# GUNDERSEN HEALTH SYSTEM®

## Standardizing the Process for Educating New Infusion Services Patients

Jennifer Grasse BSN, RN, MSN-CNL Student; Dana Check MSN, RN, CNL; Courtney Elliott BSN, RN, QIRN; Dawn Steffes AAS; Serina Johnson DNP, RN, PHN



College of Nursing

### Setting

- Infusion Services:
  - Outpatient department of a midwestern hospital
  - Infusion therapies to acute and chronically ill patients referred by clinicians specializing in their management
  - Approximately 60 patients per day
  - Welcomes approximately 100 new patients per month

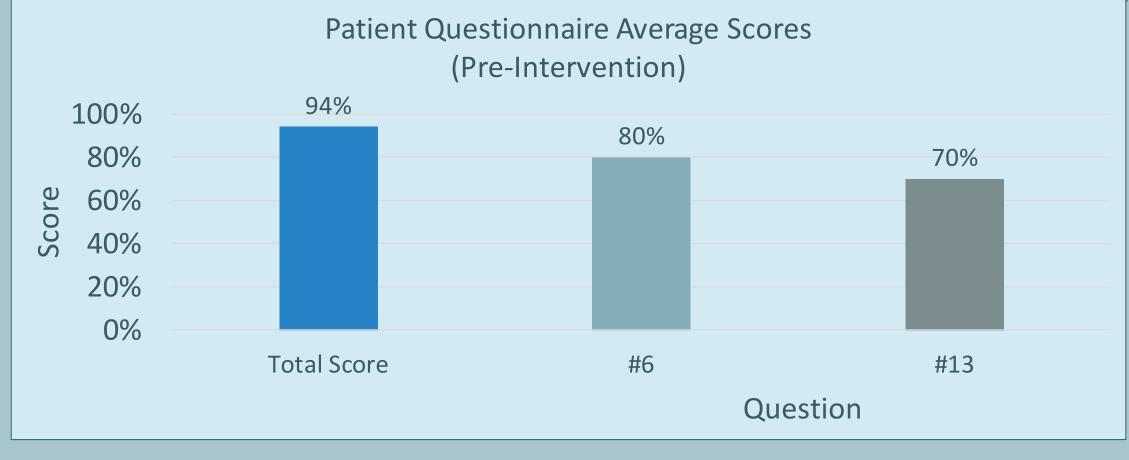
### **Background Information**

- Patient education:
  - Is an important nursing responsibility
  - Provides the patient with the understanding of their disease and treatment plan <sup>7,8</sup>
  - Is a basic right of the patient and their family to receive
  - Promotes the delivery of patient-centered care 8
  - When adequately delivered, maximizes effectiveness of therapy, increases patient knowledge, engagement, and satisfaction of care 9
  - Standardization can improve both patient and staff satisfaction <sup>1</sup>
- Without a standardized process, Registered Nurse (RN) staff perceived inconsistent educational content delivery, differing teaching methods, and a lack of patient knowledge and understanding about their treatment plan

