

Web Sites

Alzheimer's Association

www.alz.org

Alzheimer's Caregivers

medlineplus.gov/alzheimerscaregivers.html

Alzheimer's Disease Education and Referral (ADEAR) Center

1-800-438-4380

Email: adear@nia.nih.gov

Caring for a person with Alzheimer's disease

<https://www.nia.nih.gov/health/alzheimers/caregiving>

Family Caregiver Alliance

www.caregiver.org

La Crosse County Aging Unit

<https://www.lacrossecounty.org/adrc/>

Library Materials

- Renew for 4 weeks, unless needed by another library user
- Receive information by e-mail or mail
- At no cost to you

Contact Us

Call (608) 775-5995 or
(800) 362-9567, ext. 55995

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gundersenhealth.org/libraries

Email:

mooneylibrary@gundersenhealth.org

John & Nettie Mooney Library –
La Crosse, Level 1, Lobby

John & Nettie Mooney Library – East,
With the Stanek Cancer Library
Level 2, East Building

Alzheimer's & Dementia -- Caregiver Resources

John & Nettie Mooney Libraries

April 2019

Gundersen Lutheran Medical Center, Inc.
Gundersen Clinic, Ltd.
Gundersen Boscobel Area Hospital and Clinics
Gundersen Moundview Hospital and Clinics
Gundersen Palmer Lutheran Hospital and Clinics
Gundersen St. Joseph's Hospital and Clinics
Gundersen Tri-County Hospital and Clinics

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Books

Alzheimer's disease materials have call numbers from FM 470 to FM 479.

Dementia materials have call numbers from FM 460 to FM 469.

36-hour day: a family guide to caring for persons with Alzheimer disease, related dementing illnesses, and memory loss in later life / Nancy L. Mace. (2011)

Alzheimer's activities: hundreds of activities for men and women with Alzheimer's disease and related disorders / B.J. FitzRay. (2001)

The Alzheimer's advisor: a caregiver's guide to dealing with the tough legal and practical issues / Vaugh James. (2009)

Alzheimer's essentials: practical skills for families & caregivers / Bretton C. Gordeau. (2007)

The art of dementia care / Jane Verity. (2008)

The best friends approach to dementia care / Virginia Bell (2017)

The best friends book of Alzheimer's activities, Volume One: 147 fun, easy, and enriching activities / Virginia Bell. (2004)

A caregiver's guide to dementia: using activities and other strategies to prevent, reduce and manage behavioral symptoms / Laura Gitlin. (2014)

Creating moments of joy for the person with Alzheimer's or dementia / Jolene Brackey. (2007)

The dementia caregiver: a guide to caring for someone with Alzheimer's disease and other neurocognitive disorders / Marc Agronin. (2015)

Dementia caregivers share their stories: a support group in a book / Lynda Markut. (2005)

Dr. Ruth's guide for the Alzheimer's caregiver: how to care for your loved one without getting overwhelmed and without doing it all by yourself / by Ruth Westheimer. (2012)

The fearless caregiver: how to get the best care for your loved one and still have a life of your own / Gary Barg. (2003)

Inside the dementia epidemic: a daughter's memoir / Martha Stettinius.

The long hello: memory, my mother, and me / Cathie Borrie. FM 479 B67 2016

My two Elaines: learning, coping, and surviving as an Alzheimer's caregiver / Martin J. Schreiber (2017)

Surviving Alzheimer's: practical tips and soul-saving wisdom for caregivers / Paula Spencer Scott. (2014)

Visiting mom: an unexpected gift: a guide for visiting elders with Alzheimer's / Sherry M. Bell. (2000)

When your loved one has dementia: a simple guide for caregivers / Joy A. Glenner. (2005)

What if it's not Alzheimer's: a caregiver's guide to dementia / Lisa Radin. (2008)

DVDs

Caring for a loved one with Alzheimer's: an emotional journey [DVD] / Paraclete Video Productions. (2014)

Family [DVD]: / Memory Lane. (2005)