**

Dysphagia cookbook: great tasting and nutritious recipes for people with swallowing difficulties / Elayne Achilles. (2004)

Easy-to-swallow, easy-to-chew cookbook: over 150 tasty and nutritious recipes for people who have difficulty swallowing / Donna Weihofen. (2002)

I-can't-chew cookbook: delicious soft-diet recipes for people with chewing, swallowing, or dry-mouth disorders / J. Randy Wilson. (2003)

Soft foods for easier eating cookbook: easy-to-follow recipes for people who have chewing and swallowing problems / Sandra Woodruff. (2010)