### **Baseline Data**

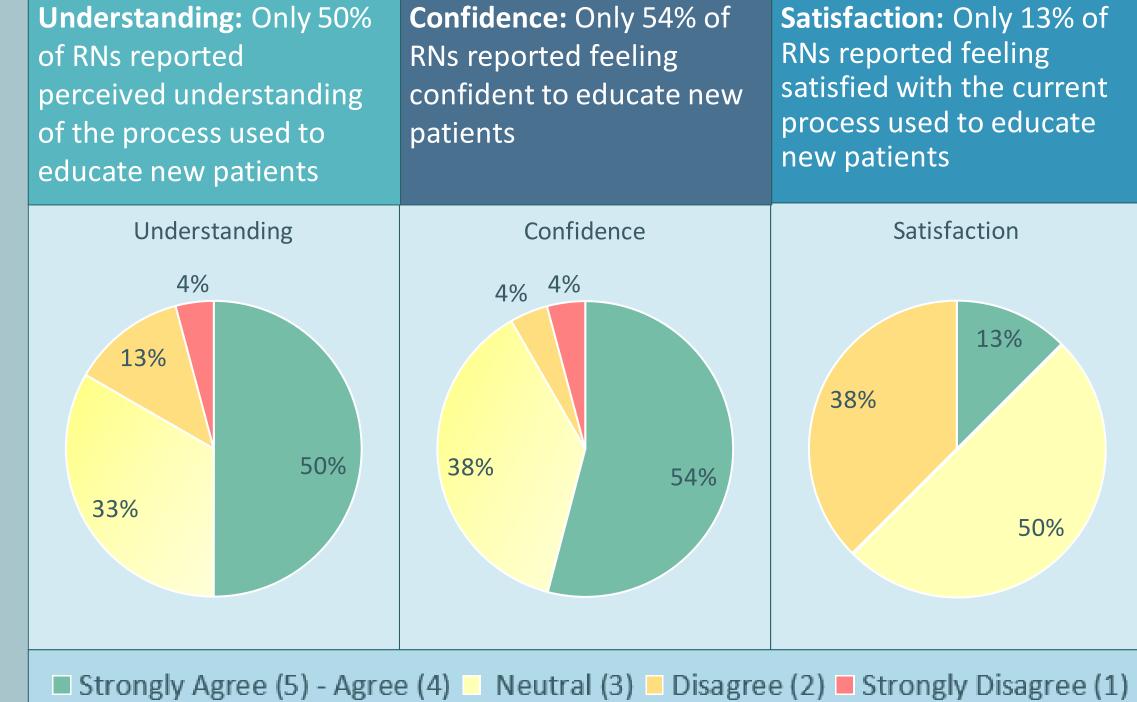
### **Patient Questionnaire**

- From 11/1-11/29/22, of the 94 new infusion patients, 44% were identified by staff as new and were administered a 13-item Likert scale questionnaire that focused on specific education components a new patient should receive
- Patients could also provide feedback as desired The average total score for each 13-item questionnaire was 94%
- Two questions regarding education on *Adverse Drug Reactions* (ADR) (#6, **80**%) and the Late/No Show Policy (#13, 70%) scored the lowest of all questions



### **RN Questionnaire**

- RNs were queried using a Likert scale questionnaire regarding their understanding, confidence, and satisfaction with the process utilized to educate new patients
- Strongly agree and agree (4-5) were combined as ideal state



### **Problem Statement**

- There is a lack of a standardized process or knowledge of available resources for Infusion RNs to utilize when educating new patients
- Patients have limited understanding of their treatment, symptom management or how to effectively navigate the healthcare system
- A standardized process for Infusion nurses and patients is desired for ensuring quality care and patient, as well as nurse, satisfaction

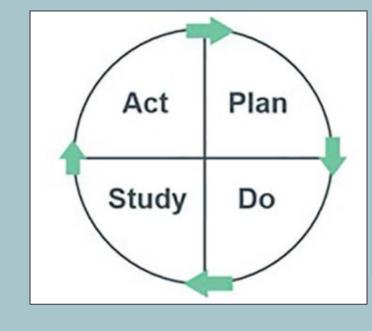
### **Review of the Literature**

- Without appropriate education, patients can experience poor symptom management, anxiety, and lack of ability to cope with their illness or disease 4
- Variation in practice can result in waste, inefficiencies, and decreased quality of care
- Effective teaching during a new diagnosis or treatment has shown to decrease anxiety, improve decision making, diminish treatment side effects, and improve quality of life <sup>5</sup>
- Standardizing education processes increases efficiency and quality and contributes to enriched patient understanding and satisfaction, as well as increases patient and staff satisfaction <sup>1,2,5</sup>
- Checklists provide consistency, ensure completeness, and can boost nurse's confidence in delivering patient education <sup>6</sup>

### **Improvement Team**

A Quality Improvement (QI) team was created within Infusion Services and led by the Clinical Nurse Leader (CNL) student including the Clinical Manager (CM), Professional Development Nurse (PDN), Quality Improvement RN (QIRN), and other department Staff

### **Global Aim**

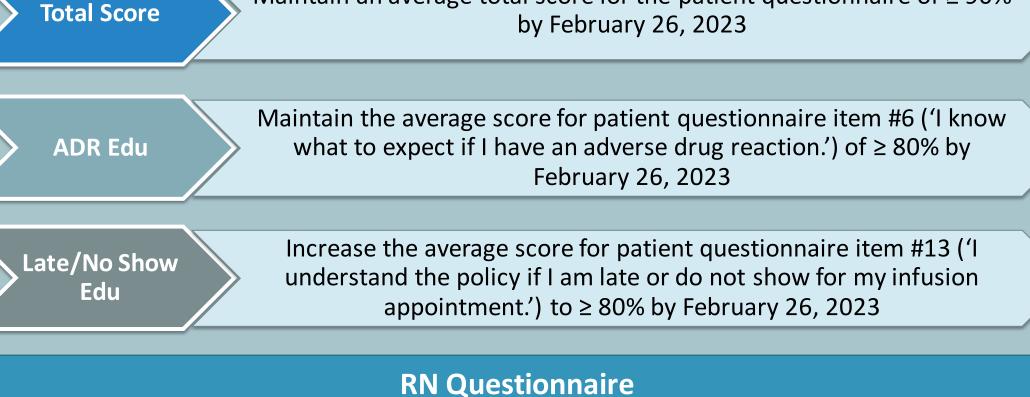


Utilizing the Plan-Do-Study-Act improvement method, the aim was to improve patient education and orientation to Infusion Services by implementing a standardized process for staff to follow to when delivering education to new patients during their initial visits in Infusion Services

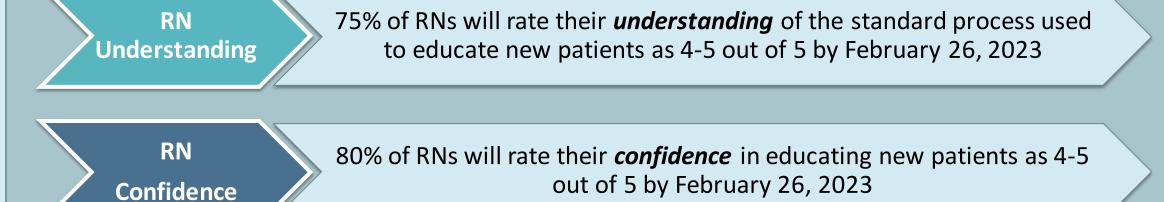
### **Specific Aims**

### **Patient Questionnaire**

Maintain an average total score for the patient questionnaire of  $\geq 90\%$ 







75% of RNs will rate their *satisfaction* with the standard process for Satisfaction educating new patients as 4-5 out of 5 by February 26, 2023

### Plan Rounded with staff IRB Approval! SmartPhrase Launched the Root cause Project Team individually to Checklist, and analysis Opened RN Resources Developed utilizing a and Patient process and Created 'Wha fishbone Patient and RN quiz results Questionnaires diagram o Expect' questionnaires andout Avg score 97% Nov 23 Oct 18 & 26 Nov 3 & 10 **Nov 17** Nov 23-Dec 11 Sept 16 Oct 5 & 12 Nov 1 Educated on standard SWOT analysis SmartPhrase Mapped our process & Development current state Development resources@ of patient of Checklist dentification staff meeting education of Resources RN Quiz to delivery understanding

### Do

- Implemented new standard process: 12/12/2022 2/26/2023
- Patients were identified as new by all staff (Schedulers, MAs, LPNs, RNs)
- RN reviewed checklist, provided education from identified resources (Lexicomp®, Elsevier Patient Education Direct®, EPIC Clinical References®), as well as a new handout with information specific to Infusion Services ('What to Expect During Your Infusion')

### Patient Education

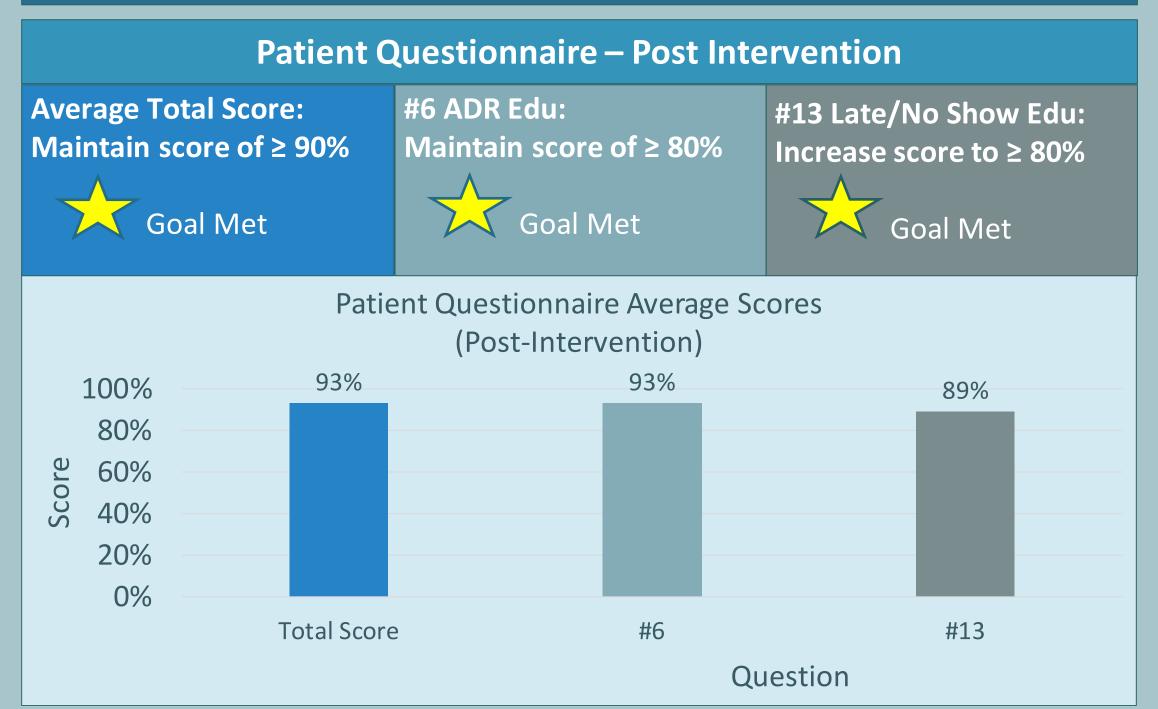
### What to Expect During Your Infusion

We want to make your visits to Infusion Services run as smooth as possible. This handout will tell you what you can expect during your infusion appointments.

### Checklist for Orienting and Educating New Infusion Services Patients Completed? Education to provide: Hospitality/General orientation to the department Provide What to Expect Handout Determine patient's readiness to learn. Review learning needs assessment. Do they have a support person present/available that also needs to hear education? Discuss the Timeline for the day & write on whiteboard Vascular Access Device Education Disease specific information, if requested: Use resources listed on the back of checklist Infusion specific education: Use resources listed on the back of checklist

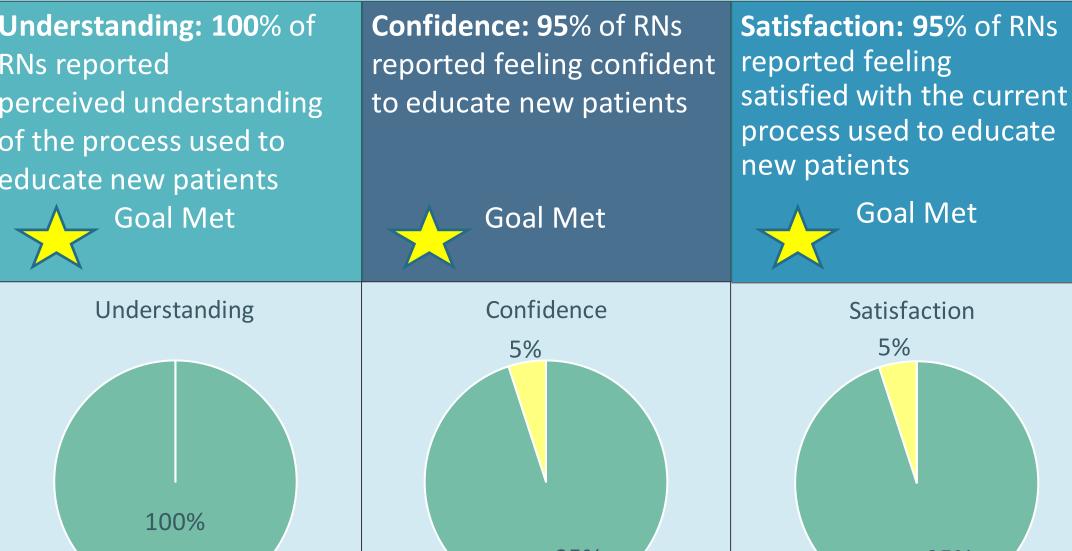
- RNs utilized checklist for 65% of new patients seen during 'Do' phase
- Patient Questionnaire was administered to new patients as they finished their first visit
- QIRN ran report to obtain "SmartPhrase" utilization for new patients.
- RNs utilized "SmartPhrase" to document new patient education for 49% of new patients seen during 'Do' Phase
- Staff updated on progress bi-weekly via email as well as via data wall on unit

## Study



### RN Questionnaire – Post Intervention

- RNs were queried using the same questionnaire
- Strongly agree and agree (4-5) were combined as ideal state



■ Strongly Agree (5) - Agree (4) ■ Neutral (3) ■ Disagree (2) ■ Strongly Disagree (1)

### Act

- Update inclusion criteria to add patients who have not been to Infusion Services in the last 3 years
- Expand the process to the additional Infusion Services locations
- Continue to hardwire process and present at next staff meeting
- Review data, action plan, re-layer education
- Collaborate with Referral Departments
  - Update on project and findings
  - Share "What to Expect During Your Infusion" patient education handout
  - Distribute to patients while in their specialty departments
  - Send via MyChart® to patients referred to Infusion Services
- Collaborate with Infusion Schedulers: Create key points to incorporate into scripting when scheduling patients

### **Learnings & Limitations**

- Creating and using standard resources improve both patient knowledge and staff satisfaction
  - Positive feedback from patients after receiving standardized education: "All went well. Good job to all the staff."
  - "Now I know what to expect."
  - Positive feedback from staff regarding new standardized process:
    - "It is straightforward and smooth, no concerns."
    - "I appreciate having a clear process to follow for all of our new patients.
- Process Findings
  - Not all patients completed the Patient Questionnaire
  - Staff had difficulty identifying new patients Noted discrepancy between what the report identified as 'new' (not seen

Acknowledgements

**Special thanks to:** 

**Heather Arms** 

Jillian Boll

JoAnne Damaschke

Courtney Elliott

Kaylene Franzwa

**Ashley Hutchinson** 

Serina Johnson

Cheri Kjos

Samantha Koonce

Leanne Markos

Andrea Pulham

Leah VonFeldt

**Infusion Services Staff** 

- in last 3 years) vs. what staff considered new (no previous visits ever). Report was modified 1/30/23 to exclude patients with any history of
- 'Pended' notes may not have been seen during chart audit
- Expectations for patient education should be clearly communicated

# References

